

NEWBRIDGE NEWS

Your Connection to Successful Aging

AUGUST 2022



NEW DINING SITE! ESQUIRE CLUB

1025 N. Sherman Ave.
Wednesdays, 11 am - 1:30 pm
BEGINS AUGUST 3, 2022

See page 23 for more details.



Nominate a *Champion of Hope*

Here at NewBridge we understand that our work serving older adults in Dane County is not done alone. We rely on the hard work, dedication and support of our friends, neighbors, and colleagues and want to recognize and honor these individuals that “Champion Hope.” Please submit a nomination by September 16. **More info on page 14.**

The North Office will be closed Monday, August 29–Monday, September 5 for Warner Park cleaning. Onsite programs and the Warner Park meal site will be cancelled.

**CHECK OUT
WHAT'S
INSIDE!**

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newbridgemadison.org

(608) 512-0000

GENERAL INFORMATION

MISSION

Providing older adults a bridge to successful aging.

VISION

A Community Where All Older Adults Live Their Best Life.



A LETTER FROM THE DIRECTOR...

Last month I had a run-in with a morning dove. It was trying to build a nest on my car. One day I saw the mourning dove perched on my hood. It stood its ground as I closed the door and started the engine. Only when I backed out did it fly away. This happened two more times that week. I felt like I was in a Seinfeld episode. I started parking my car in a different spot and the morning dove did not return. I felt bad and hoped it found a better place to nest. I wonder why the bird picked my car? But it was a fun distraction.

CONTACT US

Phone: (608) 512-0000

Fax: (608) 299-0700

Email: info@newbridgemadison.org

Website: newbridgemadison.org

Office Hours: Monday-Friday, 8:00 am-4:00 pm

Masks for in-person group activities will be determined on a program-by-program basis.

MAIN OFFICE

1625 Northport Drive #125, Madison, WI 53704

EAST MADISON

4142 Monona Drive, Madison, WI 53716

WEST MADISON

5724 Raymond Road, Madison, WI 53711

Follow us! NewBridge Madison



BOARD OF DIRECTORS

- SARAH VALENCIA, *President* - Director of Population Health, UnityPoint Health Meriter, Adjunct Instructor, UW School of Social Work
- TIM CONROY, *Secretary* - Executive Director, Capitol Lakes Community
- TIM RYAN, *Treasurer* - CFO, Monona Bank
- AMY DEVINE - Attorney, Haskins Short & Brindley
- ERIN FABRIZIUS - Public Affairs Counselor, Blumenfeld and Associates
- LAURA STEIN - Human Resources Advisor, American Family Insurance
- SARA CAMACHO - Public Health Supervisor, Public Health Madison & Dane County
- STEPHANIE MUNOZ - Project and Community Engagement Associate, Kids Forward

Thank you to our Funders:



Friends of NewBridge

Housing Partners:
Sherman Glen Apartments & Point Place Apartments

NEWBRIDGE STAFF

- JIM KRUEGER, Executive Director Ext. 3005
- KATIE GALLAGHER, Associate Director Ext. 4001

- DEB TEMERBEKOVA, Executive Assistant Ext. 4000
- JOE NEUMAIER, Administrative Assistant Ext. 2000

- ALIRIO PARDO, Bilingual Case Manager - español Ext. 1007
- ALLISON BOWE, Case Manager Ext. 2005
- HAYLEY SPRINGER, Case Manager Intern Ext. 1001
- JENN GARCIA-LUDOLPH, Case Manager Ext. 1009
- JENNIFER BROWN, Case Manager Supervisor Ext. 2003
- JODI EVANS, Case Manager Ext. 2008
- JODIE CASTANEDA, Case Manager Supervisor Ext. 1004
- KAYLEIGH COLOSO, Bilingual Case Mngr. - español Ext. 2004
- LISA FULLERTON, Case Manager Intern Ext. 3003
- MAUREEN QUINLAN, Case Manager Ext. 4003
- MEGAN KULINSKI, Case Manager Ext. 3004
- RACHEL MAEL, Case Manager Ext. 4002
- SAMMY AZUMA, Case Manager Ext. 1005
- SUSAN WATSON, Case Manager Ext. 1006

- DAVID WILSON, Marketing Manager Ext. 2006
- DEANA WRIGHT, Diversity & Inclusion Program Mgr. Ext. 2007
- DEENAH GIVENS, Program Coordinator Ext. 3002
- JEANETTE ARTHUR, Volunteer Coordinator Ext. 4007
- KATHLEEN PATER, Mental Health Resource Mgr. Ext. 3007
- KATIA VINE, Diversity & Inclusion Program Crd. Ext. 3009
- KATIE BRIETZMAN, Community Outreach Spec. Ext. 1002
- KEISHA FURNISS, Volunteer Coordinator Ext. 3008
- LISA HASSEL, Program Assistant —
- MELISSA STOLTZ, Mental Health Resource Spec. Ext. 2002

