

NEWBRIDGE NEWS

Your Connection to Successful Aging

MAY 2022

Mask Policy: Masks for in-person group activities will be determined on a program-by-program basis.



FRIDAY MAY 27, 2022

PENN PARK

2101 FISHER ST.

5:30 - 7:30PM

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All of Us
RESEARCH PROGRAM

WE ARE CLOSED MONDAY, MAY 30 FOR MEMORIAL DAY.

**CHECK OUT
WHAT'S
INSIDE!**

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newbridgemadison.org

(608) 512-0000

GENERAL INFORMATION

MISSION

Providing older adults a bridge to successful aging.

VISION

A Community Where All Older Adults Live Their Best Life.



A LETTER FROM THE DIRECTOR...

Madison Metro is proposing a redesign of the city bus routes to meet the needs of some Madison area residents by increasing access to the most frequently used routes. The redesign will also reduce or change less frequently used routes in neighborhoods that will directly impact older adults. Those with mobility issues, or who depend on the bus for essential trips like grocery shopping will have to walk farther to catch one. You can view the plan, www.cityofmadison.com/metro/routes-schedules/transit-network-redesign or Google “Madison Metro transit redesign” to see how it impacts older adults in your neighborhood. The Redesign will be presented to the Madison Common Council this summer for consideration. If you have concerns, help advocate. Contact your alder this month.

CONTACT US

Phone: (608) 512-0000

Fax: (608) 299-0700

Email: info@newbridgemadison.org

Website: newbridgemadison.org

Office Hours: Monday-Friday, 8:00 am-4:00 pm

Masks for in-person group activities will be determined on a program-by-program basis.

MAIN OFFICE

1625 Northport Drive #125, Madison, WI 53704

EAST MADISON

4142 Monona Drive, Madison, WI 53716

WEST MADISON

5724 Raymond Road, Madison, WI 53711

Follow us! NewBridge Madison



BOARD OF DIRECTORS

- SARAH VALENCIA, *President* - Director of Population Health, UnityPoint Health Meriter, Adjunct Instructor, UW School of Social Work
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- LAURA STEIN - Human Resources Advisor, American Family Insurance
- SARA CAMACHO - **Community Care Manager, Group Health Cooperative (GHC)**
- STEPHANIE MUNOZ - Project and Community Engagement Associate, Kids Forward

Thank you to our Funders:



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NEWBRIDGE STAFF

- JIM KRUEGER, Executive Director Ext. 3005
- KATIE GALLAGHER, Associate Director Ext. 4001

- DEB TEMERBEKOVA, Executive Assistant Ext. 4000
- JOE NEUMAIER, Administrative Assistant Ext. 2000

- ALIRIO PARDO, Bilingual Case Manager - español Ext. 1007
- GLEN THOMMESEN, Case Manager Ext. 2005
- JENN GARCIA-LUDOLPH, Case Manager Ext. 1009
- JENNIFER BROWN, Case Manager Supervisor Ext. 2003
- JODI EVANS, Case Manager Ext. 2008
- JODIE CASTANEDA, Case Manager Supervisor Ext. 1004
- KAYLEIGH COLOSO, Bilingual Case Mngr. - español Ext. 2004
- LAUREN JACOBS, Case Manager Intern Ext. 4008
- MAUREEN QUINLAN, Case Manager Ext. 4003
- MEGAN KULINSKI, Case Manager Ext. 3004
- RACHEL MAEL, Case Manager Ext. 4002
- SAMMY AZUMA, Case Manager Ext. 1005
- SUSAN WATSON, Case Manager Ext. 1006

- DAVID WILSON, Marketing Manager Ext. 2006
- DEANA WRIGHT, Diversity & Inclusion Program Mgr. Ext. 2007
- DEENAH GIVENS, Program Coordinator Ext. 3002
- JEANETTE ARTHUR, Volunteer Coordinator Ext. 4007
- KATHLEEN PATER, Mental Health Resource Clinical Social Worker Ext. 3007
- KATIA VINE, Diversity & Inclusion Program Crd. Ext. 3009
- KATIE BRIETZMAN, Community Outreach Spec. Ext. 1002
- KEISHA FURNISS, Volunteer Coordinator Ext. 3008

