

NEWBRIDGE NEWS

Your Connection to Successful Aging

MAY 2023

NEWBRIDGE
MUSIC
FOOD
FUN
FOR EVERYONE

SUMMER CONCERTS

June 12: **ART LIT LAB** & The Madison Jazz Festival Present: Latin Jazz Band
 June 19: Frank Martin Busch & the Names
 June 26: Sista' Sensei
 July 10: Universal Sound
 July 17: Eddie Butts Band
 July 24: Ladies Must Swing

WARNER PARK
Community Recreation Center

Humana

All of Us
RESEARCH PROGRAM
The Future of Health Begins With You

NewBridge will be closed Thursday, May 11, Noon-4:00 pm for staff appreciation, Thursday, May 25, Noon-4:00 pm for staff training, & Monday, May 29 for Memorial Day.

**CHECK OUT
WHAT'S
INSIDE!**

- 02 General Information
- 03 NewBridge Staff
- 04 NewBridge Services & Activities
- 09-11 NBU : Diversity & Inclusion Activities
- 12-14 NBU : Classes & Activities
- 16 Foot Care Clinics & Loan Closet
- 17 Celebrating the Life of Mary Hill
- 18-19 Volunteer Opportunities
- 20-22 Nutrition Program
- 24 Friends of NewBridge & Donation Form
- 25 Case Management & Walk-In Hours
- 26 Farmer's Market Vouchers

newbridgemadison.org

(608) 512-0000

GENERAL INFORMATION

MISSION

Providing older adults a bridge to successful aging.

VISION

A Community Where All Older Adults Live Their Best Life.



A LETTER FROM THE DIRECTOR...

May is high blood pressure education month. 70% of older adults have high blood pressure. Many don't realize it because there are often no symptoms. Less than half have it checked regularly. This is concerning because high blood pressure increases risk for diabetes, heart disease, heart failure and kidney disease. It may also cause vision loss, dementia, and strokes. Taking your pressure readings daily helps manage your health. Last year NewBridge distributed 40 blood pressure monitors to older adults. Regular exercise, quitting smoking and a low sodium diet with fruit and vegetables is also important. Educate yourself and your loved ones to monitor blood pressure daily to reduce the risk of significant health issues.

Jim Krueger

CONTACT US

Phone: (608) 512-0000

Fax: (608) 299-0700

Email: info@newbridgemadison.org

Website: newbridgemadison.org

Office Hours: Monday-Friday, 8:00 am-4:00 pm

*See East Office Hours Below

NORTH OFFICE

1625 Northport Drive #125, Madison, WI 53704

WEST OFFICE

5724 Raymond Road, Madison, WI 53711

EAST OFFICE/LOAN CLOSET

505 Cottage Grove Road #200, Madison, WI 53716

*Hours: Monday-Thursday, 8:00 am-3:00 pm

Follow us! NewBridge Madison



BOARD OF DIRECTORS

- SARA CAMACHO, *President* - Public Health Supervisor, Public Health Madison & Dane County
- LAURA STEIN, *Vice President* - Member at Large or Community Member
- TIM CONROY, *Treasurer* - Executive Director, Capitol Lakes Community
- AMY DEVINE, *Secretary* - Attorney, Haskins Short & Brindley
- ERIN FABRIZIUS - Public Affairs Counselor, Blumenfeld and Associates
- STEPHANIE MUNOZ - Project and Community Engagement Associate, Kids Forward
- JENNIFER SIMON-VOHS - Supervisor of Care Coordination Services at UnityPoint Health - Meriter

Thank you to our Funders:



Friends of NewBridge

Housing Partners:
Point Place Apartments
Sherman Glen Apartments

NEWBRIDGE STAFF

- JIM KRUEGER, Executive Director Ext. 3005
- KATIE GALLAGHER, Associate Director Ext. 4001
- DEB TEMERBEKOVA, Executive Assistant Ext. 4000
- JOE NEUMAIER, Administrative Assistant Ext. 2000

- ALIRIO PARDO, Bilingual Case Manager - español Ext. 1007
- ALLISON BOWE, Case Manager Ext. 2005
- EBONIE BROOKS, Case Manager Ext. 2009
- EMILY MENDOZA, Case Manager Intern Ext. 1003
- EMMA HOIBY, Case Manager Intern Ext. 1008
- JENN GARCIA-LUDOLPH, Case Manager Ext. 1009
- JENNIFER BROWN, Case Manager Supervisor Ext. 2003
- JODI EVANS, Case Manager Ext. 2008
- JODIE CASTANEDA, Case Manager Supervisor Ext. 1004
- KAYLEIGH COLOSO, Bilingual Case Mngr. - español Ext. 2004
- MAUREEN QUINLAN, Case Manager Ext. 4003
- MEGAN KULINSKI, Case Manager Ext. 3004
- RACHEL MAEL, Case Manager Ext. 4002
- SAMMY AZUMA, Case Manager Lead Ext. 1005
- SUSAN WATSON, Case Manager Ext. 1006
- VANINA MIGUEL, Bilingual Case Manager- español Ext. 1001

- KATHLEEN PATER, Mental Health Specialist Ext. 3007
- KATY POLICH, Mental Health Specialist Ext. 2002

- DAVID WILSON, Marketing Manager Ext. 2006
- KATIE BRIETZMAN, Community Outreach & Support Specialist Ext. 1002
- KEISHA FURNISS, Volunteer Coordinator Ext. 3008

- DEANA WRIGHT, Diversity & Inclusion Program Mgr. Ext. 2007
- DEENAH GIVENS, Program Coordinator Ext. 3002
- JEANETTE ARTHUR, Diversity & Inclusion Program & Fund Development Assistant Ext. 4007
- KATIA VINE, Diversity & Inclusion Program Coord. Ext. 3009

- CANDICE ALEXANDER, Nutrition Manager Ext. 4006
- ETHEL RANDLE, Nutrition Coordinator —
- FAITH SWINBURNE, Nutrition Coordinator —
- JUDY CAMPBELL, Nutrition Site Assistant —
- KRISTEN HUBER, Assistant Nutrition Manager Ext. 2001
- NANCY THOMPSON, Nutrition Coordinator —
- STANLEY GRAHAM, Nutrition Coordinator —

All services and programs are offered without regard to race, gender, religion, color, creed, disability, sexual orientation, political beliefs, marital status, national origin, ancestry, age (where applicable), or any other basis prohibited by applicable law. Clients, participants, and volunteers are encouraged to report any discrimination relating to service delivery by NewBridge to the Executive Director or Board President, in writing.

ID Statement: The May (issue 5) of "NewBridge News" newsletter is a monthly publication that is mailed free of charge to NewBridge Friends and clients. Madison and Monona residents may pick up an issue at their local library. This newsletter contains at least 25% non-advertising. The NewBridge North office is located at 1625 Northport Dr. #125, Madison, WI 53704.





Custom Care Plan

Free Assessment

Visits from 3 hours to 24/7

Age in place with the help of
Visiting Angels
608-819-0665
www.VisitingAngels.com/MadisonWI



Care and comfort at a moment's notice.
Help care for those who have cared for us
Now Hiring Caregivers
* Flexible Hours * Training Provided
* Great Team * Top Pay
Apply Today 608-729-5365
www.seniorhelpers.com/wi/madison



Managed With Care®
bmcmadison.com



DYKMAN'S TIME SHOP

◆ Watches and Clocks ◆
◆ Sales and Service ◆
Tuesday-Friday 9-6 • Saturday 9-2
www.dykmans.com
BRING IN AD FOR 10% OFF ANY PURCHASE
2701 University Avenue • 233-1444

TOUR ALL THREE

RETIREMENT HOUSING
Independent Living Apartments & Communities

Edgerton Retirement Apartments
505 Stoughton Rd., Edgerton | (608) 884-9009
era@bmcmadison.com
Lovely apartment community nestled in a quiet park-like setting with 24 one-bedroom apartments including a community kitchen and dining area.
2021 & 2022 BEST OF EDGERTON AWARD

Genesis Apartments
230 S. Oak St., Oregon | (608) 835-8600
customerservice@genesishousinginc.org | genesishousinginc.org
Affordable apartment community with 56 one- and two- bedrooms located in the heart of downtown Oregon and Brooklyn. Our rent includes all utilities!