- AL KOTIL, Nutrition Site Assistant —
- CANDICE ALEXANDER, Nutrition Manager Ext. 4006
- CHRISTINE JACKSON, Nutrition Coordinator —
- ETHEL RANDLE, Nutrition Coordinator —
- FAITH SWINBURNE, Nutrition Coordinator —
- JUDY CAMPBELL, Nutrition Site Assistant —
- KRISTEN HUBER, Assistant Nutrition Manager Ext. 2001
- NANCY THOMPSON, Nutrition Coordinator —
- SHANNON GABRIEL, Dietician & Healthy Aging Crd. ADRC
- STANLEY GRAHAM, Nutrition Coordinator —

All services and programs are offered without regard to race, gender, religion, color, creed, disability, sexual orientation, political beliefs, marital status, national origin, ancestry, age (where applicable), or any other basis prohibited by applicable law. Clients, participants, and volunteers are encouraged to report any discrimination relating to service delivery by NewBridge to the Executive Director or Board President, in writing.

ID Statement: The August (issue 8) of "NewBridge News" newsletter is a monthly publication that is mailed free of charge to NewBridge Friends and clients. Madison and Monona residents may pick up an issue at their local library. This newsletter contains at least 25% non-advertising. The NewBridge main office is located at 1625 Northport Dr. #125, Madison, WI 53704.




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SERVICES AND ACTIVITIES

Bridge Buddies

“Your connection to a friendly caller”

Offers weekly friendly chats or daily reassurance calls for Case Management clients. Now including letter writing. *Free for eligible Madison/Monona older adults (60+).*

Case Management

“Your connection to community resources”

Provides older adults support needed to live independently by identifying resources and coordinating services. Information, referrals, and advocacy provided through case management home visit assessments of each older adult’s individual needs. *Free for eligible Madison/Monona older adults (60+ or 50+ with MA Benefit). Private Pay Case Management available. Sponsored by the Paul H. Kusuda Special Projects Fund and CUNA Mutual Group Foundation.*

Classes & Activities

“Your connection to golden opportunities”

Social, educational, and exercise classes at various community sites. Details listed in monthly newsletter and website. *Free or low cost for older adults (60+) with scholarships available. Sponsored by All of Us Research Program-UW Madison.*

Diet Consultations & Healthy Aging Workshops

“Your connection to nutrition and wellness.”

Meet with a registered dietitian to discuss ways to manage newly prescribed diets, poor appetite, unintended weight loss, or other areas of concern. *Free for Dane County older adults (60+).* Various healthy aging educational workshops are offered at various community sites. *Free or low cost.*

Diversity & Inclusion Activities

“Your connection to your peers”

Activities for Black and Hispanic older adults to help reduce isolation. Activities focus on socialization, health education and support groups. Hispanic activities offered in Spanish only. *Free for Black and Hispanic Dane County older adults (60+). Sponsored by MGE Foundation.*

Food Bridge

“Your connection to wholesome groceries”

Offers monthly food pantry delivery for Case Management clients at nutritional risk throughout Madison and Monona. This service is a collaboration between NewBridge Madison, the River Food Pantry, and RSVP of Dane County. *Free for eligible Madison/Monona older adults (60+). Sponsored by the Rotary Club of Madison and the Evjue Foundation.*

Home Chore

“Your connection to helping hands”

Matches Case Management clients who need basic household chore help with individual volunteers/volunteer groups who provide assistance and friendly visitation. *Free for eligible Madison/Monona older adults (60+). Sponsored by the Endres Manufacturing Company.*

Medical Equipment Loan Closet

“Your connection to health equipment”

Provides health equipment items to check out. Equipment available may include wheel chairs, walkers, canes, shower chairs, and more. *Available to City of Madison or Monona residents.*

Mental Health Resources

“Your connection to mental health resources”

Supports older adults in the case management program with mental health issues and help access community resources to address their needs. *Free for eligible Dane County older adults.*

Nutrition Sites

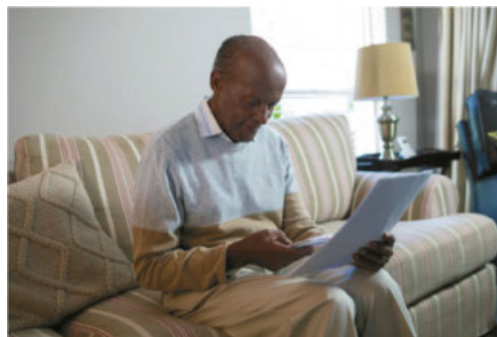
“Your connection to nutritious meals”

Serves nutritious weekday meals and provides socialization for older adults at multiple Madison/Monona locations. Details listed in monthly newsletter and website. *Cost for older adults (60+) is an anonymous donation. Cost for 60 and under, full cost of meal. Transportation available through Transit Solutions with donation. Advance reservations required for meal and transportation.*

Representative Payee & Guardianship Service

“Your connection to trained volunteers”

Connects vulnerable older adults with trained volunteers who serve as payees or guardians. The volunteers may make health care decisions, or manage social security benefits, and much more. *Free for Dane County older adults (60+).*



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DIVERSITY & INCLUSION ACTIVITIES

Activities are developed for Black older adults that focus on socialization, health education, and support groups. These activities are free for Black older adults (60+) who live in Dane County.