- CANDICE ALEXANDER, Nutrition Manager Ext. 4006
- CHRISTINE JACKSON, Nutrition Coordinator —
- ETHEL RANDLE, Nutrition Coordinator —
- FAITH SWINBURNE, Nutrition Coordinator —
- JEROME HOLLIDAY, Nutrition Coordinator —
- KRISTEN HUBER, Assistant Nutrition Manager Ext. 2001
- NANCY THOMPSON, Nutrition Coordinator —
- SHANNON GABRIEL, Dietician & Healthy Aging Crd. ADRC
- STANLEY GRAHAM, Nutrition Coordinator —

All services and programs are offered without regard to race, gender, religion, color, creed, disability, sexual orientation, political beliefs, marital status, national origin, ancestry, age (where applicable), or any other basis prohibited by applicable law. Clients, participants, and volunteers are encouraged to report any discrimination relating to service delivery by NewBridge to the Executive Director or Board President, in writing.

ID Statement: The May (issue 5) of "NewBridge News" newsletter is a monthly publication that is mailed free of charge to NewBridge Friends and clients. Madison and Monona residents may pick up an issue at their local library. This newsletter contains at least 25% non-advertising. The NewBridge main office is located at 1625 Northport Dr. #125, Madison, WI 53704.



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SERVICES AND ACTIVITIES

Sponsored by Madison Community Foundation.

Bridge Buddies

“Your connection to a friendly caller”

Offers weekly friendly chats or daily reassurance calls for Case Management clients. Now including letter writing. *Free for eligible Madison/Monona older adults (60+).*

Case Management

“Your connection to community resources”

Provides older adults support needed to live independently by identifying resources and coordinating services. Information, referrals, and advocacy provided through case management home visit assessments of each older adult’s individual needs. *Free for eligible Madison/Monona older adults (60+ or 50+ with MA Benefit). Private Pay Case Management available.*

Sponsored by the Paul H. Kusuda Special Projects Fund.

Classes & Activities

“Your connection to golden opportunities”

Social, educational, and exercise classes at various community sites. Details listed in monthly newsletter and website. *Free or low cost for older adults (60+) with scholarships available.*

Diet Consultations & Healthy Aging Workshops

“Your connection to nutrition and wellness.”

Meet with a registered dietitian to discuss ways to manage newly prescribed diets, poor appetite, unintended weight loss, or other areas of concern. *Free for Dane County older adults (60+).* Various healthy aging educational workshops are offered at various community sites. *Free or low cost.*

Diversity & Inclusion Activities

“Your connection to your peers”

Activities for Black and Hispanic older adults to help reduce isolation. Activities focus on socialization, health education and support groups. Hispanic activities offered in Spanish only. *Free for Black and Hispanic Dane County older adults (60+).*

Food Bridge

“Your connection to wholesome groceries”

Offers monthly food pantry delivery for Case Management clients at nutritional risk throughout Madison and Monona.

This service is a collaboration between NewBridge Madison, the River Food Pantry, and RSVP of Dane County. *Free for eligible*



Madison/Monona older adults (60+).

Home Chore

“Your connection to helping hands”

Matches Case Management clients who need basic household chore help with individual volunteers/volunteer groups who provide assistance and friendly visitation. *Free for eligible Madison/Monona older adults (60+).*

Medical Equipment Loan Closet

“Your connection to health equipment”

Provides health equipment items to check out. Equipment available may include wheel chairs, walkers, canes, shower chairs, and more. *Available to City of Madison or Monona residents.*

Mental Health Resources

“Your connection to mental health resources”

Supports older adults in the case management program with mental health issues and help access community resources to address their needs. *Free for eligible Dane County older adults.*

Nutrition Sites

“Your connection to nutritious meals”

Serves nutritious weekday meals and provides socialization for older adults at multiple Madison/Monona locations. Details listed in monthly newsletter and website. *Cost for older adults (60+) is an anonymous donation. Cost for 60 and under, full cost of meal. Transportation available through Transit Solutions with donation. Advance reservations required for meal and transportation.*

Representative Payee & Guardianship Service

“Your connection to trained volunteers”

Connects vulnerable older adults with trained volunteers who serve as payees or guardians. The volunteers may make health care decisions, or manage social security benefits, and much more. *Free for Dane County older adults (60+).*



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New Bridge, Madison, WI

B 4C 01-2049

DIVERSITY & INCLUSION ACTIVITIES

Activities are developed for Black older adults that focus on socialization, health education, and support groups. These activities are free for Black older adults (60+) who live in Dane County.