Greenspire Apartments
924 Jackson St., Stoughton | (608) 873-7855
greenspire@sbcglobal.net
Located a few blocks from downtown Stoughton, over 90 one- and two-bedroom apartments that are convenient to shopping, hospital and doctors.
All properties including 24-hour emergency maintenance, attentive onsite management, onsite laundry and parking. Affordable communities for those 62+ and/or disabled. Income limits apply, rental assistance may be available.



Equal Opportunity Provider

SERVICES AND ACTIVITIES

Case Management

Provides older adults support needed to live independently by identifying resources and coordinating services. Information, referrals, and advocacy provided through case management home visit assessments of each older adult's individual needs. *Free for eligible Madison/Monona older adults (60+ or 50+ with MA Benefit). Sponsored in part by CUNA Mutual Group Foundation.*

Food Bridge

Offers monthly food pantry delivery for Case Management clients at nutritional risk throughout Madison and Monona. *Free for eligible Madison/Monona older adults (60+). Sponsored in part by Dan and Patti Rashke (TASC) Family Foundation.*

Home Chore

Matches Case Management clients who need basic household chore help with individual volunteers/volunteer groups who provide assistance and friendly visitation. *Free for eligible Madison/Monona older adults (60+). Sponsored in part by Madison Rotary Foundation.*

Medical Equipment Loan Closet

Provides health equipment items to check out. Equipment available may include wheel chairs, walkers, canes, shower chairs, and more. *Available to City of Madison and Monona residents.*

Mental Health Resources

Supports older adults in the case management program with mental health needs and help access community resources to address their needs. *Free for eligible Dane County older adults.*

NewBridge University

Social, educational, exercise classes, and support groups to increase socialization and healthy aging opportunities with some programs designed specifically for Black and Hispanic older adults. Hispanic activities offered in Spanish only. *Free or low cost for older adults (60+) with scholarships available.*

Nutrition Dining Sites

Serves nutritious weekday meals and provides socialization at multiple Madison/Monona locations. Cost is an anonymous donation. Transportation available through Transit Solutions with donation. Advance reservations required for meal and transportation. *Sponsored in part by Dan and Patti Rashke (TASC) Family Foundation.*

Representative Payee & Guardianship Service

Connects vulnerable older adults with trained volunteers who serve as payees or guardians. The volunteers may make health care decisions, or manage social security benefits, and more. *Free for Dane County older adults (60+).*

MAY IS MENTAL HEALTH AWARENESS MONTH

Our Mental Health Resources program supports older adults in the case management program connect with mental health resources to address their needs. The program serves all case management clients from the focal points throughout Dane County.

Focal point case managers have been challenged with serving older adults whose mental health behaviors threaten their health, living situation, food security, and safety, yet these older adults may not have a mental health diagnosis or receive treatment. This program assists and provides support to focal point case managers to effectively help older adults with chronic mental health issues.



Kathleen Pater, LCSW



Katy Polich, LCSW

Mental Health Specialists

WE'RE HIRING! AD SALES EXECUTIVES



BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers

LET'S GROW YOUR BUSINESS Advertise in our Newsletter!

CONTACT ME
Ruth Schlitz

rschlitz@lpicommunities.com
(800) 950-9952 x2671



AFFORDABLE HOUSING IN YOUR NEIGHBORHOOD

1, 2, and 3 Bedroom Apartment Homes For Rent

Specializing in Affordable Housing for Seniors, People with Disabilities, and Families
MADISON • MONONA • MIDDLETON • SUN PRAIRIE • MCFARLAND • COTTAGE GROVE
online at meridiangroupinc.net • Toll Free 1.800.236.6262



For ad info. call 1-800-950-9952 • www.lpicommunities.com

New Bridge, Madison, WI

B 4C 01-2049

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM

GREENTREEGLEN SENIOR APARTMENTS

62+ 1 & 2 bedroom apartment homes

608-274-5161

732 Struck Street, Madison

greentreeglen@horizondbm.com



www.horizon seniorhousing.com

Professionally managed by Horizon Management



608-442-1898

579 D' Onofrio Drive, Suite 10
Madison WI 53718



**Comfort
Keepers®**

www.ckmadison.com



An international network of independently owned and operated offices. ©2009 CK Franchising, Inc.

IN-HOME CARE

- Companionship • Meal Preparation
- Light Housekeeping • Laundry
- Incidental Transportation
- Medication Reminders
- Grooming & Dressing Guidance

PERSONAL CARE SERVICES

- Bathing • Oral Hygiene
- Transferring & Positioning
- Incontinence Care & Toileting

**SPECIALIZING IN
ALZHEIMER'S, PARKINSON
AND DEMENTIA CARE**



Want to save energy?

Make *mge.com* your first stop

- Get easy, low-cost ways to save energy
- Use calculators to estimate your savings
- View energy-saving brochures
- Learn about Focus on Energy

Interested in our energy future?

Visit: energy2030together.com



GS3218 3/28/2018

your community energy company



For ad info. call 1-800-950-9952 • www.lpicommunities.com

New Bridge, Madison, WI

C 4C 01-2049

2022 YEAR END FINANCIAL REPORT

Summary:

NewBridge is so grateful to everyone who supported our agency in 2022. We were able to help so many older adults in need of assistance.

In 2022, our operating budget increased by 13%. In addition, we sold our property on Monona Drive. Our net income was \$26,737 and \$323,044 when including the profit from selling our property.

NewBridge is on solid financial ground with \$1,324,957 in total assets and \$374,616 in liabilities.

Thank you for your continued support!

Revenue	2021	2022
Dane County Human Services	\$1,260,248	\$1,392,972
City of Madison	\$584,157	\$584,159
City of Monona	\$57,109	\$58,438
United Way of Dane County	\$33,793	\$56,742
Grants and Sponsorships	\$169,219	\$213,833
Fundraising Events	\$16,472	\$18,291
Friends of NewBridge	\$15,566	\$13,877
Individual Donations	\$36,002	\$35,630
Endowment/Interest	\$5,314	\$8,461
Program Income/ Other Revenues	\$43,505	\$37,242
Grants Carried Over to 2023		\$88,500
Gain on Sale of Property		\$296,307
Total Income	\$2,221,385	\$2,804,452
Expenses	2021	2022
Personnel Salaries and Benefits	\$1,621,088	\$1,911,449
General Operations	\$185,400	\$181,950
Nutrition Site/COVID Meals	\$120,921	\$87,686
Other Program Expenses	\$154,787	\$181,200
Building/Rent Expenses	\$116,013	\$119,123
Total Expenses	\$2,198,209	\$2,481,408
Net Income	\$23,176	\$323,044

NEWBRIDGE UNIVERSITY (NBU)



At NewBridge University we strive to engage, support and unite older adults.

As we age our learning path may look different, the manner in which we learn may change, and our learning curve might be steeper - but we never stop learning. All of our program offerings under our Diversity & Inclusion and Classes & Activities, will fall under NBU. Some of our classes will be offered to specific groups, to help provide a safe space where participants can share and express themselves with older adults who look like them and share similar life experiences. For each class, activity, or program that you attend you will earn credits. These credits are redeemable for NBU swag at our end-of-year celebration. Credits will be tracked by a system and we will have a way for you to track credits too.

