



# NEWBRIDGE

Your Connection to Successful Aging

# NEWS

AUGUST 2020

# H PE

## BRIDGING HOPE

*Announcing a week-long online fundraiser to help Madison area older adults.*

**Monday-Friday**  
**October 5-9**

### Calendar of Events:

- October 5- Live Stream Concert
- October 6- Corporate Match Day
- October 7- Purchase Virtual Services
- October 8- Artful Aging Silent Auction
- October 9- Drawing and Recap

### Mask and t-shirt sale!

*See our website for more information.*

*See page 21 for an update on Black Tie Bingo.*

**CHECK OUT  
WHAT'S  
INSIDE!**

**02** General Information  
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**10-11 & 16** Online Classes and Activities

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[www.NewBridgeMadison.org](http://www.NewBridgeMadison.org)

(608) 512-0000

# GENERAL INFORMATION

## MISSION

Providing older adults a bridge to successful aging.

## VISION

A Community Where All Older Adults Live Their Best Life.



## A LETTER FROM THE DIRECTOR...

The deaths of 50,000+ older adults from the Coronavirus has raised some questions. Are we properly caring for older adults? Older adults in nursing homes and assisted living are often segregated from the larger community and have increased exposure to viruses. Are we too quick to put older adults in these institutions? Wouldn't seniors and society benefit more from a living situation where they mix daily with families and young professionals? Why should older adults have to fight for a comfortable retirement? Many struggle to cover expenses because Social Security and Medicare benefits are not enough. Yet they worked hard all their lives.

***Can you please help us advocate on behalf of older adults in 2020?***

**Thank you.**

## CONTACT US

Phone: (608) 512-0000

Fax: (608) 299-0700

Email: [info@newbridgemadison.org](mailto:info@newbridgemadison.org)

Website: [newbridgemadison.org](http://newbridgemadison.org)

Office Hours: Monday-Friday, 8:00 am-4:00 pm

## MAIN OFFICE

1625 Northport Dr. #125, Madison, WI 53704

## EAST MADISON

4142 Monona Drive, Madison, WI 53716

## WEST MADISON

5724 Raymond Road, Madison, WI 53711

Follow us! [NewBridge Madison](#)



## BOARD OF DIRECTORS

- SARAH VALENCIA, *President* - Director of Population Health, UnityPoint Health Meriter, Adjunct Instructor, UW School of Social Work
- CEDRIC JOHNSON, *Vice President* - Community Relations Manager, Madison Gas & Electric
- TIM CONROY, *Secretary* - Executive Director, Capitol Lakes Community
- TIM RYAN, *Treasurer* - CFO, Monona Bank
- AMY DEVINE - Attorney, Haskins Short & Brindley LLC
- ERIN FABRIZIUS - Public Affairs Counselor, Blumenfeld and Associates
- LAURA STEIN - Human Resources Advisor, American Family Insurance

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# NEWBRIDGE STAFF

- JIM KRUEGER, Executive Director Ext. 3005
- KATIE GALLAGHER, Marketing Director Ext. 4001
  
- DEB TEMERBEKOVA, Executive Assistant Ext. 4000
- JOE NEUMAIER, Administrative Assistant Ext. 2000
  
- EBONIE BROOKS, Case Manager Ext. 3006
- GLEN THOMMESEN, Case Manager Ext. 2005
- GRETCHEN SCHADEBERG, Case Manager Ext. 1009
- JENN GARCIA-LUDOLPH, Case Manager Ext. 1003
- JENNIFER BROWN, Case Manager Supervisor Ext. 2003
- JODIE CASTANEDA, Case Manager Supervisor Ext. 1004
- KAYLEIGH COLOSO, Case Manager - español Ext. 2004
- MAUREEN QUINLAN, Case Manager Ext. 4003
- MEGAN KULINSKI, Case Manager Ext. 3004
- MIRANDA O'ROURKE, Case Manager Intern Ext. 1001
- RACHEL OKERSTROM, Case Manager Ext. 4002
- SAMMY AZUMA, Case Manager Ext. 1005

- STEPHANIE AGUILERA, Case Manager - español Ext. 1007
- STEPHANIE BRANDSMA, Case Manager Ext. 2008
- SUSAN WATSON, Case Manager Ext. 1006
  
- DAVID WILSON, Marketing Manager Ext. 2006
- DEENAH GIVENS, Program Coordinator Ext. 3002
- JEANETTE ARTHUR, Volunteer Coordinator Ext. 4007
- KATIE BRIETZMAN, Community Outreach Spec. Ext. 1002
- KEISHA FURNISS, Volunteer Coordinator Ext. 3008
- RUTH HELLENBRAND, Program & Event Coord. Ext. 3012
- VALENTINA FLORES, Cultural Diversity Program Coord. Ext. 3009
  
- ARETHA RICHMOND, Nutrition Coordinator —
- BOB BURNS, Nutrition Coordinator —
- CANDICE ALEXANDER, Nutrition Manager Ext. 4006
- FAITH SWINBURNE, Nutrition Coordinator —
- KRISTEN HUBER, Assistant Nutrition Manager Ext. 2001
- MARY HENNING, Nutrition Coordinator —
- NANCY THOMPSON, Nutrition Coordinator —

All services and programs are offered without regard to race, gender, religion, color, creed, disability, sexual orientation, political beliefs, marital status, national origin, ancestry, age (where applicable), or any other basis prohibited by applicable law. Clients, participants, and volunteers are encouraged to report any discrimination relating to service delivery by NewBridge to the Executive Director or Board President, in writing.