Deana Wright
Diversity & Inclusion
Program Manager
(608) 512-0000 Ext. 2007
DeanaW@
newbridgemadison.org

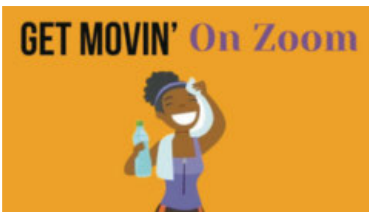
To register for activities:

See *NewBridge website for the Zoom links* www.newbridgemadison.org or contact Deana.

Mask Policy: Masks for in-person group activities will be determined on a program-by-program basis.

GET MOVIN' ON ZOOM

Tuesdays & Thursdays, 1:00-2:00 pm



Keep your body moving with gentle exercises for every level. *In collaboration with UW Madison*

Alzheimer's Disease Research Center.

COLOR ME HEALTHY

Tuesday, May 17, 3:00-4:00 pm



Join us for monthly discussions with Black health professionals that focus on health,

wellness and racial disparities.

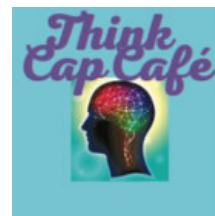
BLACK SPACE

Thursdays, 3:00-4:00 pm

A safe space for Black older adults to talk about all things Black. You decide the topics; you lead the conversation.

THINK CAP CAFÉ

Thursdays, 11:00 am-12:00 pm



Connect, socialize and engage in brain healthy games and activities, in an effort to prevent or delay the onset of cognitive decline

and memory loss. *In collaboration with Alzheimer's & Dementia Alliance of Wisconsin.*

To sign up, email Deana.

BINGO

Thursday, May 19, 3:00-4:00 pm



Game cards and chips will be mailed prior to the program. Gift cards will be mailed to game winners. *To sign up, email Deana by 5/13.*

PARTY @ THE PARK

Friday, May 27, 5:30-7:30 pm

Penn Park, 2101 Fisher St, Madison
Music by KinFolk, food carts, and dancing. Transportation is provided by calling Deana at (608) 512-0000 Ext. 2007.

In collaboration with All of Us Research Program.

Check out page 1 for more information.



Thursday, May 26
12:00 pm

Let's Talk About The C Word: Black Women & Cancer

Via Zoom

In 2022, there will be an estimated 225,000 new cancer cases and 75,000 cancer deaths among Black adults. What does a diagnosis mean? What do all the medical terms mean? What are the costs involved in treatment? How important is early detection? How can you be a partner in your health care? Join the conversation with trusted health professionals. *Email Deana for Zoom link.*

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ACTIVIDADES DE DIVERSIDAD E INCLUSIÓN

Se desarrollan actividades para adultos mayores hispanos que se enfocan en la socialización, educación para la salud y grupos de apoyo.

Las actividades son ofrecidas en español.

Estas actividades son gratuitas para los adultos mayores hispanos (60+) que viven en el condado de Dane.



Katia Vine
Diversity & Inclusion
Program Coordinator
(608) 512-0000 Ext. 3009
KatiaV@
newbridgemadison.org

Para inscribirse a las actividades:

Consulte el sitio web de NewBridge para obtener el enlace Zoom

www.newbridgemadison.org.

Todos los programas son ofrecidos vía

Zoom. Normas sobre las mascarillas:

El uso de mascarillas para actividades de grupo presenciales será determinado de acuerdo a cada grupo.