To learn more or sign up for classes, visit our website, see our newsletter or contact our staff.

PAGES 9

Classes and Activities for Black Older Adults
Deana Wright, Diversity and Inclusion Manager
(608) 512-0000 Ext. 2007
DeanaW@newbridgemadison.org

PAGES 10-11

Classes and Activities for Hispanic Older Adults
Katia Vine, Diversity and Inclusion Coordinator
(608) 512-0000 Ext. 3009
KatiaV@newbridgemadison.org

PAGES 12-14

General Classes and Activities
Deenah Givens, Program Coordinator
(608) 512-0000 Ext. 3002
DeenahG@newbridgemadison.org

En la Universidad NewBridge (NBU), trabajamos en relacionar, apoyar y unir a adultos mayores.

Conforme nos vamos haciendo mayores nuestro camino de aprendizaje suele cambiar, aprendemos de diferentes maneras, o a veces puede ser más difícil - sin embargo, nunca dejamos de aprender. Todos nuestros programas, de Diversidad e inclusión, las clases y actividades, ahora pertenecerán a NBU. Algunas de nuestras clases serán dirigidas a grupos específicos, para ayudar a proveer un ambiente seguro, donde los participantes podrán compartir y expresarse con otras personas que hayan compartido experiencias similares.

Por cada clase, actividad, programa al que asista, usted ganará créditos. Estos créditos los podrá canjear por artículos de NBU el día de nuestra celebración de fin de año.

El récord de sus créditos será registrado por un sistema, y también podrá mantener cuenta de sus créditos.

Para más información, visite nuestra pagina web, lea nuestro periódico y regístrese en clases o comuníquese con nuestro personal.

NBU : BLACK DIVERSITY & INCLUSION CLASSES & ACTIVITIES



NewBridge University (NBU) ~ *a community of lifelong learners.*
 Earn credits for our classes, activities, or programs that you attend.
 Credits are redeemable for NewBridge swag at the end-of-year celebration.
 Below activities are developed for Black older adults that focus on socialization,
 health education, and support groups. *Free for Black older adults (60+) in Dane County.*

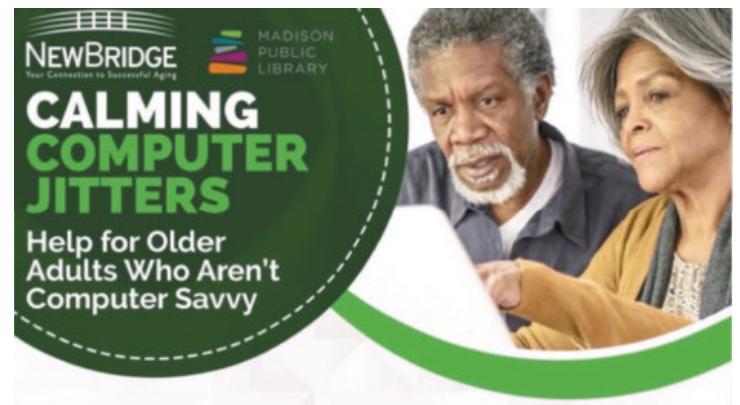


CONTACT DEANA:
 (608) 512-0000 Ext. 2007
 DeanaW@NewBridgeMadison.org



CONTACT JEANETTE:
 (608) 512-0000 Ext. 4007
 JeanetteA@NewBridgeMadison.org

Masks are recommended for all in-person programs and activities. To register and/or request transportation, contact Deana.



Grab your laptop and join us at Mt. Zion Baptist Church 2019 Fisher Street for an afternoon of easy-to-understand instruction.
WEDNESDAY, MAY 17
 Call Deana to sign up. A light lunch will be served.

DIABETES SUPPORT GROUP

SUPPORT
Join us for a free monthly support group for Black older adults who have diabetes

SHARE
Third Tuesday of every month
12:00 p.m.-1:00 p.m.
Burr Oaks Community Room - 2417 Cypress Way

LEARN
Each month will focus on a different diabetes topic with guest speakers, cooking demonstrations, self-management tools and an opportunity to learn

REGISTER TODAY! (608) 512-0000 Ext. 2007

THINK CAP CAFE

Connect virtually with other older adults and have fun playing brain-engaging games and activities, that may delay, prevent or lower the risk of memory decline.

Thursdays at 11:00AM on Zoom

NBU : CLASES Y ACTIVIDADES DE DIVERSIDAD E INCLUSIÓN



La Universidad de NewBridge (NBU) ~ Una comunidad de aprendizaje continuo. Gane crédito por cada clase, actividad, o programa en el que participe. Los créditos luego los podrá intercambiar por artículos de NewBridge en la celebración de fin de año. A continuación se encuentran las actividades desarrolladas para adultos mayores Hispanos, las cuales se enfocan en socialización, educación de la salud, y grupos de apoyo. Estas clases son gratuitas para adultos mayores Hispanos (60+) que viven en el condado de Dane. Actividades solo en español. Activities in Spanish only.



**CONTACTE A
KATIA:**

**(608) 512-0000
Ext. 3009**

**KatiaV@
NewBridge
Madison.org**

*Consulte el sitio web de NewBridge para obtener el enlace Zoom
www.newbridgemadison.org.*

EDUCACIONAL

CLASES DE ESL (INGLÉS) CON LITERACY NETWORK - En persona - 1 crédito

Lunes y Miércoles 23 de enero-3 de mayo
10:00-11:00 am

Warner Park, 1625 Northport Drive
Los participantes aprenderán a hablar y a comunicarse en inglés. ¡ Ellos escogerán los temas para estudiar! Las clases están disponibles otros días y horarios. Se proveerá transporte.

LA CAFETERIA DE LA MEMORIA: Zoom - 1 crédito

Jueves de 2:00-3:00 pm
Entrene su memoria, percepción, atención, concentración y más, a través de retos y actividades divertidas. Las hojas de práctica se enviarán todos los viernes.

LA REUNIÓN: En Persona y Zoom - 1 crédito

Viernes 5, 19, 26 de mayo, 10:00-11:30 am
Conversaremos acerca de temas relevantes sobre la salud y el bienestar para la comunidad latina.

May 5 – Medicaid

May 19 – Agrace

May 26 – UWCU – Poder Legal Financiero

EJERCICIOS

YOGA SUAVE (MSCR): Zoom - 1 crédito

Lunes del 3 de abril al 10 de junio
10:15-11:15 am

Practique yoga de pie, sentado(a), y/o acostado(a) sobre un tapete o colchoneta de yoga, para aliviar el estrés, fortalecer el sistema inmunológico y mejorar su bienestar general.



SOCIAL

BINGO BILINGÜE: En persona - 1 crédito

Viernes 5 de mayo, 10:15 am-12:30 pm

En El Warner Park

Se proveerá transporte.

Regístrese antes del 28 de abril

SOCIAL

CIRCULO DE TAMBORES

INTERGENERACIONAL: En Persona - 5 crédito

Del 25 de abril-23 de mayo, 10:00 am
Warner Park, 1625 Northport Dr.

Todos son bienvenidos a este círculo de tambores.



Intergeneracional
CIRCULO DE TAMBORES
TODOS SON BIENVENIDOS
ABRIL 25
MAYO 2, 9, 16 Y 23
10AM-11AM
LUGAR:
WARNER PARK
1625 NORTHPORT DR

SABIA QUE EL TOCAR TAMBORES PUEDE AYUDAR CON LAS CONECCIONES SOCIALES, REDUCE LA TENSION, ANSIEDAD Y SENTIMIENTOS NEGATIVOS, NOS HACE REIR Y ESTAR DE BUEN HUMOS, ADEMAS NO DA ENERGIA POSITIVA!

