

# APRIL NBU CALENDAR OF EVENTS

## 01 MONDAY

9:00 Ping Pong Warner Park  
9:00 Stretch & Strength Zoom  
10:00 Chair Yoga Lakeview Library  
10:15 **Yoga Suave** Zoom  
2:00 Bunco Warner Park

## 02 TUESDAY

11:00 **ESL** Good Shepherd  
11:30 Tuesday Spark! Warner Park  
1:00 Euchre Warner Park  
1:00 Spirit & Strength Zoom  
1:00 Foot Clinic Lakeview Church  
2:00 Sassy Steppers Warner Park

## 03 WEDNESDAY

9:00 Stretch & Strength Zoom  
10:00 Easy Yoga Plus Zoom  
10:00 Book Club Warner Park  
10:15 Mindful Movement Zoom  
1:00 **Tech Masters** Labor Temple  
1:00 Ping Pong Warner Park  
1:00 **Círculo De Amigos** Zoom  
1:00 **Cartas y Juegos** Warner Park

## 04 THURSDAY

9:00 Sewing Club Warner Park  
9:30 Foot Clinic Lake Edge  
10:00 **Corte y Confeccion** Art Lit Lab  
10:30 Chair Yoga Warner Park  
12:00 Drum Circle Warner Park  
12:00 **Tambores** Warner Park  
1:00 Mah Jong Warner Park  
2:00 **Cafeteria** Zoom  
3:15 **Bordado a Mano** Zoom  
4:00 Wellness Warriors Zoom

## 05 FRIDAY

10:00 Easy Yoga Plus Zoom  
10:15 Mindful Movement Zoom  
10:15 **Bilingual Bingo** Warner Park

## 07 SUNDAY

10:00 **Corte y Confeccion** Art Lit Lab

## 08 MONDAY

9:00 Ping Pong Warner Park  
9:00 Stretch & Strength Zoom  
10:00 Chair Yoga Lakeview Library  
10:00 Foot Clinic Goodman Com.  
10:15 **Yoga Suave** Zoom  
2:00 Bunco Warner Park

## 09 TUESDAY

9:30 Foot Clinic Monona United  
11:00 **ESL** Good Shepherd  
1:00 Euchre Warner Park  
1:00 Spirit & Strength Zoom  
2:00 Sassy Steppers Warner Park  
6:00 Retirement Goodman Com.

## 10 WEDNESDAY

9:00 Stretch & Strength Zoom  
10:00 Easy Yoga Plus Zoom  
10:15 Mindful Movement Zoom  
1:00 Cards/Games Warner Park  
1:00 Ping Pong Warner Park  
1:00 Card Making Warner Park  
1:00 **Game Day** Warner Park  
1:00 **Círculo De Amigos** Zoom  
1:00 **Cartas y Juegos** Warner Park

## 11 THURSDAY

10:00 **Corte y Confeccion** Art Lit Lab  
10:00 **Writing Warrior** Church of Christ  
10:30 Chair Yoga Warner Park  
12:00 Drum Circle Warner Park  
12:00 **Tambores** Warner Park  
12:15 Adventures Warner Park  
1:00 Mah Jong Warner Park  
2:00 **Cafeteria** Zoom  
3:15 **Bordado a Mano** Zoom

## 12 FRIDAY

10:00 Easy Yoga Plus Zoom  
10:15 Mindful Movement Zoom  
10:15 Bingo Warner Park

## 14 SUNDAY

10:00 **Corte y Confeccion** Art Lit Lab

## 15 MONDAY

9:00 Ping Pong Warner Park  
9:00 Stretch & Strength Zoom  
10:00 Chair Yoga Lakeview Library  
10:15 **Yoga Suave** Zoom  
2:00 Bunco Warner Park

## 16 TUESDAY

9:30 Foot Clinic Monona United  
11:00 **ESL** Good Shepherd  
1:00 Euchre Warner Park  
1:00 Spirit & Strength Zoom  
2:00 Sassy Steppers Warner Park  
6:00 Retirement Goodman Com.