YOGA SUAVE (MSCR)

Todos los lunes de 10:15-11:15 am

Del 4 de abril al 6 de junio

Inscríbase antes del 1ro de abril

Costo: \$16 para residentes del Distrito

Escolar de Madison o \$47 si se encuentra fuera de esta área.

LUNES DE PELÍCULAS

Lunes 9 de mayo a las 2:00 pm

West Side Story (2021)

BINGO MARTES

Martes 17 de mayo, 10:00-11:00 am

BINGO (EN PERSONA)

Martes 24 de mayo

11:30 am – Almuerzo

12:30 pm – Bingo

Fitchburg Senior Center, 5510 East Lacy Rd, Fitchburg, WI

Se proveerá transporte si es necesario

Regístrese antes del 17 de mayo.

CÍRCULO DE AMIGOS

Miercoles 4 y 18 de mayo de

1:00-2:00 pm

Únete a nosotros en el zoom. ¡Vengan a tomarse un cafecito y conversar en un ambiente familiar y amical para conocernos mejor!

YOGA EN SILLA PRIMORDIAL

Todos los martes de 10:00-11:00 am

y sábados de 9:30-10:30 am

Del 15 de marzo al 14 de mayo

¡Regístrese HOY!

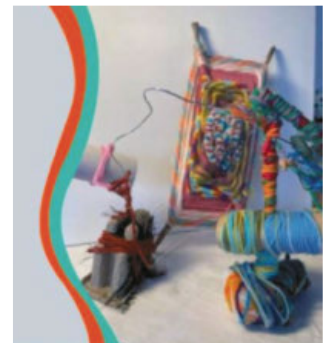
CLASES DE ARTE CON PATRICIA

Todos los miércoles

de 10:30-11:45 am

Del 6 de abril hasta el

11 de mayo.



LA CAFETERIA DE LA MEMORIA

Jueves de 9:30-10:30 am



Entrene su memoria, percepción, atención, concentración y más... a través de retos y actividades divertidas. Las hojas de práctica se enviarán todos los viernes.

LA REUNIÓN

Viernes 13 y 27 de mayo 10-11:30 am
¡Conéctate vía zoom! conversaremos acerca de temas relevantes sobre la salud, el bienestar y otros temas importantes para la comunidad latina.

COCINANDO JUNTOS CON ARACELY PORTILLO

Viernes 20 de mayo de 10-11:30am
Regístrese antes del 6 de mayo
(Los ingredientes serán proporcionados)

CELEBRACIÓN POR EL DIA DE LAS MADRES

en el Warner Park
Viernes 6 de mayo de 10 am-12 pm
Warner Park, 1625 Northport Dr.
Almuerzo y el transporte incluido
¡Inscríbese antes del 1ro de mayo!

FIESTA @ EL PARQUE

Viernes 27 de mayo 5:30-7:30 pm
Penn Park, 2101 Fisher St, Madison
Música by KinFolk, carritos de comida, baile. Transporte con reservacion llame al (608) 512-0000 Ext. 3009.

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This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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New Bridge, Madison, WI

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CLASSES & ACTIVITIES



Deenah Givens
Program Coordinator
(608) 512-0000 Ext. 3002
DeenahG
@newbridgemadison.org

Welcome to the NewBridge hybrid model of programming where we offer both in-person and virtual (Zoom) programs, presentations, gatherings and more.

Mask Policy: Masks for in-person group activities will be determined on a program-by-program basis.

PING PONG - In-Person

Mondays, 9:00 am-Noon

Wednesdays, 1:00-3:00 pm

Warner Park Comm. Rec. Center

Do you like to play ping pong? *If you are interested in joining a group who play weekly, contact Deenah.*



BUNCO - In-Person

Mondays, 2:00-4:00 pm

Warner Park Comm. Rec. Center

Join us as we play Bunco! All levels are welcome.

WESTSIDE WARBLERS -

In-Person

Monday, May 2, 11:00 am-Noon
Middleton Senior Center, 7550
Hubbard Ave.