PARA MAS INFORMACIÓN, COMUNIQUESE CON KATIA V AL 608-800-1316 O KATIAV@NEWBRIDGEMADISON.ORG

WARNER PARK
NEW BRIDGE
ARTS FOR ALL

CÍRCULO DE AMIGOS: Zoom - 1 crédito

Miércoles el 10 de mayo, 1:00-2:00 pm
Conéctese por Zoom ¡Venga a tomarse un cafecito y conversar en un ambiente familiar y amical para conocernos mejor!

DIA DE SPA: En Persona - 5 créditos

12 de mayo, 10:00 am-1:00 pm
Warner Park, 1625 Northport Dr.
Venga a celebrar el día de las Madres y pase un día lleno de tratamientos de Spa, desde faciales, uñas, meditación y más!
Transporte, Desayuno, y almuerzo incluido

CICLO DE VERANO: En Persona y por zoom - 1 crédito

31 de mayo-19 de agosto, 10:00-11:00 am
¡Regístrese Ya! Se proveerá transporte.

SALUD Y BIENESTAR

EL RINCÓN DE LA SALUD: Zoom - 1 crédito

Cada 3er miércoles del mes 17 de mayo
1:00-2:00 pm

Acompáñenos a conversar acerca del corazón con la Dr. Waldely

COME BIEN, MANTÉNGASE ACTIVO:

En Persona - 1 crédito

Miércoles 31 de mayo (Cupo limitado)
De 10:30 am-12:00 pm

FoodWise – Fen Oak Dr. Madison, WI
Venga a probar y aprender a hacer recetas saludables para usted y su familia

ARTE Y BUENAS INTENCIONES:

En Persona - 5 créditos

Del 2 de mayo-16 de mayo
10:00 am-12:00 pm

Warner Park, 1625 Northport Dr.
(Cupo limitado a 12 por clase)

Para las personas que viven en el Este/
Norte de Madison

Del 23 de mayo-6 de junio

10:00 am-12:00 pm

Centro de Adultos Mayores de Fitchburg
Para las personas que viven en el Oeste/
Sur de Madison



ARTE Y BUENAS INTENCIONES
MARTES 10-12PM

NBU : CLASSES & ACTIVITIES



NewBridge University (NBU) ~ a community of lifelong learners. Earn credits for our classes, activities, or programs that you attend. Credits are redeemable for NewBridge swag at the end-of-year celebration. Below are activities are developed for Madison and Monona area older adults that focus on socialization, health education, and support groups.



CONTACT DEENAH:
(608) 512-0000
Ext. 3002
DeenahG@NewBridgeMadison.org

Welcome to the NewBridge hybrid model of programming where we offer both in-person and virtual (Zoom) programs, presentations, gatherings and more. *See [NewBridge website for the Zoom link, www.newbridgemadison.org](http://www.newbridgemadison.org). Masks for in-person activities will be determined on a program-by-program basis.*

SOCIAL

WESTSIDE WARBLERS: In-Person - 1 credit

Monday, May 1, 11:00 am-12:30 pm
Middleton Senior Center, 7448 Hubbard Ave
Tuesday, May 16, 6:00-7:30 pm
Dale Heights Church, 5501 University Ave.
Accompanists Robert and Patricia Stone.
Refreshments provided. For more information, contact Ellie (608) 230-6704

PING PONG: In-Person - 1 credit

Mondays, 9:00 am-Noon
Wednesdays, 1:00-3:00 pm
Warner Park, 1625 Northport Dr.

GAMES: In-Person - 1 credit

Warner Park, 1625 Northport Dr.
BUNCO, Mondays, 2:00-4:00 pm
EUCHRE, Tuesdays, 1:00-3:00 pm
MAH JONG, Thursdays, 1:00-3:00 pm

SASSY STEPPERS: In-Person - 1 credit

Tuesdays, 2:00-3:00 pm
Warner Park, 1625 Northport Dr.
If you love to dance, enjoy performing, and meet new friends, come join us!

CARD MAKING CLUB: In-Person - 1 credit

Wednesday, May 10, 1:00-3:00 pm
Warner Park, 1625 Northport Dr.
If you are crafty and enjoy making cards for others, please join us!

BINGO: In-Person - 1 credit

Fridays, 10:15-11:15 am
Warner Park, 1625 Northport Dr.
Join caller Diana D. for BINGO. You can play up to 4 cards; each card costs 50 cents. Winner wins \$1.00. Bilingual Bingo is on the 1st Friday of each month.

BOOK CLUB: Zoom - 1 credit

Wednesday, May 3, 10:00-11:00 am
Warner Park, 1625 Northport Dr.
Our May book is: Settlin' Stories of Madison's Early African American Families by local author Muriel Simms. You are responsible for getting and returning your book. Available at Lakeview Library.

SEWING CLUB: In-Person - 1 credit

Thursday, May 4 & 18, 9:00 am-Noon
Warner Park, 1625 Northport Dr.

Light mending for older adults.

HOW TO GET YOUR ITEMS MENDED:

Bring your items (3 maximum) into the NewBridge North Office, 1625 Northport Drive, Suite 125, and leave them with our front desk volunteer and our volunteers will mend. No charge, donations welcome!

EXERCISE

CHAIR YOGA: In-Person - 1 credit

Thursdays, 10:30-11:30 am

Warner Park, 1625 Northport Dr.

Join Instructor Kim S. as she leads you through a series of gentle stretch and yoga movements from standing or seated positions. For all ability levels.

***NEW* CHAIR YOGA: In-Person - 1 credit**

Lakeview Library, 2845 N Sherman Ave.

Mondays, Starting May 8, 1:00-2:00 pm

To register contact Deenah OR call Lakeview Library at (608) 246-4547 or register online at madpl.org/events.

EASY YOGA PLUS: Zoom - 1 credit

Wednesdays & Fridays, 10:00-11:00 am

Ellen Millar leads a series of exercises that can be done standing or from a chair.

To sign up, visit Ellen's website for the Zoom link www.thewonderofyoga.com

STRETCH & STRENGTH: Zoom - 1 credit

Mondays & Wednesdays, 9:00-9:45 am

Join Becky Ott-Forde for gentle stretch and strengthening exercises from the comfort of your own home. Cost \$30/mo.

To sign up, contact [Becky Otte Ford raonine@gmail.com](mailto:BeckyOtteFordraonine@gmail.com) or (608) 215-4119.

MINDFULNESS MOVEMENT FOR LGBTQ

FOLKS, FRIENDS & ALLIES: In-Person - 1 credit

Wednesdays and Fridays, 10:15-11:45 am

Warner Park, 1625 Northport Dr.

Small donation requested. *A collaboration with MSCR. Taught by Mimi Millen, M.Ed., MS, Energy Practitioner.*

HEALTH/WELLNESS

SPIRIT & STRENGTH: SHARING WISDOM IN TROUBLED TIMES THROUGH OUR

STORIES: Zoom - 1 credit

Tuesdays, 1:00-2:30 pm

Join Pam Philips Olson, Writer, Storyteller and Author as she leads us through a process to help tell our own stories.

WELLNESS WARRIORS: Zoom - 1 credit

"We get by with a little help from our friends."

Wednesdays, May 10-June 14, 2-3:00 pm

This group is intended to support you and your positive mental health and wellbeing. New topics each week.

EDUCATION

TECHNICAL ASSISTANCE: In-Person

Tuesday, May 16, 1:00-3:00 pm

Lakeview Library, 2845 N Sherman Ave.