Deana Wright
Diversity & Inclusion
Program Manager
(608) 512-0000 Ext. 2007
DeanaW@
newbridgemadison.org

To register for programs/activities and request transportation, contact Deana.

Mask Policy: Masks are required for all in-person group activities.

GET MOVIN' ON ZOOM

Tuesdays & Thursdays, 1:00-2:00 pm
Keep your body moving with gentle exercises for every level.

BLACK SPACE - Zoom

Thursdays, 3:00-4:00 pm
A safe space for Black older adults to talk about all things Black. You decide the topics; you lead the conversation.

THINK CAP CAFÉ - Zoom

Thursdays, 11:00 am-12:00 pm
Connect, socialize and engage in brain healthy games and activities to prevent or delay cognitive decline and memory loss.

COLOR ME HEALTHY - Zoom

Tuesday, August 23, 3:00-4:00 pm
Join us for discussions with Black professionals that focus on health, wellness and racial disparities.

BINGO - Zoom

Thursday, August 18, 3:00-4:00 pm
Game cards and chips will be mailed prior to the program. Gift cards will be mailed to winners. **To sign up, email Deana by 8/12.**

LAUGH & LASAGNA - In-Person

Tuesday, August 16, 12:30-2:00 pm
Urban League of Greater Madison
Enjoy an indoor picnic with lasagna, salad and garlic bread, along with lots of laughs.

BODY GROOVE

Wednesday, August 31, 1:30-2:30 pm
UW South Madison Partnership
Have fun with this dance exercise with simple movement. If you can move, you can groove. Transportation provided.

**RE-INVENTING
ALMA
THOMAS**
A SERIES OF VIRTUAL
ART SESSIONS

Wednesdays,
August

3rd 10th 17th 24th

10:30 - 11:45 AM

ARTS for ALL WISCONSIN
NEWBRIDGE

Sign up with Deana
(608) 512-0000 Ext. 2007 or
DeanaW@NewBridgeMadison.org


NEWBRIDGE

Diversity & Inclusion
PRESENTS

Lorraine Hansberry's



American Players Theatre | Spring Green

FREE DINNER/PLAY FOR 55+

AUG
11

Bus departs Urban League of Greater Madison at 5:30PM
Contact Deana (608)512-0000 Ext. 2007

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New Bridge, Madison, WI

C 4C 01-2049

ACTIVIDADES DE DIVERSIDAD E INCLUSIÓN

Se desarrollan actividades para adultos mayores hispanos que se enfocan en la socialización, educación para la salud y grupos de apoyo.

Las actividades son ofrecidas en español.

Estas actividades son gratuitas para los adultos mayores hispanos (60+) que viven en el condado de Dane.



Katia Vine
Diversity & Inclusion
Program Coordinator
(608) 512-0000 Ext. 3009
KatiaV@
newbridgemadison.org

Consulte el sitio web de NewBridge para obtener el enlace Zoom www.newbridgemadison.org.

***Normas sobre las mascarillas:
El uso de mascarillas para actividades de grupo presenciales será determinado de acuerdo a cada grupo.***

YOGA SUAVE - MSCR

Todos los lunes, 10:15-11:15 am
¡Inscríbese hoy! Costo: Gratis para residentes del Distrito Escolar de Madison o \$47 si se encuentra fuera de esta área.

LUNES DE PELÍCULAS

Lunes 15 de agosto, 2:00-4:30 pm
Vivir 2 veces (2019)

BINGO - *En Persona*

Martes 30 de agosto, 11:00 am
Fitchburg Senior Center
Se proveerá transporte. Regístrese antes del 23 de agosto.

MANUALIDADES EN LA BIBLIOTECA

Martes 23 de agosto de 1-3:00 pm
Venga solo/a ó acompañados de su(s) nietos, o pequeños que lo/a rodeen.
Haremos pins e imanes juntos mientras vemos una película familiar.
Inscríbese antes del 16 de agosto.
Transporte incluido

YOGA EN SILLA

Todos los martes de 10:00-11:00 am
y sábados de 9:30-10:30am
Del 12 de julio al 2 de agosto

CÍRCULO DE AMIGOS

Miércoles el 10 y 24 de agosto de 1:00-2:00 pm
Únete a nosotros en el zoom. ¡Vengan a tomarse un cafecito y conversar en un ambiente familiar y amical para conocernos mejor!

EL RINCÓN DE LA SALUD

Miércoles 17 de agosto, 1:00-2:00 pm
Cada 3er miércoles del mes.
Acompáñenos a conversar acerca de diferentes temas de la salud.



TAI CHI BILINGÜE

Miércoles del 3 al 27 de agosto

9:30-11:00 am

Vera Court Neighborhood Center

LA CAFETERIA DE LA MEMORIA

Jueves de 9:30-10:30 am

Entrene su memoria, percepción, atención, concentración y más... a través de retos y actividades divertidas. Las hojas de práctica se enviarán todos los viernes.