ID Statement: The August (issue 8) of "NewBridge News" newsletter is a monthly publication that is mailed free of charge to NewBridge Friends and clients. Madison and Monona residents may pick up an issue at their local library. This newsletter contains at least 25% non-advertising. The NewBridge main office is located at 1625 Northport Dr. #125, Madison, WI 53704.



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# COVID-19 SERVICES

## Case Management

*“Your connection to community resources”*

Social workers are available by phone (608) 512-0000 and by email [info@newbridgemadison.org](mailto:info@newbridgemadison.org) to help older adults and connect them to resources.

## Food Bridge Delivery

*“Your connection to wholesome groceries”*

Groceries are delivered to the door by a volunteer from a food pantry and continued when needed.

## Necessity Kit Delivery

*“Your connection to cleaning & hygiene products”*

Necessity kits will be delivered to the door by a volunteer. Kits may contain depending on availability: toilet paper, soap, sanitizing wipes, toiletries, etc.

*Funded in part by Madison Community Foundation.*

## Bridge Buddies

*“Your connection to a friendly caller”*

Volunteers are matched with older adults to do safety check calls and/or social friendly calls.



## LED Activities

Meet the LED participants via Zoom. They meet on Wednesdays, 5:00-6:00 pm and Saturdays from 11:00 am-12:00 pm. If you'd like to join email [LED@newbridgemadison.org](mailto:LED@newbridgemadison.org) to get the link.

## Classes & Activities

Find online classes & activities on our website!

## Take-Out Meals

*“Your connection to nutritious meals”*

Meals are available to pick up at the following locations for older adults 60+. While there is no charge for these meals, donations are accepted via mail to NewBridge, 1625 Northport Dr. Madison, 53704. Participants will be given a pick-up time when they order.

Call to order Monday-Friday, 8:00 am-4:00 pm.

**Orders are due by Thurs. 10:00 am, 1 week prior.**

**LJ's Sports Tavern and Grill, 8 N. Patterson St.**

Friday between 3:00-4:00 pm

1 Meal – Hot Fish Fry

*Order with Candice (608) 512-0000 Ext. 4006*

**NewBridge West Office, 5724 Raymond Rd.**

Wednesday between 3:00-4:00 pm

1 Meal Catered by Kavanaugh's Esquire Club

*Order with Candice at (608) 512-0000 Ext. 4006*

**Mt. Zion Church, 2019 Fisher St**

Monday between 10:00 am-12:00 pm

2 Meals Catered by Kavanaugh's Esquire Club

*Order with Candice at (608) 512-0000 Ext. 4006*

**Kavanaugh's Esquire Club, 1025 N. Sherman Ave.**

Wednesday between 3:00-4:00 pm

1 Meal Catered by Kavanaugh's Esquire Club

*Order with Candice at (608) 512-0000 Ext. 4006*

**Meal Delivery for HOME BOUND ONLY**

*If you do not have a car and do not have a proxy driver*

Friday between 3:00-4:00 pm

2 Meals Catered by Kavanaugh's Esquire Club

*Order with Kristen at (608) 512-0000 Ext. 2001*

**Romnes Apartments, 540 W. Olin Ave.**

Monday-Friday, 11:30 am

**For residents only.**

**Messiah Lutheran Church, 5202 Cottage Grove Rd.**

Tuesday and Thursday, 11:30 am-12:30 pm

**Not taking new participants.**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>03</b> Fish Sandwich Yams, Coleslaw, Fruit Cup Cheesecake Brownie MO - Pita and Hummus	<b>04</b> *Meatballs in Marinara Penne Noodle, Carrots Mixed Greens Salad, Banana Lemon Italian Ice MO - Veggie Meatballs	<b>05</b> *Pork Loin in Gravy Mashed Potatoes Garden Blend Vegetables Mandarin Oranges Frosted Chocolate Cake MO - Veggie Wrap	<b>06</b> Cheeseburger 4 Bean Salad 4 Way Vegetable Blend Vanilla Pudding MO - Garden Burger	<b>07</b> Chicken Noodle Soup Mixed Green Salad Saltine Crackers Pears, Pumpkin Bar MO - Vegetable Soup
<b>10</b> Beef Stew Biscuit, Peas, Apple Sauce Strawberry Jell-o w Mandarin Oranges MO - Veggie Stew	<b>11</b> Sloppy Joe Carrot Coins, Pineapple Black Eyed Pea Salad Chocolate Pudding MO - Chickpea Joe	<b>12</b> Cheese Tortellini Bake Bread Stick, Spinach Mandarin Oranges Blueberry Crisp MO - Tortellini in Marinara	<b>13</b> Ham Yams, Green Bean Casserole Fruit Cup, Gingerbread Cake MO - Black Bean Burger	<b>14</b> Chicken a la King Brown Rice, Broccoli Corn Salad, Banana Raspberry Sherbet MO - Veg Chicken a la King
<b>17</b> Pot Roast with Gravy Mashed Potatoes, Carrots Orange Juice Tapioca Pudding MO - Hummus Wrap	<b>18</b> Sausage Veg Egg Bake Fruit Cup, Hash Brown Patty Prune Juice Cup Cinnamon Roll MO - Veggie Egg Bake	<b>19</b> Tomato Bean Soup Mixed Greens, Peaches Chocolate Chip Cookie MO - Tomato Bean Soup	<b>20</b> Traditional Meatloaf Sweet Potato Cinnamon Apple Sauce MO - Veggie Meatballs	<b>21</b> *Ham/Potato Casserole California Blend, Orange Carnival Cookie MO - Veggie Potato Cass.
<b>24</b> BBQ Chicken Breast Baked Potato, Tropical Fruit Chocolate Cake MO - Veggie BBQ Chicken	<b>25</b> Stuffed Pepper Soup Mixed Greens, Crackers Spiced Apple Slices MO - Multigrain burger	<b>26</b> Chicken Strips Coleslaw, Fruit Cup Roasted Brussel Sprouts Butterscotch Ice Cream MO - Veggie Chicken Strips	<b>27</b> Mushrm Swiss Burger Green Beans, Potato Salad Fruit Cocktail, Apple Crisp MO - Black Bean Burger	<b>28</b> Enchilada Casserole Fiesta Corn, Pinto Beans Mandarin Oranges Frosted Churro Cake MO - Bean/Cheese Burrito
<b>31</b> Tuna Casserole Stewed Tomatoes Pickled Beets, Banana Lemon Bar MO - Egg Salad	<p>Meals provided by: Dane County Consolidated Food Services Division  <u>Messiah Lutheran Church Tuesday/Thursday &amp; Romnes Sites ONLY</u></p> <p>All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO: Meatless Option</p>			