To register call Lakeview Library at (608) 246-4547 or register online at madpl.org/events. Registration will open at 10 AM two weeks before each program date.

ARTS

MUSIC JAM SESSION: In-Person- 1 credit

One Saturday/mo, 9:00 am-Noon

Warren Dailey Cabin, Maple Bluff

All are welcome. Contact Walt Stewart (608) 576-5437.

NBU : CLASSES & ACTIVITIES CONTINUED

SPECIAL EVENTS

SPECIAL MONTHLY DINING SITE EVENTS

In-Person - 1 credit

KAVANAUGH'S ESQUIRE CLUB

- Every Wednesday, 12:30–2:00 pm
Activities

MADISON SENIOR CENTER

- Wednesday, May 3, 11:00 am
Birthday Celebration

MESSIAH LUTHERAN CHURCH

- Tuesday, May 2, 11:30 am
Birthday Celebration

MEADOWRIDGE COMMONS & GOOD SHEPHERD CHURCH

- Thursday, May 4, 10:30 am
Birthday Celebration
- Thursday, May 11, 10:30 am - Activity
- Thursdays, May 18, 10:30 am
BILLINGUAL BINGO! You can play up to 4 cards; each card costs 50 cents.
- Thursday, May 25, 10:30 am - Activity

ROMNES

- Monday, May 1, 10:30 am
Birthday Celebration

WARNER PARK

- Every Tuesday, 10:00-11:00 am
Drumming
- Every Friday, 10:15 am – BINGO! You can play up to 4 cards; each card costs 50 cents.
- Tuesday, May 1, 10:15 am
Birthday Celebration

INTERGENERATIONAL DRUM CIRCLE

Tuesdays, April 25-May 30, 10-11:00 am
Warner Park, 1625 Northport Dr.

All levels of drummers are welcome, even if you've never touched a drum before! There are many well researched benefits to drumming: 1) Improve social connections; 2) Reduce tension, anxiety and negative feelings; 3) Incite laughter and good humor; 4) Generate positive energy. Come join the fun!

FUNERAL PLANNING 101: THE 7 DEADLY MISTAKES IN FUNERAL PLANNING

Tuesday, May 31, 1:00-2:00 pm

Warner Park, 1625 Northport Dr.

Join Melissa Theisen and Nickie Gard from Gunderson's Funeral Home as they walk you through the basics of advanced planning to provide your family with peace of mind so you are prepared.

PARTY @ THE PARK

Friday, May 26, 5:30-8:00 pm

Brittingham Park, 829 W. Washington Ave.

Yes, we are doing it again this year! Join us for music, food and fun. We will have food carts or you can bring a picnic. Bring your lawn chair or blanket and join family, friends, neighbors as we party @ the park!

SUMMER CONCERT SERIES

The very popular Summer Concert Series at Warner Park pavilion is back again this year! There will be food carts each week so come and order food or bring a picnic. NEW THIS YEAR – an accessible play structure for children of all ages!

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Ruth Schlitz

rschlitz@lpicommunities.com
(800) 950-9952 x2671

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.

Visit www.mycommunityonline.com



ARE YOU REACHING THE MEMBERS IN YOUR COMMUNITY?

To advertise here visit lpicommunities.com/adcreator



noel manor
RETIREMENT LIVING

INDEPENDENT, ASSISTED LIVING & CLOSER CARE CAMPUS

Our mission is to take care of our loved ones with compassion and grace.



Call For A Tour 608-620-6010

471 Prairie Way Blvd. • Verona, WI
608-620-6010 • noelmanorliving.com

Concerned about Medicare fraud? Give us a call...

PROTECT your personal information

DETECT suspected fraud, abuse, or errors

REPORT suspicious claims or activities

Toll-free Helpline:
888-818-2611

www.smpwi.org

[WisconsinSeniorMedicarePatrol](https://www.facebook.com/WisconsinSeniorMedicarePatrol)



Preventing Medicare Fraud



This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • www.lpicommunities.com

New Bridge, Madison, WI

D 4C 01-2049



NewBridge is partnered with Nail Technician Susan Hasey, Registered Nurse Gail Owens and Cheryl Franz to provide foot care for older adults 60+. Cost is **\$25** and we ask that you bring 2 towels.

Appointments are required and should be made in advance by calling (608) 512-0000. Appointments fill up quickly. We recommend you call a few months in advance. We do keep a waitlist.

EAST MADISON

NEW Lake Edge Luther Church
4032 Monona Drive
Thursday, May 4, 9:30-11:45 am



Monona United Methodist Church
606 Nichols Road, Monona
Tuesday, May 2, 9,23, 9:30-11:45 am

NORTH MADISON

Lakeview Lutheran Church
4001 Mandrake Road
Tuesday, May 2, 1:00-2:30 pm

Goodman Community Center
149 Waubesa Street
Monday, May 8, 10:00 am-Noon

Warner Park Community Rec Center
1625 Northport Drive
Thursday, May 25, 9:00-10:30 am

WEST MADISON

Good Shepherd Lutheran Church
5701 Raymond Road
Tuesday, May 23, 9:00-11:40 am

MEDICAL EQUIPMENT LOAN CLOSET

NewBridge provides equipment to check out such as walkers, raised toilet seats, commodes, crutches and more at the loan closet location:
505 Cottage Grove Rd.

Loan closet items are available to City of Madison and Monona residents. Monetary and equipment donations are welcomed.

Call NewBridge to ask if the item you need is available (608) 512-0000 Ext. 2000. The loan closet is open Monday-Thursday 8:00 am-3:00 pm and closed on Fridays.

We ask that you call ahead to make an appointment to pick up, return and to donate. *Currently accepting footed canes.*



Celebrating

THE LIFE OF

Sunday, June 11
1:00-4:00 pm



Warner Park
Community
Recreation Center,
1625 Northport Dr.

MARY HILL

MAY 17, 1923 - FEBRUARY 22, 2023



 *Senior Living ...*
 ASSISTED LIVING & MEMORY CARE *Redefined*

Well-Designed Apartments · Chef-Prepared Meals · 24-hour Care
 Medication Management · Laundry & Housekeeping
 Transportation · Exciting Social Events & Outings · Memory Care

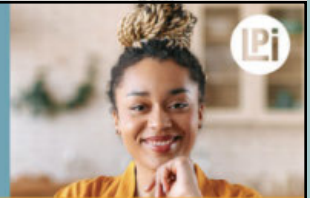
To learn more and schedule a tour, call (608) 333-9306 today!
 111 & 139 E. Reynolds St., Cottage Grove, WI 53527 | AsterSeniorCommunities.com

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers

NEW Senior Care from Agrace

Now it's easier to
stay at home



(608) 327-7456



Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator



For ad info. call 1-800-950-9952 • www.lpicommunities.com

New Bridge, Madison, WI

E 4C 01-2049

VOLUNTEER OPPORTUNITIES



Keisha Furniss
Volunteer Coordinator
(608) 512-0000 Ext. 3008
KeishaF@
newbridgemadison.org

HOME CHORE VOLUNTEERS

DESCRIPTION – Volunteers are matched with older adults to help them remain independent. This opportunity is for individuals, families, couples and groups. Duties may include: dusting, vacuuming, removing garbage, and friendly visitation.

TIME COMMITMENT – Flexible

IMMEDIATE NEED – 10 volunteers needed for Eastside/Monona, 10 for Northside, 10 for Southside, 10 for Westside

NUTRITION SITE VOLUNTEERS

DESCRIPTION – Help with check in, meal service, clean up, and socialize with older adults at our nutrition sites.