LA REUNIÓN

Viernes 12 y 19 de agosto

10:00-11:30 am

Conversaremos acerca de temas relevantes sobre la salud y el bienestar para la comunidad latina.

BINGO BILINGÜE - *En Persona*

Viernes 5 de agosto, 10:15-11:15 am

Warner Park Comm. Rec. Center

Se proveerá transporte. Regístrese antes del 29 de julio.

CLASES DE INGLÉS CON LITERACY NETWORK

6 de junio-20 de agosto

Se proveerá transporte. Consulte el sitio web para conocer las fechas y los horarios.

CHARLAS EDUCATIVAS SOBRE LA SALUD CON MARIO DE HUMANA

Los 4to viernes del mes, 10-11:30 am

En el Madison Senior Center

noel manor
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This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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New Bridge, Madison, WI

D 4C 01-2049

CLASSES & ACTIVITIES



Deenah Givens
Program Coordinator
(608) 512-0000 Ext. 3002
DeenahG
@newbridgemadison.org

Welcome to the NewBridge hybrid model of programming where we offer both in-person and virtual (Zoom) programs, presentations, gatherings and more.

Mask Policy: Masks for in-person group activities will be determined on a program-by-program basis.

PING PONG - In-Person

Mondays, 9:00 am-Noon

Wednesdays, 1:00-3:00 pm

Warner Park Comm. Rec. Center

Do you like to play ping pong? *If you are interested in joining a group who play weekly, contact Deenah.*



BUNCO - In-Person

Mondays, 2:00-4:00 pm

Warner Park Comm. Rec. Center

Join us as we play Bunco! All levels are welcome.

WESTSIDE WARBLERS -

In-Person

Monday, August 1, 11:00 am-12:30 pm

Middleton Senior Center

Tuesday, August 16, 6:00-7:30 pm

Dale Heights Church

Our accompanists are Robert Auerbach on piano and Patricia Stone on accordion. Refreshments provided.

SASSY STEPPERS - In-Person

Mondays, 4:00-5:00 pm

Warner Park Comm. Rec. Center

If you love to dance, enjoy performing, want to learn new dance moves and meet new friends, come join us!

STRETCH & STRENGTH - Zoom

Mondays & Wednesdays, 9-9:45 am

Join Becky Ott-Forde for gentle stretch and strengthening exercises from the comfort of your own home. Cost \$20/mo.

To sign up, contact Becky Otte Ford raonine@gmail.com or (608) 215-4119.

SPIRIT & STRENGTH - Zoom

SHARING WISDOM IN TROUBLED TIMES
THROUGH OUR STORIES

Tuesdays, 1:00-2:30 pm

Join Pam Philips Olson, Writer, Storyteller and Author as she leads us through a process to help tell our own stories.

See NewBridge website for the Zoom link, www.newbridgemadison.org

EUCHRE - In-Person

Tuesdays, 1:00-3:00 pm

Warner Park Comm. Rec. Center

We will again be playing euchre in-person at Warner Park. Join us!

TECHNICAL ASSISTANCE - In-Person

Tuesday, August 9, 1:00-3:00 pm

Warner Park Comm. Rec. Center

By appointment only. To sign up, contact **Deenah.**



EASY YOGA PLUS - Zoom

Wednesdays & Fridays, 10-11:00 am

Ellen Millar leads a series of exercises that can be done standing or from a chair.

To sign up, visit Ellen's website for the Zoom link www.thewonderofyoga.com

BOOK CLUB - In-Person & Zoom

Wednesday, August 3, 10-11:00 am

Warner Park Comm. Rec. Center

Discussing Farm City: The Education of an Urban Farmer by Carpenter. Our

September selection is Flight Behavior by Kingsolver. You are responsible for getting and returning your book. Books are available at Lakeview Library.

See **NewBridge** website for the Zoom link, www.newbridgemadison.org or

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CARD MAKING CLUB -*In-Person*

Wednesday, August 10, 1:00-3:00 pm
Warner Park Comm. Rec. Center
If you are crafty and enjoy making cards for others, please join us!

MINDFULNESS MOVEMENT FOR LGBTQ FOLKS, FRIENDS & ALLIES - *In-Person*

Wednesdays and Fridays
10:15-11:45 am

Warner Park Comm. Rec. Center

Learn to be mindful and reduce stress while having fun. Small donation requested. *A collaboration with Outreach,*



Inc. 50+ Alliance. Taught by Mimi Millen, M.Ed., MS, Energy Practitioner.

CHAIR YOGA - *In-Person*

Thursdays, 10:30-11:30 am

Warner Park Comm. Rec. Center

Join Instructor Kim S as she leads you through a series of gentle stretch and yoga movements from standing or seated positions. For all ability levels.

MAHJONG - *In-Person*

Thursdays, 1:00-3:00 pm

Warner Park Comm. Rec. Center



SEWING CLUB - *In-Person*

Thursday, August 4, 18, 9 am-Noon
Warner Park Comm. Rec. Center
Light mending for older adults in the community.



HOW TO GET YOUR ITEMS MENDED:
Bring your items
(3 maximum)

into the NewBridge North Office, 1625 Northport Drive, Suite 125, and leave them with our front desk volunteer and our volunteers will mend. No charge, donations welcome!