## Finally Ready To Sell Your Home?

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## GET INVOLVED - VOLUNTEER

For more information, contact David Wilson at (608) 512-0000 Ext. 2006 or [DavidW@newbridgemadison.org](mailto:DavidW@newbridgemadison.org)

Our organization and the older adults in our community rely on the power of volunteers to provide quality services to those in need especially during this time of uncertainty.

### Bridge Buddy Callers

**DESCRIPTION**—Volunteers are matched with older adults to do daily safety check calls and/or weekly friendly calls. No person to person contact!

**TIME COMMITMENT**—Flexible

**IMMEDIATE NEED**—20+ volunteers

### Food Bridge Delivery Drivers

**DESCRIPTION**—Delivery food pantry items from The River Food Pantry and/or St. Vincent de Paul and/or Middleton Outreach Ministry Food Pantry drive-through pick up to an older adults front door. No person to person contact!

Flexible for your schedule. From the comfort and safety of your own car.

**TIME COMMITMENT**—2-4 times per month

**IMMEDIATE NEED**—20+ volunteers



# LAWN MOWING VOLUNTEERS NEEDED!

**Help an older adult stay independent by volunteering to mow their lawn for the 2020 summer season**





# WELCOME EDITH LAWRENCE-HILLIARD



Edith Hillard has graciously offered to fill in as the African American Cultural Diversity Coordinator until a replacement is hired. She is connecting with

participants and setting up online programming.

My name is Edith Lawrence-Hilliard, I am a lifetime resident of Madison.

I am the Historian for my family tracing back 273 years and 216 in Wisconsin.

I retired this past October after working 50 years full-time.

I am active as a volunteer at my church, Monona Terrace, Olbrich Garden, Goodman Community Center, The Center for Aging Research Education and Women In Focus Inc.

I enjoy reading, sewing and being a grandmother. I have 3 children, 11 adult grandchildren and 6 great grandchildren. My cousin Robert H. Lawrence Jr was the first African American Astronaut in the US. My grandson Nimrod A. Hilliard IV is a professional basketball player in the European League.

I am extremely blessed to be healthy, happy and continuing to play an active role in the Madison community.

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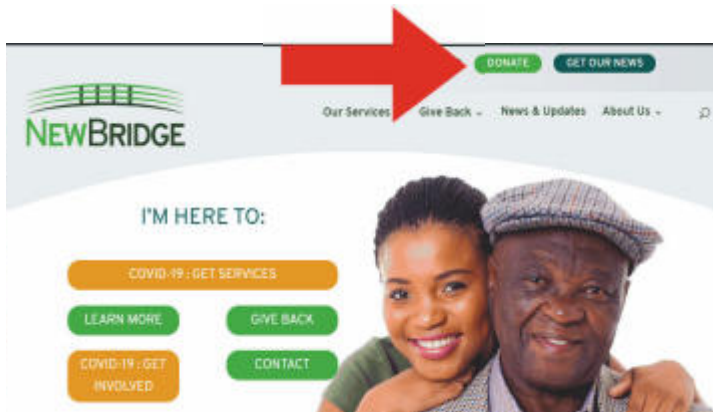


# GET INVOLVED - DONATE

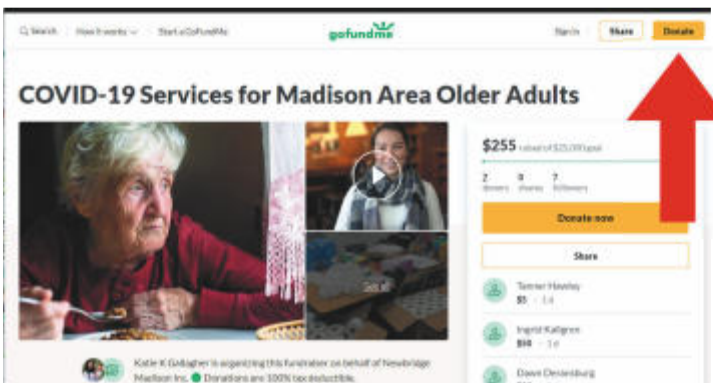
Did you know we have over 19,500 older adults living in Madison WI? These are the people who are being hit hardest by COVID-19 and are unable to leave their home. We know they are going to need our help through this.