## 17 WEDNESDAY

9:00 Stretch & Strength Zoom  
10:00 Easy Yoga Plus Zoom  
10:15 Mindful Movement Zoom  
1:00 Ping Pong Warner Park  
1:00 **Círculo De Amigos** Zoom  
1:00 **Cartas y Juegos** Warner Park

## 18 THURSDAY

9:00 Sewing Club Warner Park  
9:30 Foot Clinic Lake Edge  
10:00 **Corte y Confeccion** Art Lit Lab  
10:30 Chair Yoga Warner Park  
12:00 Drum Circle Warner Park  
12:00 **Tambores** Warner Park  
11:45 **Trivia Day** Warner Park  
1:00 Mah Jong Warner Park  
2:00 **Cafeteria** Zoom  
3:15 **Bordado a Mano** Zoom

## 19 FRIDAY

10:00 Easy Yoga Plus Zoom  
10:15 Mindful Movement Zoom  
10:15 Bingo Warner Park  
10:30 **Bilingual Bingo** Good Shepherd

## 21 SUNDAY

10:00 **Corte y Confeccion** Art Lit Lab

# APRIL NBU CALENDAR OF EVENTS

## 22 MONDAY

9:00 Ping Pong Warner Park  
 9:00 Stretch & Strength Zoom  
 10:00 Chair Yoga Lakeview Library  
 10:15 **Yoga Suave** Zoom  
 2:00 Bunco Warner Park

## 23 TUESDAY

9:00 Foot Clinic Good Shepherd  
 9:30 Foot Clinic Monona United  
 11:00 **ESL** Good Shepherd  
 1:00 Euchre Warner Park  
 1:00 Spirit & Strength Zoom  
 2:00 Sassy Steppers Warner Park  
 6:00 Retirement Goodman Com.

## 24 WEDNESDAY

9:00 Stretch & Strength Zoom  
 10:00 Easy Yoga Plus Zoom  
 10:15 Mindful Movement Zoom  
 1:00 Ping Pong Warner Park  
 1:00 **Círculo De Amigos** Zoom  
 1:00 **Cartas y Juegos** Warner Park  
 1:00 **Book Club** Goodman Library

## 25 THURSDAY

9:00 Foot Clinic Warner Park  
 10:00 **Corte y Confeccion** Art Lit Lab  
 10:30 Chair Yoga Warner Park  
 12:00 Drum Circle Warner Park  
 12:00 **Tambores** Warner Park  
 1:00 Mah Jong Warner Park  
 2:00 **Cafeteria** Zoom  
 3:15 **Bordado a Mano** Zoom

## 26 FRIDAY

10:00 Easy Yoga Plus Zoom  
 10:15 Mindful Movement Zoom  
 10:15 Bingo Warner Park  
 2:00 **Movie+Discussion** Warner Park

## 28 SUNDAY

10:00 **Corte y Confeccion** Art Lit Lab

## 29 MONDAY

9:00 Ping Pong Warner Park  
 9:00 Stretch & Strength Zoom  
 10:00 Chair Yoga Lakeview Library  
 10:15 **Yoga Suave** Zoom  
 2:00 Bunco Warner Park

## 30 TUESDAY

11:00 **ESL** Good Shepherd  
 1:00 Euchre Warner Park  
 1:00 Spirit & Strength Zoom  
 2:00 Sassy Steppers Warner Park  
 6:00 Retirement Goodman Com.



Programs focus on our Black older adults.



Programs focus on our Hispanic older adults and offered in Spanish only.

## PROGRAM LOCATIONS:

Arts + Literature Laboratory  
 111 S. Livingston Street

Madison Church of Christ  
 2001 Fish Hatchery Rd.

Good Shepherd Lutheran Church  
 5701 Raymond Road

Goodman Community Ctr  
 149 Waubesa Street

Goodman South Library  
 2222 S. Park St.

Lake Edge Lutheran Church  
 4032 Monona Drive

Madison Labor Temple  
 1602 S. Park St.

Lakeview Library  
 2845 N. Sherman Avenue

Lakeview Lutheran Church  
 4001 Mandrake Road  
 Madison Church or Christ

Madison Labor Temple  
 1602 S. Park Street  
 Meadowridge Commons  
 5734 Raymond Road

Monona United Methodist Church  
 606 Nichols Road, Monona

Warner Park Community Recreation Center  
 1625 Northport Drive