BINGO! - *In-Person*

Fridays, 10:15-11:15 am In-Person
Warner Park Comm. Rec. Center



Join callers Diana D & Don. One lucky winner will receive a gift card. Bilingual

Bingo is on the 1st Friday of each month.
NO ZOOM BINGO THIS MONTH.

CAMERA AND EYE

New in September—Please join Pam Philips on a journey of using your photos to tell stories that are fun, enlightening and transformative.

Pictures that you take or hold dear will be shared via Zoom so that you can tell your stories...



COMING SEPTEMBER 2022—NewBridge University



Please join us as we launch NewBridge University (NBU). *A community of lifelong learners.*

Lifelong learning is the use of both formal and informal learning opportunities throughout our lives, in order to foster the continuous development and improvement of the knowledge and skills needed for personal and professional fulfillment. Starting in September, all of our current and new program offerings under our Diversity & Inclusion and other programming, will fall under NBU.

For each class, program, activity that you attend you will earn “credits.” These credits are redeemable for NewBridge swag at our end-of-year celebration. Credits will be tracked by a system that we are setting up now, and we will have a way for you to track credits too.

To learn more, attend one of the LAUNCH PARTIES!



Monday, August 15, 10-11 am, or Monday, August 22, 2-3 pm via Zoom.

Continue to check out website, see our newsletter and talk to Deana Wright, Katia Vine, or Deenah Givens.

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FIND YOUR ADRC: <https://www.dhs.wisconsin.gov/adrc/consumer/index.htm>

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BRIDGING

HOPE



BLACK TIE



10.7.22
BINGO

CHAMPION OF HOPE



Again this year, we're combining our two fundraisers into one week, BRIDGING HOPE - kicking off Monday, October 3 and ending with an in-person event, Black Tie Bingo, Friday, October 7.

The money raised for will assist our work empowering older adults to access affordable resources, such as nutritious meals, home chore assistance and access to transportation, that ensure these adults can maintain their health, safety, independence and community connection.

Tickets are on sale for Black Tie Bingo on our website or in-person at the North office, 1625 Northport Dr.

- \$50 for VIP Friends and Family (*special code required*)
 - \$100 for Individual
- \$800 for a Reserved Table of Eight

Each ticket includes dinner, 10 bingo games and so much more! Bingo cards are sold separately at the event.

Business sponsorships available for Black Tie Bingo. Contact Jim at JimK@newbridgemadison.org.

Nominate a *Champion of Hope*

Here at NewBridge we understand that our work serving older adults in Dane County is not done alone. We rely on the hard work, dedication and support of our friends, neighbors, and colleagues and want to recognize and honor these individuals that "Champion Hope." Your nominations help us identify the heroic individuals that deserve special recognition for their efforts. We will celebrate these individuals during our Bridging Hope week-long fundraiser that will end with our Black Tie Bingo gala on Friday, October 7 at the Monona Terrace. *The top 3 nominees will be invited as our guests of honor.*

Nominations are due by **Friday, September 16, 4:00 pm** and can be submitted directly on our website or by contacting Katie Gallagher, KatieG@newbridgemadison.org.

[HTTPS://WWW.NEWBRIDGEMADISON.ORG/BLACK-TIE-BINGO](https://www.newbridgemadison.org/black-tie-bingo)



WELCOME NEW STAFF



Allison Bowe, Case Manager

“I am excited to join the NewBridge team! I have just completed my Master's Degree in Social Work at UW-Madison with a focus in aging and health. I moved to Madison from the East Coast and am looking forward to working with older adults in the community. I love to spend my time reading and traveling.”

health. I moved to Madison from the East Coast and am looking forward to working with older adults in the community. I love to spend my time reading and traveling.”

Hayley Springer, Case Manager Intern

“I am currently working towards my Bachelor of Arts in Human Development through Washington State University. I am excited to be a part of the NewBridge team and to apply what I have learned about lifespan development, public policy, and diversity in families to supporting the physical, mental, and social wellbeing of older adults.



I am excited to be a part of the NewBridge team and to apply what I have learned about lifespan development, public policy, and diversity in families to supporting the physical, mental, and social wellbeing of older adults.

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NewBridge is partnered with Nail Technician Susan Hasey, Registered Nurse Gail Owens and Cheryl Franz to provide foot care for older adults 60+. Cost is \$20 and we ask that you bring 2 towels.

Appointments are required and should be made in advance by calling (608) 512-0000. Appointments fill up quickly. We recommend you call a few months in advance. We do keep a waitlist.

Mask Policy: Masks for in-person group activities will be determined on a program-by-program basis.