Our organization and the older adults in our community rely on the power of donors to provide quality services to those in need especially during this time of uncertainty. **There are a variety of ways you can donate today:**

- Financial donation via our website [newbridgemadison.org](http://newbridgemadison.org)



- Financial donation via Go Fund Me [gofundme.com/covid-19-services-for-older-adults](https://gofundme.com/covid-19-services-for-older-adults)



- Financial donation mailed to our main office at 1625 Northport Dr. #125 Madison 53704
- Cleaning supply and hygiene product donations for our Necessity Kits. Accepted Mondays 10:00 am-Noon at our west office, 5724 Raymond Rd.
- Select NewBridge Madison, Inc. as your charity to receive donations from eligible Amazon purchases! On your first visit to AmazonSmile ([smile.amazon.com](https://smile.amazon.com)) search for NewBridge Madison, Inc. and select our agency. Then start shopping, it's that easy. Amazon will automatically send NewBridge your donations!

**Because of your generous support, as of mid-July we have received over \$98,000 in donations to support our COVID-19 services. Thank you!**

## Incentives to Donate

Did you know, the CARES Act (Coronavirus Aid, Relief, and Economic Security) encourages charitable giving from both individuals and corporations?

**Individuals can deduct up to \$300 of donations, even if they don't itemize on their tax return.** This means that a lot more people can receive a tax benefit from making charitable contributions.

**Elimination of cash donation cap for individuals.** Individuals can now contribute 100% of their adjusted gross income (AGI) in 2020 to public charities if they want. For more information visit [forbes.com](https://forbes.com)





# Summer Concerts

at Warner Park



## SUMMER CONCERTS ON HOLD

The Summer Concerts have been put on hold until we can safely reschedule. As of June 7 and Order #8 imposed by Dane County restricts the number of people allowed at indoor gatherings to 10 and outdoor gatherings to 25 with social distancing. Once we move to Phase 3 of *Forward Dane* up to 250 people are allowed to gather together outdoors. Because our concerts typically draw between 350-600 people we are not permitted to hold the concerts at the Warner Park Shelter until Phase 4. NewBridge is working on alternative ways to hold the concerts in the coming months. *We appreciate your understanding and will keep you posted.*

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# NEWBRIDGE ONLINE CLASSES & ACTIVITIES

For more information, contact Deenah Givens at (608) 512-0000 Ext. 3002 or [DeenahG@newbridgemadison.org](mailto:DeenahG@newbridgemadison.org)



NewBridge is currently offering Zoom classes: Yoga, Exercise, Bingo and Book Club and we share links to other programs on our website too. If you have ideas for Zoom programs please share with Deenah.

**Need help with Zoom so you can participant?** We are offering one-on-one technology help with Sharon! *Contact Deenah to sign up (608) 512-0000 Ext. 3002.*



## ZOOM SENIOR STRETCH & STRENGTH

Mondays & Wednesdays, 9-10:00 am  
Join Becky Ott-Forde for an hour of gentle stretch and strengthening exercises via Zoom. *See NewBridge website for registration information and link to the Zoom invite. [www.newbridgemadison.org](http://www.newbridgemadison.org)*

## ZOOM BINGO!

Friday, August 14 & 28, 1:00-2:00 pm  
Join us for bingo with caller Diana!  
*Contact Deenah to sign up by Friday, August 7, 4:00 pm (608) 512-0000 Ext. 3002.*

## ZOOM EASY YOGA PLUS CLASS

Wednesdays, 10:00-11:00 am

Friday, 1:00-2:00 pm

With instructor Ellen Millar. Registration is required. Donations are appreciated.

*For complete details and to register please visit: [thewonderofyoga.com](http://thewonderofyoga.com).*

## ZOOM TECHNICAL ASSISTANCE

Tuesdays, August 4, 11, 18, 25

9:00-11:00 am

By appointment only via Zoom with Sharon. *Contact Deenah to sign up (608) 512-0000 Ext. 3002.*

## ZOOM BOOK CLUB

1st Wednesday, August 5, 1-2:00 pm  
We will be discussing the book The Boy in the Shadows. The September book will be listed on our website. *See NewBridge website for registration information and link to the Zoom invite.*

[www.newbridgemadison.org](http://www.newbridgemadison.org)

## ZOOM LUNCH HOUR CHAT

Thursday, August 6, 12:00-1:00 pm  
Join Deenah and Jim; bring your lunch, sit in the comfort of your own home and visit with other participants. Hear what NewBridge has been up to, learn about other Zoom programs and hear about future events. We want to hear what you've been up to! *See NewBridge website for registration information and link to the Zoom invite. [www.newbridgemadison.org](http://www.newbridgemadison.org)*



## ZOOM LGBTQ DISCUSSION WITH TICIA—Senior Advocate

3rd Wednesday, August 19, 4:00 pm

Topic: Scams on Seniors with the  
Better Business Bureau

To learn more about these discussions,  
please email [ticiak@lgbtoutreach.org](mailto:ticiak@lgbtoutreach.org).  
See *NewBridge* website for registration  
information and link to the Zoom invite.  
[www.newbridgemadison.org](http://www.newbridgemadison.org)



## ZOOM WISE WOMEN CONNECT

Session One, 6 Week Series

Tuesdays, July 21-Aug. 25, 1-2:30 pm

Through sharing the stories of our lives we  
will build our collective and individual  
strength and wisdom by creating a safe  
place for mutual support and connection  
where we can share our stories.