TIME COMMITMENT – Wednesdays and/or Fridays 11:00 am-1:00 pm. *Training will be provided by the Nutrition Site Manager.*



FOOD BRIDGE DELIVERY DRIVERS

DESCRIPTION – Deliver food pantry items from The River Food Pantry and/or St. Vincent de Paul and/or Middleton Outreach Ministry Food Pantry to an older adults front door. No person to person contact. From the comfort and safety of your own car. Flexible for your schedule.
TIME COMMITMENT – 2-4 times/month
IMMEDIATE NEED – 5 volunteers



GUARDIAN & REPRESENTATIVE PAYEE

DESCRIPTION – Compassionate individuals to be guardians and payees who may make health care decisions, or manage social security benefits and more.
TIME COMMITMENT – 2 years, 3-6 hr/mo
Must be 26 years old. Call Katie Brietzman for information Ext. 1002.

VOLUNTEERS NEEDED

NewBridge receives a percentage of the proceeds;
the more volunteer hours, the more money we raise for NewBridge!

Contact David
for more info.

(608) 512-0000 Ext. 2006

BRAT FEST®



MEMORIAL DAY WEEKEND



CONNECTIONS

YOUR VISION. YOUR PATH. YOUR PARTNER.

IRIS Consultant Agency (ICA)



To learn more about your long-term care options,
please contact your Aging and Disability Resource Center:
<https://www.dhs.wisconsin.gov/adrc/index.htm>

We support you to live your best life at home, in your community and at work.

Call toll-free: 844-520-1712

Email: connections@lsswis.org

The Legacy of DeForest

INDEPENDENT, ASSISTED LIVING & CLOSER CARE CAMPUS

*Our mission is to take care
of our loved ones with
compassion and grace.*



Call For A Tour (608) 807-2888

6639 Pederson Crossing Blvd. • DeForest, WI
608-807-2888 • LegacyOfDeForest.com

SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • www.lpicommunities.com

New Bridge, Madison, WI

F 4C 01-2049

NUTRITION MEAL SITES



Nutritious weekday meals and socialization for older adults at multiple Madison and Monona locations. The meal is well balanced and appealing for those who don't enjoy cooking or eating alone.

RESERVATIONS

Meal and transportation reservations and cancellations should be made on-site or by calling the number associated with the site by Noon, two business days in advance.

**starred sites do not require a meal reservation.*

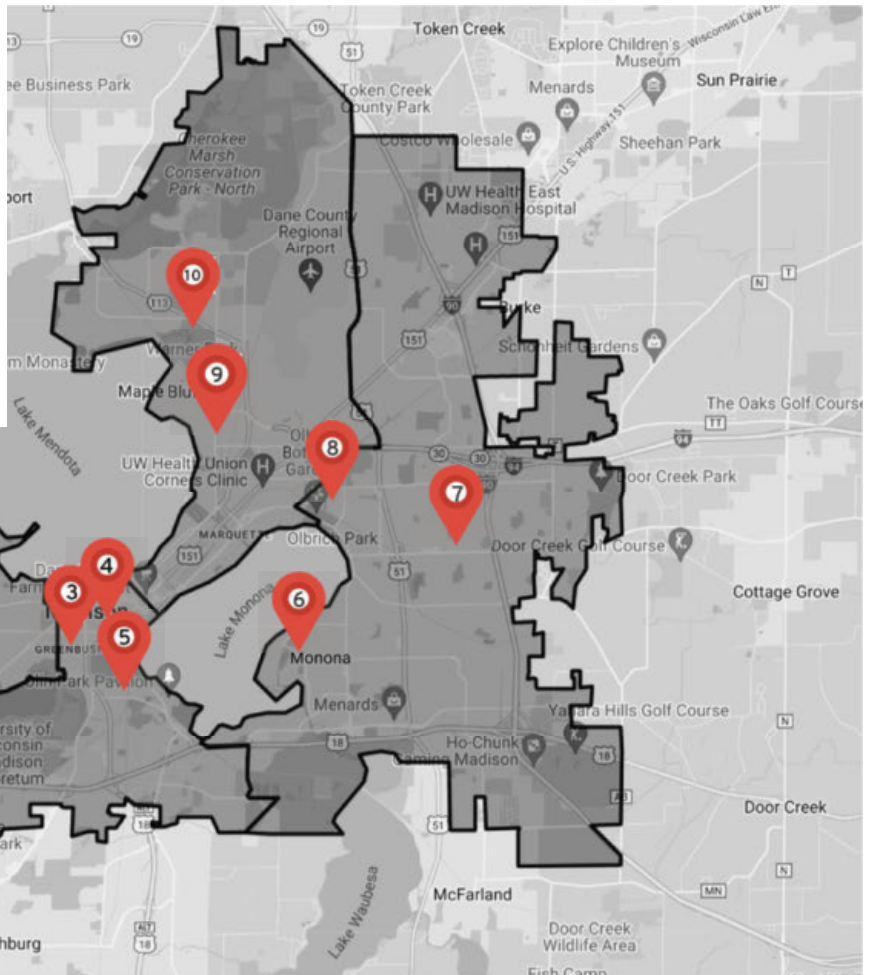
Transportation is available to the sites nearest to your home through Transit Solution (608) 294-8747 which is door-to-door service. Suggested donation is \$1.00/round trip.

Transportation reservation is always required.

DONATION

If you are age 60 and older, the suggested minimum donation is **\$4.50**. If you're under age 60 and do not meet the program eligibility guidelines, you are required to pay the total cost \$15.44.

1. Meadowridge Commons, 5734 Raymond Rd.
2. Good Shepherd Church, 5701 Raymond Rd.
3. Beth Israel Center, 1406 Mound St.
4. Madison Senior Center, 330 W. Mifflin St.
5. Romnes Apartments, 540 W. Olin Ave.
6. Monona Senior Center, 1011 Nichols Rd.
7. Messiah Lutheran, 5202 Cottage Grove Rd.
8. Goodman Community Cntr, 149 Waubesa St.
9. Esquire Club, 1025 N. Sherman Ave.
10. Warner Park Center, 1625 Northport Dr.



SOUTH MADISON

**Lechayim Lunchtime Plus,
Beth Israel Center, 1406 Mound St.**

Mondays, 11:30 am

Catered by UW Hillel Adamah Catering

Recommends attendees have had vaccination and booster and wear masks when not eating.

For reservations contact Jewish Social Services at (608) 442-4083 by Wednesday preceding the meal.

- **Monday, May 1** : Harissa Glazed Chicken, Couscous, Lemon & Garlic Herico Verts, Fudge Brownies, Fresh Fruit, MO: Sweet Potato Tagine
- **Monday, May 8** : Herb Roasted Chicken, Garlic Whipped Potato, Roasted Carrots, Challah Rolls, Fudge Brownies, Fresh Fruit, MO: Herb Roasted Tofu

The meal site will resume in September. Check JSS website jssmadison.org or call for Levy Summer Series luncheons and talks – June to August.

EAST MADISON

Monona Senior Center, 1011 Nichols Rd.