EAST MADISON

Monona United Methodist Church
606 Nichols Road, Monona
Tuesday, August 9, 16, 23, 9:30-11:45 am

NORTH MADISON

Lakeview Lutheran Church
4001 Mandrake Road
Tuesday, August 2, 1:00-2:30 pm

Goodman Community Center
149 Waubesa Street
Monday, August 8, 10:00 am-Noon

Warner Park Community Rec Center
1625 Northport Drive
Thursday, August 25, 8:30 am-Noon

WEST MADISON

Good Shepherd Lutheran Church
5701 Raymond Road
Tuesday, August 23, 9:00 am-12:00 pm



MEDICAL EQUIPMENT LOAN CLOSET

NewBridge provides equipment to check out such as walkers, raised toilet seats, commodes, crutches and more at the East Madison/Monona location
4142 Monona Dr.

Loan closet items are available to City of Madison and Monona residents. Monetary and equipment donations are welcomed.

Call NewBridge to ask if the item you need is available (608) 512-0000 Ext. 2000. The loan closet is open Monday-Thursday 9:00 am-3:00 pm and closed on Fridays.

We ask that you call ahead to make an appointment to pick up, return and to donate. Currently accepting wheel chair donations.

CASE MANAGEMENT WALK-IN HOURS

A Case Manager will be available at the following times and locations:

SOUTH MADISON

Romnes Apartments
540 W Olin Ave.
Tuesday, August 2
11:00 am-Noon

Madison Senior Center
330 W Mifflin St.
Monday, August 8
11:00 am-Noon

EAST MADISON

Monona Senior Center
1011 Nichols Rd.
Friday, August 12
11:30 am-12:30 pm

Goodman Community
Center
214 Waubesa St.
Tuesday, August 16
11:30 am-12:30 pm

WEST MADISON

Good Shepherd
5701 Raymond Rd.
Thursday, August 11
11:15 am-Noon

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For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021

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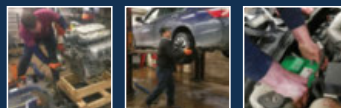
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New Bridge, Madison, WI

H 4C 01-2049

VOLUNTEER OPPORTUNITIES



Keisha Furniss
Volunteer Coordinator
(608) 512-0000 Ext. 3008
KeishaF
@newbridgemadison.org

HOME CHORE VOLUNTEERS

DESCRIPTION– Volunteers are matched with older adults to help them remain independent. This opportunity is for individuals, families, couples and groups. Duties may include: dusting, vacuuming, removing garbage, and friendly visitation.

TIME COMMITMENT– Flexible

IMMEDIATE NEED– 10 volunteers needed for Eastside/Monona, 10 for Northside, 10 for Southside, 10 for Westside

NUTRITION SITE VOLUNTEERS

DESCRIPTION– Help check people in, serve drinks, and socialize with older adults at our nutrition sites.

TIME COMMITMENT– Wednesdays and/or Fridays 11:00 am-1:00 pm. *Training will be provided by the Nutrition Site Manager.*

GUARDIAN & REPRESENTATIVE PAYEE

DESCRIPTION– Compassionate individuals to be guardians and payees. Must be 26 years old.

TIME COMMITMENT– 2 years, 3-6 hr/mo
Call Katie Brietzman for information at Ext. 1002

FOOD BRIDGE DELIVERY DRIVERS

DESCRIPTION– Deliver food pantry items from The River Food Pantry and/or St. Vincent de Paul and/or Middleton Outreach Ministry Food Pantry to an older adults front door. No person to person contact. From the comfort and safety of your own car. Flexible for your schedule.

TIME COMMITMENT– 2-4 times/month

IMMEDIATE NEED– 5 volunteers



BRIDGE BUDDY CALLERS

DESCRIPTION– Bridge Buddies is a program designed to conduct safety checks and combat loneliness in older adults through regular phone calls.

TIME COMMITMENT– Weekly friendly chats 15-60 min. Weekday reassurance calls 1-5 min.

NEWSLETTER COORDINATOR VOLUNTEER

DESCRIPTION– Help with the organization and mailing distribution of the NewBridge newsletter. Dates are set in advance. Mailing is done at the North office, 1625 Northport Dr. with help from the READI volunteers.

TIME COMMITMENT– 2-4 hours a month.

JOIN THE FRIENDS OF NEWBRIDGE COMMITTEE

We are seeking volunteers to serve on the Friends of NewBridge Committee in support of the NewBridge mission. The Committee meets every other month and provides feedback, advocacy and support for NewBridge. As a committee member you learn about our various programs, events and services and become part of a team that decides which ones to support with the funds donated by Friends of NewBridge. In 2021 the Friends of NewBridge donated over \$15,000 that helped support our Holiday Joy Cards, Summer Concert Series, Diversity and Inclusion and Home Chore programs.

If you are not interested in joining the committee we hope you will consider becoming a Friend of NewBridge and participate in the programs and events offered each month. Complete the form below or at newbridgemadison.org.

For more information please contact Deenah Givens (608) 512-0000, Ext. 3002, deenahg@newbridgemadison.org.

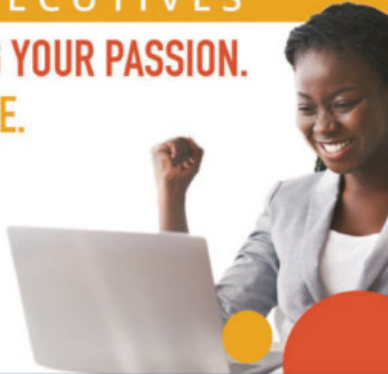


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It was a great season with record numbers of people in attendance all because of the dedication of our staff and volunteers and the great teamwork!