Join Robert Auerbach (piano) and Patricia Stone our gifted musicians for a sing-along. We sing everything from old time music to Broadway hits and more! *Coming Soon... A 2nd Sing-Along at Dale Heights!*

STRETCH & STRENGTH - Zoom

Mondays & Wednesdays, 9-9:45 am
Join Becky Ott-Forde for gentle stretch and strengthening exercises from the comfort of your own home. Cost \$20/mo.

To sign up, contact Becky Otte Ford raonine@gmail.com or (608) 215-4119.

SPIRIT & STRENGTH - Zoom

SHARING WISDOM IN TROUBLED TIMES
THROUGH OUR STORIES

Tuesdays, 1:00-2:30 pm

Join Pam Philips Olson, Writer, Storyteller and Author as she leads us through a process to help tell our own stories. No prior experience necessary. Join anytime.

See NewBridge website for the Zoom link, www.newbridgemadison.org

TECHNICAL ASSISTANCE -

In-Person

Tuesday, May 10, 1:00-3:00 pm
Warner Park Comm. Rec. Center

By appointment only. To sign up, contact Deenah.

EASY YOGA PLUS - Zoom

Wednesdays and Fridays

10:00-11:00 am

Ellen Millar leads a series of exercises that can be done standing or from a chair.

To sign up, visit Ellen's website for the Zoom link www.thewonderofyoga.com

BOOK CLUB - Zoom

Wednesday, May 4, 10:00-11:00 am

Discussing Jewelweed by Rhodes. Our June selection is: The Vanishing Half by Bennett. You are responsible for getting and returning your book. The books are available at Lakeview Library. Tell them you are part of the NewBridge Book Club.

See NewBridge website for the Zoom link, www.newbridgemadison.org or contact Deenah.

CARD MAKING CLUB -In-Person

Wednesday, May 11, 1:00-3:00 pm

Warner Park Comm. Rec. Center

If you are crafty and enjoy making cards for others, please join us!

MINDFULNESS MOVEMENT FOR LGBTQ FOLKS, FRIENDS & ALLIES - In-Person

Wednesdays and Fridays

10:15-11:45 am

Warner Park Comm. Rec. Center

Learn to be mindful and reduce stress while having fun. Small donation requested, your choice.

A collaboration with Outreach, Inc. 50+ Alliance. Taught by Mimi Millen, M.Ed., MS, Energy Practitioner.



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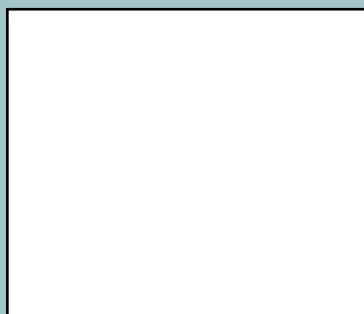
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CHAIR YOGA - *In-Person*

Thursdays, 10:30-11:30 am

Warner Park Comm. Rec. Center

Join Instructor Kim S as she leads you through a series of gentle stretch and yoga movements from standing or seated positions. For all ability levels.

MAHJONG - *In-Person*

Thursdays, 1:00-3:00 pm

Warner Park Comm. Rec. Center

SEWING CLUB - *In-Person*

Thursday, May 5 & 19, 9:00 am-Noon

Warner Park Comm. Rec. Center

Light mending for older adults in the community.

HOW TO GET YOUR ITEMS MENDED:

Bring your items (3 maximum) into the NewBridge North Office, 1625 Northport Drive, Suite 125, and leave them with our front desk volunteer and our volunteers will mend. No charge, donations welcome!

BINGO! - *In-Person*

Fridays, 10:15-11:15 am In-Person

Warner Park Comm. Rec. Center

Coming in June: Bilingual BINGO! Watch for more details soon! One lucky winner will receive a gift card each week.

SASSY STEPPERS

If you love to dance, enjoy performing, want to learn new dance moves and meet new friends, come join us! We're not performing yet but come and get to know the group and get SASSY!

For more information, contact Deenah.

NUTRITION SITE LIVE MUSIC

Sheri Pitman accompanied by Steve Roberts

- Messiah Lutheran Church, 5202 Cottage Grove Rd, 2nd Thursday/mo, 11:30 am
- Meadowridge Commons, 5734 Raymond Rd, 3rd Thursday/mo, Noon
- Warner Park Comm. Rec. Center, 1625 Northport Dr, 1st Friday/mo, 11:30 am

See page 22 and 23 for more information about our nutrition sites.