Friday, Noon

For reservations call (608) 512-0000 Ext. 2001

- **Friday, May 5**: Tacos w/ Tomatoes, Onions, Refried Beans, Mexican Rice, Fruit, MO: Bean Tacos
- **Friday, May 12** : Chicken Alfredo Pasta Bake w/ Broccoli, Garlic Bread, Vegetable, Fruit, MO: Alfredo Pasta Bake
- **Friday, May 19** : Tuna Salad Sandwich w/ Lettuce & Tomato, Veggie, Fruit, MO: Cheese Sandwich
- **Friday, May 26** : Chili Dog on a Bun w/ Cheese, Tomato, Onion, Potatoes, Fruit, MO: Veggie Burger



**Goodman Community Center,
149 Waubesa St.**

Monday-Friday, 11:45 am

For reservations call (608) 241-1574 Ext. 8087

M	TU	W	TH	F
01 Spaghetti	02 Grilled Cheese	03 Chicken Teriyaki	04 Beef and Bean Enchilada	05 Baked Cod
08 Hungarian Beef Goulash	09 Sausage Mac and Cheese	10 Italian Chicken	11 Grilled BBQ Chicken Thighs	12 Pork Ribs
15 Beef Stew over Biscuit	16 Sloppy Jo	17 Crispy Chicken Sandwich	18 Chicken Alfredo	19 Egg Bake
22 Open Turkey Sandwich	23 Chicken Pasta Salad	24 Baked Lemon Haddock	25 Sweet and Sour Chicken	26 Grilled Brat
29 CLOSED	30 Beef Lasagna	31 Swedish Meatballs w/Egg Noodles		

NORTH MADISON

**Kavanaugh's Esquire Club,
1025 N. Sherman Ave.**

Wednesdays, 11:00 am-1:30 pm

**No meal reservation required*

For transportation, call 512-0000 Ext. 2001 by 10 am the Monday prior. Catered by Kavanaugh's.

- **Wednesday, May 3** : Roast Beef
- **Wednesday, May 10** : Baked Ham
- **Wednesday, May 17** : Spaghetti & Meatballs
- **Wednesday, May 24** : Meatloaf
- **Wednesday, May 31** : Roast Pork
- **Every Wednesday**: Baked Fish or Sandwich & Soup



NUTRITION MEAL SITES - CATERED BY CFS

WEST MADISON

Meadowridge Commons

5734 Raymond Rd.

Tuesday, Thursday, Noon

For reservations call (608) 512-0000 Ext. 4006

Good Shepherd Church

5701 Raymond Rd.

Friday, Noon

For reservations call (608) 512-0000 Ext. 4006

SOUTH MADISON

Romnes Apartments, 540 W. Olin Ave.

Monday-Friday, 11:30 am

For reservations call (608) 512-0000 Ext. 4006

Madison Senior Center, 330 W. Mifflin St.

Monday-Friday, 11:30 am

For reservations call (608) 512-0000 Ext. 4006

EAST MADISON/MONONA

Messiah Lutheran Church

5202 Cottage Grove Rd.

Tuesday and Thursday, Noon

For reservations call (608) 512-0000 Ext. 2001

NORTH MADISON

Warner Park Community Recreation Center, 1625 Northport Dr.

Mon., Tues., Thurs., Fri., 11:30 am

For reservations call (608) 512-0000 Ext. 4006



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Cheeseburger Calico Beans, Potato Salad Fruit Cocktail, Candy Cookie MO - Black Bean Burger	02 *Meatballs in Marinara Over Penne, 4 Bean Salad Peaches, Scooby Snacks MO - Veggie in Marinara	03 Fish Sandwich Yams, Peas, Pears Nuttty Buddy Bar MO - Multigrain Burger	04 Tomato Bean Soup Crackers, Mixed Greens Pineapple, Jell-o MO - Veggie Tomato Soup	05 BBQ Chicken Breast Mashed Potatoes, Banana Applesauce MO - Veggie BBQ
08 Lemon Dill Baked Fish Baked Potato, Coleslaw Vanilla Pudding MO - Tomato Cheese Sandwich	09 Chicken Brocc. Rice Casserole, Carrot Coins Chickpea Salad, Fruit Cup Tiger Bites MO - Veggie Rice casserole	10 Chicken Alfredo Penne Steamed Brussel Sprouts Kidney Bean Salad Mixed Fruit, Rice Crispy treat MO - Veggie Alfred	11 Traditional Meatloaf Mashed Potatoes, Broccoli Applesauce MO - Hummus and Pita	12 Chili Baked Potato, Cornbread Pears, Fig Newton Bar MO - Veggie Chili
15 Chicken a la King Brown Rice, Capri Blend Coleslaw, Fruit Cocktail Scooby Snacks MO - Veggie a la King	16 Meat Sauce Spaghetti Noodles, Carrots Peaches Oatmeal Raisin Cookie MO - Marinara Sauce	17 *Italian Sausage Bun, Roasted Potatoes Stewed Tomatoes Mandarin Oranges Reese's PB Cup MO - Veggie	18 BBQ Chicken Breast Peas, Pickled Beets Cinnamon Applesauce MO - BBQ Chickpeas	19 *Meatballs in gravy Mashed Potatoes Mixed Greens Mixed Fruit Cup Chocolate Chip Cookie MO - Veggieballs in Gravy
22 Garlic Parmesan Chicken Breast, Peaches Stewed Tomatoes, Broccoli Nuttty Buddy Bar MO - Veggie Garlic Parmesan	23 Chili Corn, Applesauce Sugar Cookie MO - Veggie Chili	24 Sausage Veg Egg Bake Fruit Cup Oven Roasted Potatoes Orange Juice Cup Blueberry Muffin MO - Veggie Egg Bake	25 *BBQ Meatballs Mashed Potatoes, Peas Mandarin Oranges Oatmeal Raisin Cookie MO - Veggie BBQ Balls	26 Pot Roast in Gravy Garlic Herb Mashed Potatoes Carrots, Pineapple Butterscotch Pudding MO - Veggieballs in Gravy
29 CLOSED	30 Chicken and Gravy Over White Bread, Carrots Broccoli, Orange Juice Cup Chocolate Chip Cookie MO - Veggie & Gravy	31 Sloppy Joe Potato Salad Mixed Vegetable, Banana Oatmeal Cream Pie MO - Chickpea Joe	CATERED BY: Dane County Consolidated Food Service All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. NAS Diets: NAS substitutes listed when necessary, it is not suggested for those on a NAS diet to consume cheese slices, cheese garnishes or condiment packets (Ketchup, mustard, BBQ sauce, etc.) *contains pork **NAS to omit	

Planning isn't just for You



Pre-Arranging Service
Funeral Burial Plans
Funeral Cremation Plans



608-221-5420
gundersonfh.com

- East / Madison 608-221-5420
- Cross Plains 608-798-3141
- Black Earth 608-767-3684
- Middleton 608-831-6761
- Fitchburg 608-442-5002
- Mount Horeb 608-437-5077
- Oregon 608-835-3515
- Stoughton 608-873-4590
- Lodi 608-592-3201

Our Family Will Take Good Care of Your Family

For some,
self-direction
is a new idea.

At TMG,
Wisconsin's
1st IRIS
Consultant
Agency,
it's all we do.



tmg[®] tmgwisconsin.com
Let's clear the path ahead. (844) 864-8987

Local. Experienced. Resourceful.
Ask your Aging and Disability Resource Center
about your long-term care options.

SUPPORT OUR ADVERTISERS!

When life offers the gift of time...

how will you spend it?

**We'll help you every step of the way.
Offering a continuum of care for seniors:**

- > Independent Living > Assisted Living
- > Memory Care > Rehabilitation

Call 608-663-8600 or email
madisonsales@oakparkplace.com

718 Jupiter Dr., Madison, WI 53718

oakparkplace.com/madison



Waunakee
MANOR

Independent and Assisted Living

(608) 849-5016

801 Klein Dr. • Waunakee
www.waunakeemanor.com

Monona Meadows

A Retirement Housing Foundation® Community

250 Femrite Drive, Monona, WI 53716

608-221-4422

Call for your personal tour today!



RHF®



RYAN FUNERAL HOMES

CREMATION SERVICES



CARING FOR ALL FAMILIES WITH COMPASSION,
DIGNITY, AND PROFESSIONALISM SINCE 1938.