Pre-registration is required.

See *NewBridge* website for registration  
information and link to the Zoom invite.  
[www.newbridgemadison.org](http://www.newbridgemadison.org)

You must be able to connect to Zoom via  
phone or internet to participate.

Co-Facilitated by Pamela Phillips Olson  
and Deenah Givens

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# ONLINE CLASSES AND ACTIVITIES SURVEY

We are working to make our classes and activities available online.  
**Would you attend?** Please fill out this survey to help us as we plan.  
*You might also get a call from one of our volunteers as we gather data.*

For questions and submission, please contact Deenah Givens, Program Coordinator  
Phone: (608) 512-0000 Ext. 3002 / Email: DeenahG@newbridgemaadison.org  
Mail: 1625 Northport Dr. #125 Madison 53704 / Website: newbridgemaadison.org

Do you have access to a personal computer/tablet? Yes \_\_\_ No \_\_\_

Do you have internet access? Yes \_\_\_ No \_\_\_

If not, do you use a library or other community resource for computer use? Yes \_\_\_ No \_\_\_

Do you have a smart phone? Yes \_\_\_ No \_\_\_

If yes, is it an Apple or Android? Apple \_\_\_ Android \_\_\_

Are you interested in learning basic skills? Yes \_\_\_ No \_\_\_

Would you be interested in learning more about:

\_\_\_ Connecting with health care providers via telehealth

\_\_\_ Setting up and learning how to use MyChart

\_\_\_ Connecting with family or friends via social media

\_\_\_ Setting up an email account \_\_\_ Basic computer skills

\_\_\_ Using video conferencing like Zoom. \_\_\_ Other:

Are you open to online learning? Yes \_\_\_ No \_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

# COMMUNITY INTERNET RESOURCES

## MADISON PUBLIC LIBRARY

The Dream Bus bookmobile is now operating as a mobile WiFi hotspot. Visit during select times in the following neighborhoods, for the full schedule: [www.madisonpubliclibrary.org/locations/dream-bus](http://www.madisonpubliclibrary.org/locations/dream-bus)

**Mondays:** Allied Drive

**Tuesdays:** Moorland-Rimrock, Burr Oaks, Leopold

**Wednesdays:** Mendota Hills, Lake View Hill, Sherman

**Thursdays:** Greater Sandburg, Hawthorne, Truax

**Fridays:** Glendale, Lake Edge, Owl Creek

WiFi network: IBR600B-fe2

Password: 44306fe2

The Madison Public Libraries have started providing public computer services again. Appointments will be available Monday-Friday from 11:00 am until 5:00 pm. *Call (608) 315-5151 to make an appointment starting 11 am on Mondays.*

## INTERNET & PHONE HELPLINE

(608) 267-3595

Callers can get help:

- Finding internet service and discounts
- Determining eligibility for a discount on voice or bundled voice and data service through the Lifeline program



### WE'RE HIRING AD SALES EXECUTIVES



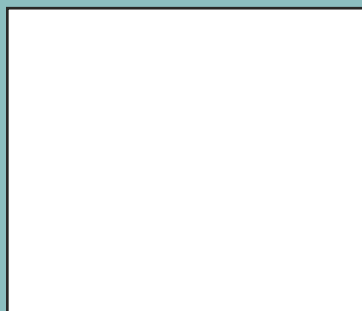
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*Your Community is Looking!*

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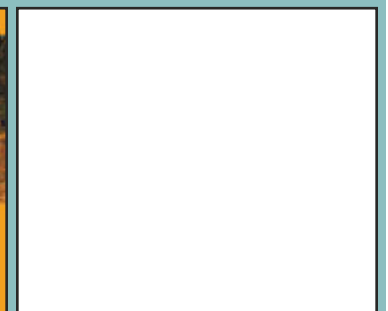


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## ADVERTISE HERE

CONTACT

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[dbudelier@4LPi.com](mailto:dbudelier@4LPi.com) or (800) 950-9952 x2525





NewBridge is partnered with Registered Nurse Gail Owens and Nail Technician Susan Hasey to provide foot care for older adults 60+. We offer non-diabetic and diabetic clinics. The cost is \$20 for non-diabetic and \$25 for diabetic and we ask that you bring two towels.

*Appointments are required and should be made in advance by calling (608) 512-0000.*

**Due to COVID-19, our clinics will slowly reopen when we are prepared to do so.**

### **New Procedure for Foot Clinics:**

- Clients will sit in their car until the volunteer comes out to call them in.
- Clients are required to wear a face mask. If you do not have one, we will provide you with one.