MALLARDS BASEBALL SENIOR DAY

Duck Pond, 2920 N Sherman Ave.

Thursday, June 16, Gates Open 11 am

First Pitch 12:05 pm

Special seating for our meal and the game.

Fun activities throughout the day.

Cost \$20/person for a hat, a meal, game ticket, 50/50 Raffle. *Co-sponsored by*

All of Us Research Program.

PARTY @ THE PARK

Friday, May 27, 5:30-7:30 pm

Penn Park, 2101 Fisher St, Madison

Music by KinFolk, food carts, and dancing.

Transportation is provided by calling

Deenah at (608) 512-0000 Ext. 3002.

In collaboration with All of Us Research Program.

Check out page 1 for more information.

SUMMER CONCERT SERIES

Warner Park, 2930 N. Sherman Ave.

Mondays in June & July, 6-7:30 pm

Free live music. No concert July 4.

Food carts available at each concert.

See page 24 for more information.

COLLABORATIVE CLASSES & ACTIVITIES

Brought to you by NewBridge, Monona Senior Center, Madison Senior Center & Goodman Community Center.

MEMORY ARTS CAFÉ - *In-Person*

Tuesday, May 17, 1:00-2:30 pm
Please join Poets Fabu and Gary Glazner, who have been working together since 2010, as they lead a monthly Memory Arts Café. They will perform well-loved classic poems and help create our own original poem on a theme the group chooses. They will use humor, movement and music.

To get more information, contact Deenah.

LET'S COOK TOGETHER:

A Virtual Cooking Class
Tuesdays, May 4, 11, 18, 25
4:00-5:00 pm

Try easy to make recipes from all over the world in the comfort of your own home. UW students will demonstrate as well as share nutrition & health information and facts. Recipes will be sent out each week, so you will have time to gather your ingredients. Receive a \$5.00 coupon to use at the Willy Street Coop - *any location*.

May 4: Farro Salad

May 11: Chinese Hot & Sour Soup

May 25: Chia Chia Pudding

To get more information, contact Deenah.

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FIND YOUR ADRC: <https://www.dhs.wisconsin.gov/adrc/consumer/index.htm>

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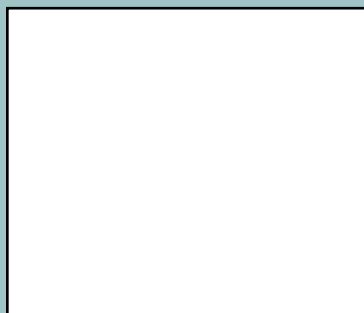
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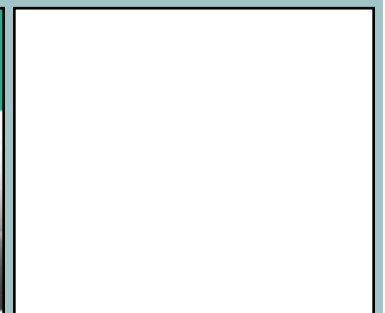
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MAY IS MENTAL HEALTH AWARENESS MONTH

NewBridge started a program in 2021, “Mental Health Resources” which supports older adults in the case management program connect with mental health resources to address their needs. This program serves all case management clients from the senior focal points throughout Dane County.

Senior focal point case managers have been challenged with serving older adults whose mental health behaviors threaten their health, living situation, food security, and safety, yet these older adults may not have a mental health diagnosis or receive treatment. Without appropriate resources,

focal point case managers are required to react to the client’s behavior rather than address proactive treatment.

This program assists and provides support to focal point case managers to effectively help older adults with chronic mental health issues.



Kathleen Pater,
Mental Health Resource LCSW

DONATE TO NEWBRIDGE TODAY!