608-249-8257
ryanfuneralservice.com
Madison | Verona | DeForest



For ad info. call 1-800-950-9952 • www.lpicommunities.com

New Bridge, Madison, WI

G 4C 01-2049

BILLBOARD CONTEST



Have you seen the NewBridge billboards around Madison and Dane County?!
The campaign is made possible by the Adams Collaborate Public Service Program.

We currently have 6 billboards and they will be up through September 2023.

WE'RE HOLDING A BILLBOARD CONTEST.

If you see a billboard up around town, post on our NewBridge Facebook page and comment where you saw it and what the bolded word is with the hashtag **#BillboardContest**. Or mail it in....

- **Connections**
- **Independence**
- **Support**
- **The Best Life**
- **Necesidades Basicas**
- **Enrichment**

The contest will run April-June.

We will choose a random winner July 3 for a \$25 gift card!

DONATE TO NEWBRIDGE TODAY!

Name/s: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Please check all boxes that apply:

\$ _____ 2023 annual Friend of NewBridge renewal or new Friend of NewBridge
\$15 Older Adult • \$25 Individual • \$30 Family • \$50 Silver • \$100 Golden

Send my monthly newsletter via mail email both none

\$ _____ Additional or general donation for NewBridge programs and services

\$ _____ In honor/memory of: _____

I wish my donation remain anonymous



Mail form & payment to NewBridge, 1625 Northport Dr. #125, Madison 53704. You can also purchase a friendship or make a donation on our website at newbridgemadison.org. Friendships are renewed annually. Donations may be tax deductible to the extent of the tax code.

CASE MANAGEMENT WALK-IN HOURS

A Case Manager will be available at the following times and locations:

Case Management provides older adults support needed to live independently by identifying resources and coordinating services. Information, referrals, and advocacy provided through home visit assessments of each older adult's individual needs.

Goodman Community Center

214 Waubesa St.

Tuesday, May 16, 11:30 am-12:30 pm

Madison Senior Center

330 W Mifflin St.

Tuesday, May 8, 10:30-11:30 am

Monona Senior Center

1011 Nichols Rd.

Friday, May 12, 11:30 am-12:30 pm

Romnes Apartments Meal Site

540 W. Olin Ave.

Tuesday, May 2, 11:00 am-Noon

Meadowridge Commons

5734 Raymond Rd.

Thursday, May 18, 11:00 am-Noon

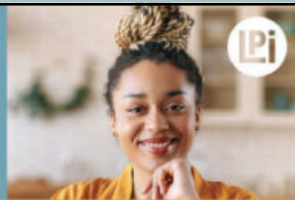
Bilingual English/Spanish

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers



My Choice Wisconsin
is a managed care organization that
serves government-funded programs
to seniors and adults with disabilities
in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care
options, contact your local ADRC.

DHS Approved 4/22/2021

Place Your Ad Here and Support our Community!

Instantly create and
purchase an ad with

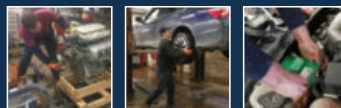
AD CREATOR STUDIO



lpicommunities.com/adcreator

Monona Motors

Greg Carlson | Carlos Villota



(608) 222-1342
www.mononamotors.com
4500 Winnequah Road, Monona, WI 53716



Honest, reasonably priced attorney

I Make House Calls!

Wills • Trusts
Individual/Trust/Estate Income Tax
Powers of Attorney • Real Estate

Paul O'Flanagan Attorney at Law

313 Price Place, Suite 110
Madison, WI 53705
608-630-5068

Paul@oflanaganlaw.com



For ad info. call 1-800-950-9952 • www.lpicommunities.com

New Bridge, Madison, WI H 4C 01-2049

FARMERS MARKET VOUCHERS



It's finally time
Senior Farmers'
Market Vouchers!

New this year:
The voucher sets
increased from
\$25 to \$35.

Vouchers are available per person instead of per household. Each person age 60+ can receive their own set of vouchers.

Starting in June, the Area Agency on Aging (AAA) of Dane County will distribute farmers market vouchers to older adults for use in purchasing \$35 in fruit, vegetables, or herbs at farmers' markets and roadside farm stands in Wisconsin during the 2023 growing season June 1-October 31.

The vouchers are distributed on a first come/first serve basis to those age 60+, who live in Dane County, and have gross incomes under \$26,973/year (or \$2,248/month) for a one person household and \$36,482/year (or \$3,041/month) for a two person household. **New this year:** One set of vouchers is available per person.

Distribution of farmers market vouchers will be done by mail. Individuals that received vouchers last year will automatically receive an application by mail the week of May 8. Once we receive and approve your application, vouchers will be mailed starting June 1. If you wish to apply, or need to update your mailing address, contact AAA Dietitian Shannon Gabriel at (608) 261-5678 or Gabriel.Shannon@countyofdane.com.

STEPPING UP FOR MONONA HILLS

We were so saddened by the fire last month at the Monona Hills apartments that displaced many older adults.

The outpouring in response to this tragedy has been amazing! The Monona Senior Center and NewBridge want to express our gratitude to those who purchased gift cards or brought supplies to the temporary shelter, to support those who lost practically everything.

As of mid-April, over \$13,000 has been donated. A significant amount has been from supporters of the Monona Senior Center. Your donations helped meet the most immediate needs of the Monona Hills residents and we are forever thankful.

Thank you to the American Red Cross, St. Stephen's Lutheran Church, Salvation Army, Monona Senior Center, Dane County Human Services and Meridian Group for coming together to assist the displaced residents.

Some of these individuals will soon need additional assistance replacing household items once they relocate to a permanent location. In the coming months, we will provide a more detailed request of what is needed and how you may help.

Thank you!

Jim Krueger
Executive Director
NewBridge Madison

Diane Mikelbank
Director
Monona Senior Center

WELCOME (BACK) EBONIE BROOKS



Ebonie has returned to NewBridge after about a year and a half. It seems as if she jumped right back in where she left off.

Ebonie enjoys working with the older adult population and helping them continue to live independently. She has a passion for advocating for those who are either unable to advocate for themselves or those who are not seen or heard. Ebonie has been drawn to the human services field working with people of all

abilities, backgrounds, and ages since 2014. Ebonie coined herself an “forever learner” when it comes to her education and re-educating herself on topics directed related to her role as a Case Manager.

If Ebonie or someone else had to describe her in six words, they would be: passionate, hardworking, personable, friendly, funny, and an outright beautiful soul. In her personal time, Ebonie enjoys watching TV, currently basketball, crime shows, and reality TV; listening to music; sleeping; going on walks when the weather permits; and spending time with her family.

We Make Medicare Uplifting
Call for an appointment today!

INFORMED CHOICE **608-819-6311**
INSURANCE AGENCY **877-446-3676**

34 Schroeder Ct Ste 240 – Madison
www.informedchoice.com

MEDICARE

This is an advertisement for insurance. Neither Informed Choice or its agents are connected with the Federal Medicare program. IC111016

WE'RE HIRING!
AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at careers@4lpi.com or www.4lpi.com/careers

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider | SafeStreets | **833-287-3502**

LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!

CONTACT ME
Ruth Schlitz

rschlitz@lpicommunities.com
(800) 950-9952 x2671



1625 Northport Dr. #125
Madison, WI 53704

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
MADISON, WI
PERMIT #1410



PARTY @ THE PARK
FRIDAY MAY 26 2023
 Brittingham Park
 829 W Washington Ave
 Madison, WI 53715
 5:30 - 7:30pm
Music, Food trucks, and more

SAVE THE DATE

FIESTA @ EL PARQUE
VIERNES MAYO 26 2023
 Brittingham Park
 829 W Washington Ave
 Madison, WI 53715
 5:30 - 7:30pm
Music, Carritos de comida y más

APUNTE ESTA FECHA