Sponsors: United Healthcare, All of Us, Dane Arts, WI Arts Board, Madison Arts Commission, Gunderson Funeral and Cremation Care.

Volunteers: Mary Macht-Brooks, Nancy Saidon, Ronni Guski, Sharon Witt, Kim Sprecher, Diana Dineen, Shirley Raymakers, Terez Fahy, Lisa Patterson, Barb Arnold, Lesleigh Latrell, Amy Scarr, Samantha Bath, Kattia Jimenez, Tyson Jackson, Donna Wilfong, Dr. Dorothy Farrar-Edwards, John Givens, Julie Brockman, Maureen Conklin, Naomi Hein, Claire Dreis.

THANK YOU



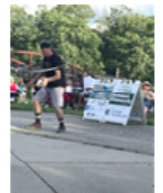
Staff: Jim, Katie G, David, Lisa H, Deb, Jeanette, Keisha, Katia, Deana, Maureen, Christine.

City Parks & Warner Park Staff for being so helpful and supportive of the 2022 season and helping get people back into the parks!

UW Arts & Lit Lab for a wonderful collaboration on the first concert of the season and dance lessons from a local professional!

All of Us staff for your ongoing collaborative spirit, great fun that you bring to all you do and of course, that popcorn!

Thank you everyone, see you next year!



DONATE TO NEWBRIDGE TODAY!

Name/s: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Please check all boxes that apply:

- \$ _____ 2022 annual Friend of NewBridge renewal or new Friend of NewBridge
\$15 Older Adult • \$25 Individual • \$30 Family • \$50 Silver • \$100 Golden
Send my monthly newsletter via mail email both none
- \$ _____ Additional or general donation for NewBridge programs and services
- \$ _____ In honor/memory of: _____
- I wish my donation remain anonymous



Mail form & payment to NewBridge, 1625 Northport Dr. #125, Madison 53704. You can also purchase a friendship or make a donation on our website at newbridgemadison.org. Friendships are renewed annually. Donations may be tax deductible to the extent of the tax code.

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New Bridge, Madison, WI

J 4C 01-2049

NUTRITION MEAL SITES

Mask Policy: Masks for congregate meal sites will be determined on a site-by-site basis.



Nutritious weekday meals and socialization for older adults at multiple Madison and Monona locations. The meal is well balanced and appealing for those who don't enjoy cooking or eating alone.

RESERVATIONS

Meal and transportation reservations and cancellations should be made on-site or by calling the number associated with the site by Noon, two business days in advance.

**starred sites do not require a meal reservation.*

Transportation is available to the sites nearest to your home through Transit Solution (608) 294-8747 which is door-to-door service. Suggested donation is \$1.00/round trip.

Transportation reservation is always required.

DONATION

If you are age 60 and older, the suggested minimum donation is \$4.00. If you're under age 60 and do not meet the program eligibility guidelines, you are required to pay the total cost **\$9.07.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01* Pork Loin in Gravy Mashed Potatoes, Peas Mandarin Orange Cup Cream Filled Fudge Cookie MO - Hummus Wrap	02 Cheeseburger Calico Beans, Potato Salad Fruit Cup Lemon Italian Ice MO - Black Bean Burger	03 Bone-in BBQ Chicken Baked Sweet Potato Cinnamon Applesauce cup Rice Crispy Treat MO - Veggie BBQ	04 *Meatballs in Marinara Over Penne, Broccoli Salad Banana, Fudge Brownie MO - Veggie Meatballs	05 Tuna Salad on bed of Lettuce, Sicilian Pasta Salad Creamy Corn Salad Fruit Cup, Fig Newton Bar MO - Egg Salad
08 Chicken and Gravy Over White Bread Carrot Coins, Green Beans Pineapple Cup, Jell-o MO - Veggie in Gravy	09 Sausage Veg Egg Bake Fruit Cup, Roasted Potatoes Orange Juice Apple Cinnamon Muffin MO - Veggie Egg Bake	10 Baked Mostaccioli Broccoli, Peach Cup Chocolate Chip Cookie MO - Veggie Mostaccioli	11 *BBQ Pulled Pork Oven Roasted Potatoes Carrots, Fruit cup Reese's Peanut Butter Cup MO - Garden Burger	12 Chicken Alfredo Penne Brussel Sprouts, Bean Salad Berry Applesauce Cup Rainbow Sherbet Cup MO - Veggie Alfredo
15 Garlic Parmesan Chicken, Stewed Tomatoes Spinach Casserole, Pineapple Oatmeal Cream Pie MO - Veg Garlic Parmesan	16 Fish Sandwich Yams, Peas, Peach Cup Oreo Cookie Packet MO - Multigrain Burger	17 Sloppy Joe Kidney Bean Salad Mixed Vegetable, Banana Nuttty Buddy Bar MO - Chickpea Joe	18 Honey Baked Chicken Broccoli, Yams Macaroni Salad, Pear Cup Vanilla Ice Cream Cup MO - Veggie Honey Baked	19 Chicken Caesar Salad Copper Penny Salad Strawberry Applesauce Cup Chocolate Pudding Cup MO - Veggie
22 Chicken Broccoli Rice Carrot Coins, Chickpea Salad Tropical Fruit Cup, Jell-o MO - Broccoli Rice Cass.	23 Chicken a la King Brown Rice, Green Beans Vinegar Corn Salad, Fruit Strawberry Banana Yogurt MO - Soy a la king	24 Enchilada Casserole Broccoli, Fiesta Corn Peach Cup Chocolate Chip Cookie MO - Bean/Cheese Burrito	25 *Italian Sausage Coney Bun, Potatoes Stewed Tomatoes Mandarina Orange Cherry Italian Ice MO - Veggie Balls	26 *BBQ Ribs Cheesy Potatoes Pickled Beets Mandarin Orange cup Lime Sherbet Cup MO - BBQ Balls
29 Teriyaki Glazed Chicken Brown Rice, Vegetable Blend Edamame Salad, Pineapple Vanilla Pudding Cup MO - Veggie Teriyaki	30 Chicken Sandwich Calico Beans, Green Beans Applesauce, Oreo Cookie MO - Garden Burger	31 Lemon Dill Baked Fish Baked Potato, Coleslaw Cream Filled Fudge Cookie MO - Hummus wrap	CONSOLIDATED FOOD SERVICE MENU Meals provided by Dane County Consolidated Food Services Division All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO : Meatless Option / * : Pork	