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Please check all boxes that apply:

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\$15 Older Adult • \$25 Individual • \$30 Family • \$50 Silver • \$100 Golden

Send my monthly newsletter via mail email both none

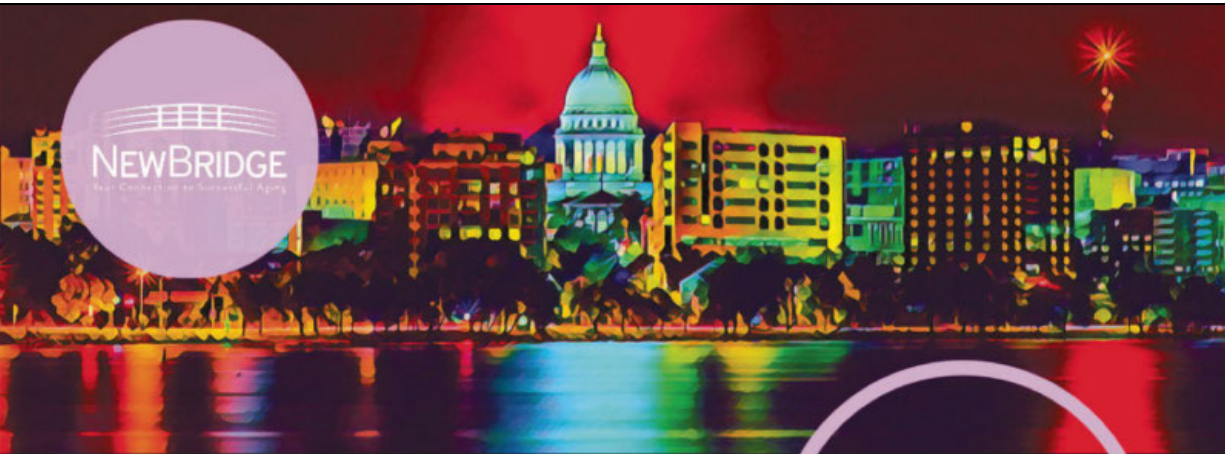
\$ _____ Additional or general donation for NewBridge programs and services

\$ _____ In honor/memory of: _____

I wish my donation remain anonymous



Mail form & payment to NewBridge, 1625 Northport Dr. #125, Madison 53704. You can also purchase a friendship or make a donation on our website at newbridgemadison.org. Friendships are renewed annually.
Donations may be tax deductible to the extent of the tax code.



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New Bridge, Madison, WI

G 4C 01-2049



NewBridge is partnered with Registered Nurse Gail Owens and Nail Technician Susan Hasey to provide foot care for older adults 60+. Cost is \$20 and we ask that you bring 2 towels.

Appointments are required and should be made in advance by calling (608) 512-0000. Appointments fill up quickly. We recommend you call a few months in advance. We do keep a waitlist.

Mask Policy: Masks for in-person group activities will be determined on a program-by-program basis.

EAST MADISON

Monona United Methodist Church
606 Nichols Road, Monona
Tuesday, May 10, 24 and 31, 9:30-11:45 am

NORTH MADISON

Lakeview Lutheran Church
4001 Mandrake Road
Tuesday, May 3, 1:00-2:30 pm

Goodman Community Center
149 Waubesa Street
Monday, May 9, 10:00 am-Noon

Warner Park Community Rec Center
1625 Northport Drive
Thursday, May 26, 8:30 am-Noon

WEST MADISON

Good Shepherd Lutheran Church
5701 Raymond Road
Tuesday, May 24, 9:00 am-12:00 pm



MEDICAL EQUIPMENT LOAN CLOSET

NewBridge provides equipment to check out such as walkers, raised toilet seats, commodes, crutches and more at the East Madison/Monona location
4142 Monona Dr.

Loan closet items are available to City of Madison and Monona residents. Monetary and equipment donations are welcomed.

Call NewBridge to ask if the item you need is available (608) 512-0000 Ext. 2000. The loan closet is open Monday-Thursday 9:00 am-3:00 pm and closed on Fridays.

We ask that you call ahead to make an appointment to pick up, return and to donate. Currently accepting shower chairs.

Save the Date

Wednesday, May 11th, 2022, 1:00 – 4:00 p.m.

Aging Advocacy Day

Wisconsin Aging Advocacy Network



You are Invited!

