CULTURAL DIVERSITY ACTIVITIES

Activities are developed for Latinx and African American older adults that focus on socialization and health education.

Latinx activities offered in Spanish only.

These activities are free for African American and Latinx older adults (60+) who live in Dane County.

AFRICAN AMERICAN
For information call Ericka at (608) 512-0000 Ext. 2007

Movie Matinee
Wednesday, March 4, 1:00-4:00 pm
When They See Us — Part 1 and 2
Wednesday, March 18, 1:00-4:00 pm
When They See Us — Part 3 and 4
Warner Park, 1625 Northport Dr.

Healthy Eating Discussion Group
Friday, March 6, 12:00-2:00 pm
Vera Court Neighborhood Center
614 Vera Court

Line Dane Class (cha-cha slides)
Saturdays in March, 10:00-11:30 am
Vera Court Neighborhood Center
614 Vera Court

Diabetes Support Group
Monday, March 9, 12:00-2:00 pm
Burr Oaks Apartments, 2417 Cypress Way

Heart Health Support Group
Thursday, March 19, 2:00-4:00 pm
Catholic Multicultural Center, 1862 Beld St.

Lunch and Pantry
Wednesday, March 25, 11:00 am-1:00 pm
The River Food Pantry, 2201 Darwin Rd.

Limited transportation available, call Ericka at Ext. 2007 for more information.

LATINX
For information call Sonya at (608) 512-0000 Ext. 2002

Bilingual Bingo and Lunch
- Friday, March 6, 10:00 am-12:30 pm
  Warner Park, 1625 Northport Dr.
  Reserve by Wednesday, March 4
- Friday, March 27, 10:30 am-12:30 pm
  Fitchburg Senior Center, 5510 Lacy Rd.
  Reserve by Wednesday, March 25

Yoga Suave
Mondays, March 2-May 4, 10:15-11:15 am
Warner Park, 1625 Northport Dr.
Cost $12 for residents of the Madison Metropolitan School District. Cost $36 for those outside of that district. Contact Sonya if you need assistance with the cost.

To make reservations for Bingo transportation and lunch and yoga, call Ext. 3009.

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