## **EAST MADISON**

Monona United Methodist Church  
606 Nichols Road, Monona  
Tuesday, August 11 & 25, 9:30-11:45 am

## **NORTH MADISON**

~~Door Creek Church~~ **CANCELED**  
1181 N. Sherman Avenue  
Friday, August 14, 9:00 am-Noon  
Thursday, August 20, 9:00 am-Noon

Lakeview Lutheran Church  
4001 Mandrake Road  
Tuesday, August 18, 1:00-2:30 pm

## **MEDICAL EQUIPMENT LOAN CLOSET**

NewBridge provides equipment to check out such as walkers, raised toilet seats, commodes, crutches and more at the East Madison/Monona location, 4142 Monona Dr.

Loan closet items are available to City of Madison and Monona residents. Donations are welcomed.

Call NewBridge to ask if the item you need is available (608) 512-0000 Ext. 2000. The loan closet is open Monday-Thursday 9:00 am-3:00 pm and closed on Fridays.

**We ask that you please wear a mask when you pick up or donate equipment.**


We are currently accepting in-kind donations of these items: shower chairs, tub transfer benches, and four-wheel walkers with seat and brakes.





# Free COVID-19 Community Testing Site

- Alliant Energy Center: 1919 Alliant Energy Center Way, Madison, WI 53713
- Mondays, Wednesdays, Fridays, and Saturdays, 8:00 am-4:00 pm
- Tuesdays and Thursdays, 8:00 am- 8:00 pm



**Anyone and everyone can get a free COVID-19 test at the Alliant Energy Center.**

Cualquier persona puede hacerse la prueba COVID-19 gratis en Alliant Energy Center.

Txhua tus neeg thiab txhua tus tuaj yeem kuaj dawb xwb nyob ntawm Alliant Energy Center.

[publichealthmdc.com/covid19testing](http://publichealthmdc.com/covid19testing)

- Free. Anyone Can Be Tested.
- Drive-thru, bike-up, or walk-up
- No appointments or pre-registration necessary but to avoid long lines, you can pre-register <https://register.covidconnect.wi.gov/>
- No ID is needed and you won't be asked for your immigration status
- Spanish and Hmong translators available
- Free transportation is available by calling the Public Health Transportation Line at (608) 243-0420.

*\*This site will be open until at least August 31.*

*Coordinated by the Wisconsin Department of Health Services and National Guard*



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- > Memory Care > Rehabilitation

**Call 608-663-8600 or email [madisonsales@oakparkplace.com](mailto:madisonsales@oakparkplace.com)**

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[oakparkplace.com/madison](http://oakparkplace.com/madison)




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# NEWBRIDGE ONLINE CLASSES & ACTIVITIES

## AUGUST LATINX ACTIVITIES

Call Valentina Flores at (608) 800-1316 to request access to the meeting.

Por favor, llame a Valentina Flores al (608) 800-1316 para acceder a las reuniones.

Meetings will be in Spanish.  
Se habla español.

## SUPPORT MEETINGS VIA ZOOM

Fridays, August 7–21, 10:00-11:30 am

## REUNIONES DE APOYO

Viernes 7 y 21 de Agosto

Hora 10:00–11:30 am

A través de ZOOM

## MENTAL HEALTH WEBINAR SERIES VIA ZOOM

Fridays, August 14–28, 10:00-11:30 am

## Ciclo de Charlas de Salud Mental en tiempos inciertos

Viernes 17 y 28 de Agosto

Hora

10:00-

11:30 am

A través de ZOOM



## AUGUST LIVING EVERY DAY (LED) ACTIVITIES

LED provides educational, social, and fitness opportunities for active adults 55 and older. Since the pandemic, we have sent out a daily e-newsletter with fun tips, tidbits, and things to occupy your time and mind during the quarantine.

## ZOOM GET TOGETHER

Every Tuesday at 6:00 pm

If you would like to join our group, please send Fil Clissa an email at LED@NewBridgeMadison.org

## UPDATE ON THE OVERTURE COMMUNITY TICKET PROGRAM

Due to COVID-19, Overture will be taking an intermission:

- There will be no public performances or in person events through the end of November, including the community ticket program.
- While the building will be essentially closed, our mission will continue. Please continue to enjoy our digital programming at <https://www.overture.org/arts-from-home>

*Thank you for your understanding and your continued support to Overture Center.*

# COMMUNITY RESOURCES

## TIME TO REQUEST ABSENTEE BALLOT

With the Partisan Primary only five weeks away, the City of Madison Clerk's Office encourages voters who will need to vote absentee by mail to submit their absentee requests soon. There is one week left to register to vote by mail or online before the Aug 11 primary.

Before requesting an absentee ballot, voters might want to verify their registration at [MyVote.wi.gov](http://MyVote.wi.gov). Find out more about absentee voting on the City of Madison Clerk's Office website.

## ADRC IS NOW ON FACEBOOK

Like the Aging and Disability Resource Center on Facebook to get information: [www.facebook.com/ADRC DaneCo](http://www.facebook.com/ADRC DaneCo)



## FREE LEGAL RESOURCE

[www.madisoncollege.edu/legal-clinic](http://www.madisoncollege.edu/legal-clinic)  
For people dealing with: bankruptcy, criminal records, foreclosures, immigration, unemployment compensation, rental housing, victim of crime and MORE.