WEST MADISON

Meadowridge Commons, 5734 Raymond Rd.
Tuesday, Thursday, Noon

For reservations call (608) 512-0000 Ext. 4006
Catered by Consolidated Food Service

**This meal site has moved to Good Shepherd through Thursday, August 11 and will resume at Meadowridge Commons Tuesday, August 16.*

Good Shepherd Church, 5701 Raymond Rd.
Tuesday, Thursday, Noon through Aug. 11
Friday, Noon

For reservations call (608) 512-0000 Ext. 4006
Catered by Consolidated Food Service

Hy-Vee West, 675 S. Whitney Way
Wednesday, 11:00 am-1:30 pm

**No meal reservation required*

For transportation call (608)512-0000 Ext. 4006
Catered by Hy-Vee. Check our website for the menu.

Lechayim at Beth Israel Center

Will resume in September.

Catered by UW Hillel Adamah Catering

SOUTH MADISON

Romnes Apartments, 540 W. Olin Ave.
Monday-Friday, 11:30 am

For reservations call (608) 512-0000 Ext. 4006
Catered by Consolidated Food Service

Election Day, Tuesday, August 9 lunch will need to be picked up and taken to apartments.

Madison Senior Center, 330 W. Mifflin St.
Monday-Friday, 11:30 am

For reservations call (608) 512-0000 Ext. 4006
Catered by Consolidated Food Service

Election Day, Tuesday, August 9 lunch is cancelled.

EAST MADISON/MONONA

Monona Senior Center, 1011 Nichols Rd.
Friday, Noon

For reservations call (608) 512-0000 Ext. 2001
Catered by Gaylords. August Menu:

- **Friday, August 5** : Chicken & Gravy, Baked Potato Pea & Cheese Salad, Mandarin Oranges, MO: Veggie Pizza
- **Friday, August 12** : Chicken Salad, Croissant Broccoli Slaw, Apple Juice. Plain Jello, MO: Egg Salad
- **Friday, August 19** : Baked Ham, Hash Brown Square, Kidney Bean Salad, Marble Rye Bread, Fresh Fruit, MO: Stuffed Shell
- **Friday, August 26** : **CLOSED**

Messiah Lutheran Church,
5202 Cottage Grove Rd.

Tuesday and Thursday, Noon

For reservations call (608) 512-0000 Ext. 2001
Catered by Consolidated Food Service

NORTH MADISON

Warner Park Community Recreation Center, 1625 Northport Dr.

Mon., Tues., Thurs., Fri., 11:30 am

For reservations call (608) 512-0000 Ext. 4006
Catered by Consolidated Food Service

Closed Monday, August 29-Monday, September 5.

Goodman Community Center,
149 Waubesa St.

Monday-Friday, 11:45 am

For reservations call (608) 241-1574 Ext. 8087
Catered by Consolidated Food Service

Kavanaugh's Esquire Club,
1025 N. Sherman Ave.

Wednesdays, 11:30 am-1:30 pm

No reservation required. For transportation, call 512-0000 Ext. 2001 by 10 am the Monday prior. Transportation provided for Monona, North and Northeast Madison residents.

Catered by Kavanaugh's. August Menu:

- **Wednesday, August 3:** Roast Pork
- **Wednesday, August 10:** Meatloaf
- **Wednesday, August 17:** Beef Tips & Noodles
- **Wednesday, August 24:** Spaghetti & Meatballs
- **Wednesday, August 31:** Roast Pork
- **Every Wednesday:** Fish or Sandwich/Soup



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