

NUTRITION SITE INFORMATION

Nutritious weekday meals and socialization for older adults at multiple Madison and Monona locations.

If you are age 60+, the suggested meal donation is \$4.00. If you are under 60 or do not meet the program eligibility, you are required to pay the total cost \$9.07.

Suggested transportation donation is \$1.00 round trip.

With the uncertainty of the Coronavirus pandemic, nutrition sites may be suspended into April. Please check our Facebook page for updates or give us a call at (608) 512-0000.

North Madison Location	Address	Day	Time
Warner Park Community Center Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 3000. <i>Transportation available for the red zone.</i>	1625 Northport Drive	M-W & F	11:30 am

East Madison/Monona Locations	Address	Day	Time
Messiah Lutheran Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 2001. <i>Transportation available for the blue zone.</i>	5202 Cottage Grove Road	T	Noon
St. Stephen's Lutheran Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 2001. <i>Transportation available for the blue zone.</i>	5700 Pheasant Hill Rd, Monona	TH	Noon

South Madison Locations	Address	Day	Time
Madison Senior Center Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006. <i>Transportation available for the orange zone.</i>	330 West Mifflin Street	M-F	11:30 am
Romnes Apartments Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006. <i>Transportation available for the orange zone.</i>	540 West Olin Avenue	M-F	11:30 am

West Madison Locations	Address	Day	Time
Meadowridge Commons Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006. <i>Transportation available for the purple zone.</i>	5734 Raymond Road	T-TH	Noon
Lussier Community Center Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006. <i>Transportation available for the purple zone.</i>	55 South Gammon Road	F	Noon

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meals provided by: Dane County Consolidated Food Services Division. All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO: Meatless Option		01 ROASTED TURKEY & GRAVY Rice Pilaf, Creamed Corn Cranberry Sauce, Fruit Cocktail Frosted Strawberry Cake MO – Veggie Chicken in Gravy	02 TACO PASTA CASSEROLE Broccoli, Cauliflower Pineapple Blueberry Crisp MO – Bean/Cheese Burrito	03 GREEK CHICKEN PASTA Carrot Raisin Salad 4 Bean Salad ,Orange, Sherbet Cup MO – Pita and Hummus Salad – Hummus Platter
06 *MEATBALLS IN GRAVY Mashed Potatoes, California Blend Tropical Fruit, Blueberry Pound Cake MO – Veggie Meatballs in Gravy	07 TUNA SALAD SANDWICH Tomato Soup, Fruit Cup Strawberry Swirl Ice Cream MO – Egg Salad Sandwich	08 SLOPPY JOE Kidney Bean Salad Mixed Vegetable, Banana Brownie w/Peanut Butter Frosting MO – Chickpea Joe	09 HONEY BAKED CHICKEN Broccoli, Yams Pears, Ambrosia Salad MO – Veggie Wrap	10 SEAFOOD SALAD On Chopped Romaine, Tomato Fruit Cup, Chocolate Chip Cookie MO – Tomato/Cheese Sandwich Salad–Chicken Cranberry Bacon Bleu
13 MEAT SAUCE WITH NOODLES Wax Beans, Mixed Green Salad Peaches, Brownie MO – Marinara Sauce	14 LEMON DILL BAKED FISH Baked Potato, Fruit Cup Frosted White Cake MO – Hummus Wrap	15 *ITALIAN SAUSAGE Oven Roasted Potatoes Stewed Tomatoes, Orange Chocolate Ice Cream Cup MO – Veggie Dog	16 SWEET AND SOUR CHICKEN Brown Rice, Peas, Banana Rice Pudding MO – Veggie Sweet & Sour	17 *BBQ PULLED PORK Chickpea Salad, Carrot Raisin Salad Diced Melon Mix, Vanilla Pudding MO – Black Bean Burger Salad – 7 Layer
20 CHICKEN STEW Broccoli, Tropical Fruit Frosted White Cake MO – Veggie Stew	21 EGG SALAD Coleslaw, Pickled Beets Strawberry Jell-o MO – n/a	22 CHICKEN AND GRAVY Carrots, Green Beans, Orange Carnival Cookie MO – Veggie Chicken & Gravy	23 FISH SANDWICH Cheese Slice, Yams, Coleslaw Fruit Cup, Lemon Italian Ice MO – Garden Burger	24 *MEATBALLS IN MARININA Over Penne, Carrots Mixed Greens Salad, Banana Cheesecake Brownie MO – Veggie Meatballs in Marinara Salad – Chef’s
27 *PORK LOIN IN GRAVY Mashed Potatoes Garden Blend Vegetables Mandarin Oranges, Pumpkin Bar MO – Hummus Wrap	28 CHEESEBURGER 4 Bean Salad, 4 Way Vegetable Blend Fruit Cocktail, Pineapple Fluff MO – Veggie Burger	29 CHICKEN NOODLE SOUP Mixed Green Salad, Saltine Crackers Pears, Vanilla Pudding MO – Tomato Soup	30 BEEF STEW Biscuit, Green Beans Chunky Apple Sauce Chocolate Chip Banana Cake MO – Veggie Wrap	