*Call Independent Living about services and senior housing options today!*

[www.IndependentLivingInc.org](http://www.IndependentLivingInc.org) • 608-274-7900

### The Gardens Retirement Community

602 N. Segoe Rd.  
Madison, WI  
near Hilldale Mall  
608-204-0900

Evening Meals on Wheels  
608-204-0923

Home Modifications  
608-268-9643

Personal Care  
608-268-9645

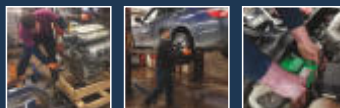
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### Monona Motors

Greg Carlson | Carlos Villota | Fidel Duran



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[Paul@oflanaganlaw.com](mailto:Paul@oflanaganlaw.com)





# COMMUNITY RESOURCES

## MONONA SENIOR CENTER ACTIVITIES

For more information (608) 222-3415

## TOM KASTLE AT FIREMAN'S PARK

Friday, August 21, 10:00 am

Join us for some great music sponsored by Emerson Assisted Living Boutique. We will meet outside at Fireman's Park, Winnequah Road and Progressive Lane, Monona. Picnic tables for seating will be available or bring your own chair. You will be asked to space yourselves 6 feet apart. Space is limited. *Call (608) 222-3415.*

## PONTOON BOAT RIDE

Thursday, August 13, 10:00-11:30 am

This trip is always in high demand and is open to anyone 50 years of age and better as we launch from Tenney Boat Pier at 1615 Sherman Avenue for a 1.5 hour ride around the lake. Masks are required, so please bring yours. Limited transportation will be provided from the Monona Senior Center departing at 9:15 am and returning at noon. Space is limited to the first 20 that register. Cost for the boat ride is \$10. Please indicate you would like transportation and if you use a wheelchair when you *call at (608) 222-3415.*



## HOW TO ZOOM

Tuesday, August 11, 10:00 am or

Thursday, August 27, 1:00 pm

Everybody's doing it - Zoom meetings are offered so often right now, if you don't know or aren't comfortable with this technology, you may feel left behind.

We want to offer an in-person class that will show you the basics of using Zoom to connect with others. Two identical sessions are being offered so please only register for one. Feel free to bring your portable device (iPad, cell phone) and we can help you get set up. *Please mention which date you are able to attend. Call (608) 222-3415 if interested.*

## OTHER RESOURCES

### YOGA IN THE PARK

Class day and time will be announced a week in advance for "good-weather" *For more information contact Ellen Millar at (608) 444-4058 and leave a message or use the contact form on the website [www.thewonderofyoga.com](http://www.thewonderofyoga.com).*

### LGBTQ MEET UPS for 50+

To learn more about these Meet Ups please email [info@lgbtq50plusalliance.org](mailto:info@lgbtq50plusalliance.org)

- **Gay, Gray and Beyond—via Zoom**  
2nd & 4th Thursdays, 1:00-3:00 pm
- **Coffee, Tea, Smoothie Time—via Zoom**  
Every Other Monday, 2:00 pm



As of July 13, Public Health is requiring people 5 years and older in Dane County to wear a mask that covers your nose and mouth when you are indoors in public settings. That includes places like businesses, hospitals and clinics, waiting in line and on city buses. Exceptions are made for certain activities like eating at a restaurant, but during those activities, you must stay six feet away from people outside of your household.

All face coverings, even cloth ones, may provide some level of protection from COVID-19. They also signal to others that you're serious about staying healthy and preventing the spread of COVID-19. Wearing a mask also protects others. A lot of people with the virus have no symptoms or mild symptoms.

### Do you need a mask?

Give us a call and we will help you get one!

You can also request one through Dane County Mask Makers  
[www.danecountymaskmakers.com/](http://www.danecountymaskmakers.com/)  
 More information on the Public Health Website: [www.publichealthmdc.com/coronavirus/masks](http://www.publichealthmdc.com/coronavirus/masks)



### Norwegian American Genealogical Center & Naeseth Library

415 West Main Street • Madison, WI 53703-3116  
 Phone 608-255-2224

Website [nagcnl.org](http://nagcnl.org) • Email [genealogy@nagcnl.org](mailto:genealogy@nagcnl.org)  
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\*Wisconsin Department of Health Services Options Scorecard data for IRIS Consultant Agencies, July 2019

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**DON'T SHOP. AD PAW PT.**



## TO OUR 2020 DONORS... THANK YOU!!

Thank you to our generous 2020 donors  
who gave between January-July:

**\$5,000**

Jacklyn DaWalt

**\$1,000-\$1,499**

Cheryl Batterman

David and Teresa Kinney

Steven Landkamer

Lauren and Douglas Plowman

Shirley Raymakers

Shaarei Shamayim

Catherine and George Tesar

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Walt Stewart

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Veronica Guski

Christopher Kleinhenz

Daniel Pechauer

Kathleen Poi

Tyson Schmidt

Laura Stein

Marvin Strehlow

### MEMORIALS

Wava Grinde, Memory of Kenneth Grinde

Joyce Williams, Memory of Adell Betts

## TO OUR COVID PARTNERS... THANK YOU!!

**We wouldn't be able to help our older adults through this pandemic without our following partners:**

- American Family Insurance-DreamBank
- Area Agency on Aging-Dane County
- City of Madison
- City of Monona
- Dane County Department of Human Services Transportation Programs
- Dane County Mask Makers
- Doundrins Distilling
- Edgewood College students
- FEED Kitchens
- Gallagher Tent and Awning
- Kavanaugh's Esquire Club
- League of Women Voters

