

NUTRITION PROGRAM

Nutritious daytime meals are offered at twelve locations throughout the Madison and Monona area, Monday-Friday. The meal is well balanced and appealing for older adults who don't enjoy cooking or eating alone. **Meals and transportation require a reservation.**

SOUTH MADISON MENU & LOCATIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 CLOSED	03 Meat Sauce Spaghetti Noodles Wax Beans, Mixed Salad Peaches, Brownie MO: Marinara Sauce	04 Pork Loin in Gravy Mashed Potatoes Garden Blend Vegetables Mandarin Oranges Frosted Marble Cake MO: Veggie Meatballs	05 Lemon Baked Fish Tartar Sauce Baked Sweet Potato Tropical Fruit Vanilla Pudding MO: Egg Salad	06 Baked Chicken Mashed Potatoes, Gravy Toss Salad, Mixed Melon Coconut Cream Pie MO: Black Bean Burger Salad: Chicken Confetti
09 BBQ Chicken Potato Salad, Calico Beans Pineapple, Apple Crisp MO: Veg BBQ Chix Strips	10 Italian Sausage Oven Roasted Potatoes Stewed Tomatoes, Orange Ambrosia Salad MO: Hummus Wrap	11 Chili, Cornbread Baked Potato Banana, Rice Pudding MO: Veggie Chili	12 Pulled Pork Creamy Coleslaw Carrot Raisin Salad Fresh Fruit, Cookie Bar MO: Hummus and Pita	13 Chicken Stew Broccoli, Tropical Fruit Chocolate Banana Cake MO: Veggie Bean Stew Salad: Harvest
16 Beef Pot Pie w/Biscuit Top Creamed Spinach Apple Juice Strawberry Jell-o MO: Veggie Pot Pie	17 Chicken and Gravy Mashed Potatoes Green Beans, Banana Carnival Cookie MO: Veg Chicken and Gravy	18 Tomato Soup Mac & Cheese w/Chicken Cooked Spinach Mixed Fruit w/Grapes Frosted Carrot Cake MO: Mac and cheese	19 Fish Sandwich Yams, Coleslaw Fruit Cup Frosted White Cake MO: Tomato Cheese Sandwich	20 Meatballs in Marinara Over Penne, Carrots Greens Salad, Banana Strawberry Ice Cream MO: Veg Meatballs Salad: Chicken Taco
23 Chicken Breast Mini Croissant Steamed Broccoli Pickled Beets, Peaches Cheesecake Brownie MO: Egg Salad	24 Cheeseburger Calico Beans Potato Salad Fruit Cocktail Pineapple Fluff MO: Garden Burger	25 Egg Salad Sandwich Mixed Greens 3 Bean Salad Grape Juice Frosted Lemon Cake	26 Beef Stew, Biscuit Green Beans Chunky Apple Sauce Chocolate Chip Banana Cake MO: Veggie Stew	27 Chicken Mac Casserole Peas, Tomato Juice Pineapple Dreamsicle Whip MO: Veggie Mac Casserole Salad: Pork Santa Fe
30 Cheese Tortellini Bake Bread Stick, Spinach Mandarin Oranges Blueberry Crisp MO: Cheese Tortellini Bake	<p>Meals provided by: Dane County Consolidated Food Services Division</p> <p>All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO= meatless option</p>			

South Madison Locations	Address	Day	Time
Fisher Taft Apartments	2025 Taft Street	M-F	11:30 am
Romnes Apartments	540 West Olin Avenue	M-F	11:30 am
Madison Senior Center	330 West Mifflin Street	M-F	11:30 am

NORTH, WEST & EAST MADISON MENU & LOCATIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 CLOSED	03 BBQ Chicken Thigh Macaroni Salad Carrot Slaw, Mixed Salad Brownie MO: Veggie burger Salad: Harvest	04 Ground Turkey Meatloaf Mashed Potatoes Turkey Gravy Broccoli, Pudding MO: Vegetarian Loaf	05 Smoked Pulled Pork Whole Wheat Bun Baked beans, Mixed Salad Cookie MO: BBQ Veg Sandwich	06 Spaghetti w/ Meat Sauce Garlic Butter Green Beans Mixed Salad, Garlic Bread Cake MO: Vegetarian Spaghetti
09 Grilled Cheese Burger Summer Vegetable Vinaigrette Salad Mixed Salad Fruit Crumble MO: Veggie Burger	10 Chicken Teriyaki Stir Fry Veggies Steamed Brown Rice Asian Cabbage Salad Ice Cream MO: Vegetarian Teriyaki Salad: Raspberry Chicken	11 Beef and Bean Enchilada Casserole Mexican Street Corn Mixed Salad Cookie MO: Bean and Cheese Enchilada Casserole	12 Seasoned Baked Cod Mashed Sweet Potatoes Quinoa/Vegetable Salad Mixed Salad, Cake MO: Lemon Baked Tofu	13 Hungarian Beef Goulash Creamed Spinach Mixed Salad Pudding MO: Vegetable Goulash
16 Sausage Mac and Cheese Steamed Vegetable Medley Brownie MO: Mac and Cheese	17 Beef Tips w/ Mushroom Gravy, Noodles Glazed Carrots, Salad Fruit Juice, Apple Crisp MO: Tofu Tips Salad: BLT Cobb	18 Grilled Brat Summer Vegetable Salad Sweet Corn Ice Cream MO: Grilled Veggie Brat	19 Grilled Chicken BBQ Baked Potato Collard Greens Fruit Crumble MO: Falafel and Hummus	20 Country Style Pork Ribs Baked Beans Tomato Vinaigrette Salad Cookie MO: 3 Bean and Mushroom Chili
23 Beef Stew over Biscuit Mixed Salad, Cake MO: Vegetable Stew over Biscuit	24 Sloppy Jo, Red Potatoes Steamed Broccoli Pudding MO: Lentil Sloppy Jo Salad: Chef	25 Crispy Chicken Sandwich Vegetable Salad Mixed Salad, Brownie MO: Crispy Tempeh Sandwich	26 Chicken Alfredo Penne Pasta, Green Beans Chickpea and Tomato Salad, Cookie MO: Veggie Alfredo	27 Cheese, Pepper and Onion Egg Bake Breakfast Potatoes Biscuit, V8 Juice Ice Cream

30 (GOODMAN CLOSED)

Open Face Turkey and
Gravy Sandwich
Roasted Carrots
Brussels Sprouts, Cookie
MO: 3 Bean Stew

Meals provided by: Goodman Catering

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cross-contact. No substitutions allowed. MO=Meatless Option.
Fruit and Dessert Served Daily.

East Madison/Monona Locations	Address	Day	Time
Monona Meadows	250 Femrite Drive, Monona	M & W	Noon
Messiah Lutheran	5202 Cottage Grove Road	T	Noon
North Madison Locations	Address	Day	Time
Warner Park Community Ctr	1625 Northport Drive	M-W & F	11:30 am
Goodman Community Ctr <small>(meal reservation not required)</small>	149 Waubesa Street	M-F	11:45 am
West Madison Locations	Address	Day	Time
Meadowridge Commons	5734 Raymond Road	T-TH	Noon
Lussier Community Center	55 South Gammon Road	F	Noon