ADDITIONAL NUTRITION SITES

Kosher Site	Address	Day	Time
Beth Israel Center Meal and transportation reservations due by 2:00 pm the preceding Wednesday. To make reservations call (608) 442-4081 or email office@jssmadison.org. Transportation available for the purple zone. Monday, April 6: Peri Peri chicken, herbed rice, harissa carrots, fruit, brownie (MO- Peri Peri tofu) Monday, April 20: Herb roasted chicken, basmati rice, vegetable medley, mixed greens salad, fruit (MO- Herb roasted jackfruit and garbanzo) Monday, April 27: Hickory smoked BBQ chicken, fingerling potatoes, green beans, fruit, birthday cake MO- BBQ tofu) Next months dates: May 4 & 11	1406 Mound Street	M Sept- May	Noon
East Madison Restaurants	Address	Day	Time
Cranberry Creek Cafe Five delicious breakfast options. <i>No meal reservation needed.</i> Transportation reservation due by 10:00 am the previous business day. Call Transit Solutions at (608) 294-8747. Transportation available for the blue zone.	1501 Lake Point Drive	M & F	8:30 am – 10:30 am
Cuco’s Mexican Restaurant Six delicious lunch options. <i>No meal reservation needed.</i> Transportation reservation due by 10:00 am the previous business day. Call Transit Solutions at (608) 294-8747. Transportation available for the blue zone.	4426 E. Buckeye Road	W	11:30 am – 1:00 pm
North, East, South Grocery Store	Address	Day	Time
Festival Foods Enjoy one trip through the extensive salad bar and a bowl of soup. After lunch do your shopping. <i>No meal reservation needed.</i> Transportation reservation due by 10:00 am the previous business day. Call (608) 512-0000 Ext. 3000. Transportation available for the red, blue, orange zones.	810 E. Washington Ave.	TH	11:00 am – 1:00 pm

Goodman Neighborhood	Address	Day	Time
Goodman Community Center This meal serves people of all ages. <i>No meal reservation needed.</i> Transportation reservation due by 10:00 am the previous business day. Make transportation reservations at meal site or call (608) 241-1574. Menu on page 23. <i>Transportation available for the green zone.</i>	149 Waubesa Street	M-F	11:45 am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meals provided by: Goodman Catering. All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO: Meatless Option. Fruit and Dessert Served Daily.				
06 COUNTRY STYLE BBQ PORK Baked Beans Tomato Vinaigrette Salad Canned Pears, Pudding MO- 3 Bean and Mushroom chili	07 BEEF STEW Mixed Salad, Biscuit Watermelon, Cookies MO- Vegetable Bean Stew Salad- Turkey BLT	01 SAUSAGE MAC AND CHEESE Steamed Broccoli, Mixed Salad Cantaloupe, Cookies MO- Mac & Cheese	02 GRILLED BRAT Sauerkraut & Onions Sweet Corn, Pineapple, Cake MO- Veggie Brat	03 BBQ CHICKEN THIGH Creamed Spinach, Baked Beans Mixed Fruit, Ice Cream MO- Veggie Burger
13 EGG BAKE Breakfast Potatoes, V8 Juice Biscuit, Canned Pineapples, Jello	14 OPEN FACE TURKEY SANDWICH W/ GRAVY Roasted Carrots, Brussels Sprouts Apple Slices, Pie MO- 3 Bean Stew & Rice Salad- Cobb Southwest	08 SLOPPY JO Roasted Red Potatoes Steamed Broccoli, Sliced Oranges Brownie MO- Lentil Sloppy Jo	09 CRISPY CHICKEN & CHEESE SANDWICH Vegetable Salad, Mixed Salad Honey Dew, Cake MO- Crispy Tempeh Sandwich	10 CHICKPEA AND TOMATO SALAD Penne Pasta, Mixed Fruit, Ice Cream MO- Veggie Alfredo
20 ITALIAN CHICKEN SANDWICH Balsamic Glazed Carrots Tomato and Cucumber Salad Mandarin Oranges, Cookies MO- Veggie Burgers	21 BLACK BEAN & CHEESE ENCHILADA CASSEROLE Broccoli Medley, Mixed Salad Honey Dew, Pudding Salad- Chef	15 CHICKEN ROTINI SALAD Broccoli Salad, Carrot Slaw Cantaloupe, Cookie MO- Mushroom Jambalaya	16 BAKED TILAPIA Baked Potato, Cole Slaw Watermelon, Brownie MO- Baked Tofu w/ Lemon Cream Sauce	17 SWEET SOUR CHICKEN Stir Fry Veggies, Mixed Salad Watermelon, Brownie Ice Cream MO- Chickpea Stir Fry
27 CHICKEN & RICE CASSEROLE Steamed Green Beans, Bean Salad Apple Sauce, Pudding MO- Veggie and Rice Casserole	28 BAKED ZITI Bean Salad, Mixed Salad Cantaloupe, Pie MO- Vegetarian Baked Ziti Salad- Pesto Chicken	22 BEEF LASAGNA Garlic Butter Sweet Corn Mixed Salad, Garlic Bread Watermelon, Brownies MO- Vegetable Lasagna	23 SWEDISH MEATBALLS w/ Egg Noodles Steamed Carrots & Peas Mixed Salad, Apple Slices, Cake MO- Vegetarian Bean Stew	24 PORK CHOPS Mashed Sweet Potatoes and Gravy Steamed Broccoli, Pineapple Ice Cream MO- Veggie burgers
29 FISH SANDWICH W/CHSE Mediterranean Quinoa Salad Mixed Salad, Orange Slices Fruit Crumble MO- Grilled Cheese	30 HONEY GLAZED HAM Cheesy Potato Bake, Glazed Carrots Pineapples, Cake MO- Veggie Burgers			