- LJ's Sports Tavern and Grill
- Madison Community Foundation
- Middle Outreach Ministry Food Pantry
- Messiah Lutheran Church
- Monona Senior Center
- Mt. Zion Baptist Church
- Northside Business Association
- RSVP of Dane County
- Schlecht Family Foundation
- SSM Health at Home-Meals on Wheels
- St. Vincent de Paul Food Pantry
- The River Food Pantry
- Transit Solutions
- United Way of Dane County
- Willy St. Co-Op
- Our **HUNDREDS** of **VOLUNEERS** and **DONORS**



BLACK  
TIE  
BINGO

## BAD NEWS

The Coronavirus outbreak has significantly impacted our 2020 fundraising efforts and due to the circumstances, **we have cancelled our October Black Tie Bingo reschedule date.**

## GOOD NEWS

We have set our 2021 Black Tie Bingo date for **Thursday, May 6, 2021, 6:00-9:00 pm at the Monona Terrace**  
*We hope you will join us in 2021.*

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# REGULAR SERVICES AND ACTIVITIES

## Case Management

*“Your connection to community resources”*

Provides older adults support needed to live independently by identifying resources and coordinating services. Information, referrals, and advocacy provided through case management home visit assessments of each older adult’s individual needs. Both short-term information and ongoing support available. Free for eligible Madison/Monona older adults (60+). Private Pay Case Management available.

## Home Chore

*“Your connection to helping hands”*

Matches Case Management clients who need basic household chore help with individual volunteers/volunteer groups who provide assistance and friendly visitation. Free for eligible Madison/Monona older adults (60+).

## Food Bridge

*“Your connection to wholesome groceries”*

Offers monthly food pantry delivery for Case Management clients at nutritional risk throughout Madison and Monona. This service is a collaboration between NewBridge Madison, the River Food Pantry, and RSVP of Dane County. Free for eligible Madison/Monona older adults (60+).

## Bridge Buddies

*“Your connection to a friendly caller”*

Offers weekly friendly chats or daily reassurance calls for Case Management clients. Free for eligible Madison/Monona older adults (60+).



## Nutrition Sites

*“Your connection to nutritious meals”*

Serves nutritious weekday meals and provides socialization for older adults at multiple Madison/Monona locations. Details listed in monthly newsletter and website. Cost for older adults (60+) is an anonymous donation. Cost for 60 and under, full cost of meal. Transportation available through Transit Solutions with donation. 24-hour advance reservations required for meal and transportation.



## Representative Payee & Guardianship Service

*“Your connection to trained volunteers”*

Connects vulnerable older adults with trained volunteers who serve as payees or guardians. The volunteer manages the social security benefits for the older adult and ensures the older adult’s basic needs are met. Free for Dane County older adults. Representative Payee (60+), Guardianship (50+).

## Medical Equipment Loan Closet

*“Your connection to health equipment”*

Provides health equipment items to check out. Equipment available may include wheel chairs, walkers, canes, shower chairs, and more. Available to City of Madison or Monona residents for a donation.

## Cultural Diversity Activities

*“Your connection to your peers”*

Activities for African American and Latinx older adults to help reduce isolation and connect older adults to community services. Activities focus on socialization and health education. Latinx activities offered in Spanish only. Free for African American and Latinx Dane County older adults (60+).



## Classes & Activities

*“Your connection to golden opportunities”*

Social, educational, and exercise classes at various community sites. Details listed in monthly newsletter and website. Free or low cost for older adults (60+) with scholarships available.

## LED Activities (Living Every Day)

*“Your connection to enjoyable experiences”*

Activities for the young at heart who have a sense of energy and enthusiasm. These activities include educational, social, and fitness opportunities. For older adults (55+) who live in Madison and Monona. Any expenses are paid for by the participant.

**COVID-19 Specific Services on page 4.**

## 2020 FRIENDS OF NEWBRIDGE ENROLLMENT FORM

Name: \_\_\_\_\_

Additional Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

How would you like newsletter?  Mail  Email  Both  None



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- \$ 30 Family Friend (2 Cards)
- \$ 50 Silver Friend (2 Cards)
- \$ 100 Golden Friend (2 Cards)
- \$ \_\_\_\_ Additional Donation

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Mail the form & payment to NewBridge, 1625 Northport Dr. #125, Madison 53704.

You can also purchase a friendship on our website at [newbridgemadison.org](http://newbridgemadison.org). **Dues will be renewed annually.**

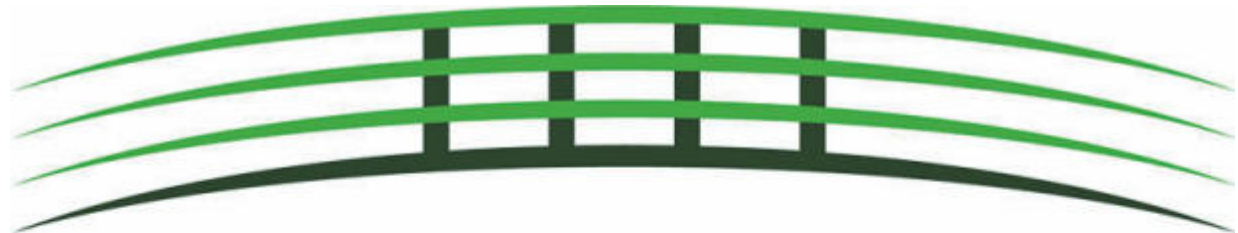
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