Join aging advocates virtually from across the state to celebrate our legislative successes and prepare to make issues impacting older adults and family caregivers a top priority for state legislators in 2022 and beyond.

Register at:

<https://gwaar.wufoo.com/forms/wisconsin-aging-advocacy-day-2022/>

More details coming soon!

<https://gwaar.org/aging-advocacy-day-2022>

Contact: Janet Zander, 1414 MacArthur Rd., Madison, WI 53714, janet.zander@gwaar.org, (715) 677-6723

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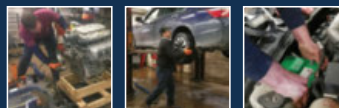
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DHS Approved 4/22/2021

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New Bridge, Madison, WI H 4C 01-2049

VOLUNTEER OPPORTUNITIES



Keisha Furniss
Volunteer Coordinator
(608) 512-0000 Ext. 3008
KeishaF
@newbridgemadison.org

HOME CHORE VOLUNTEERS

DESCRIPTION– Volunteers are matched with older adults to help them remain independent. This opportunity is for individuals, families, couples and groups. Duties may include: dusting, vacuuming, removing garbage, and friendly visitation.

TIME COMMITMENT– Flexible

IMMEDIATE NEED– 10 volunteers needed for Eastside/Monona, 10 for Northside, 10 for Southside, 10 for Westside

NUTRITION SITE VOLUNTEERS

DESCRIPTION– Help check people in, serve drinks, and socialize with older adults at our nutrition sites.

TIME COMMITMENT– Wednesdays and/or Fridays 11:00 am-1:00 pm. *Training will be provided by the Nutrition Site Manager.*

GUARDIAN & REPRESENTATIVE PAYEE

DESCRIPTION– Compassionate individuals to be guardians and payees. Must be 26 years old.

TIME COMMITMENT– 2 years, 3-6 hr/mo
Call Katie Brietzman for information at Ext. 1002

FOOD BRIDGE DELIVERY DRIVERS

DESCRIPTION– Deliver food pantry items from The River Food Pantry and/or St. Vincent de Paul and/or Middleton Outreach Ministry Food Pantry to an older adults front door. No person to person contact. From the comfort and safety of your own car. Flexible for your schedule.

TIME COMMITMENT– 2-4 times/month

IMMEDIATE NEED– 5 volunteers

BRIDGE BUDDY CALLERS

DESCRIPTION– Bridge Buddies is a program designed to conduct safety checks and combat loneliness in older adults in Madison and Monona through the use of regular phone calls.

TIME COMMITMENT– Weekly friendly chats between 15-60 minutes, while reassurance calls are a few minutes and occur weekdays.

IMMEDIATE NEED– 20+ volunteers

NEW: MY SENIOR CENTER ASSISTANT

DESCRIPTION– Help with implementation of a database called My Senior Center and data entry. Basic computer skills needed and the ability to travel and volunteer in-person at Warner Park, 1625 Northport Dr.

TIME COMMITMENT– 2-4 hours per week
For more details contact Deenah Givens, (608) 512-0000 Ext. 3002 or deenahg@newbridgemadison.org

VOLUNTEER SPOTLIGHT



Bao Xiong

I hail from California but have lived in Wisconsin most of my life and consider myself a Wisconsinite. Yes, I do love the winters!

I attended school right here in Madison-- at West High and then the UW. I currently work in fashion and spend my free time practicing yoga, volunteering, and renovating our house with my husband. At the time (and currently), the state of the world (politically, socially, and economically) felt unstable and so it

inspired me to really see what my community is experiencing and how I can help. To get a start with volunteering, I searched online for opportunities that would be low-commitment since I work full-time. And NewBridge popped up with several varying areas of need and I chose delivering grocery to an older adult. I enjoy connecting with others in the community whether it's with other volunteers, the organization, or the person(s) I directly impact. It's more difficult to accomplish these past few years with COVID but the feeling of being able to help others have positively contributed to my mental health.

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2021 YEAR END FINANCIAL REPORT

Summary:

The COVID-19 pandemic made 2021 another year of challenges. Once again, we had to postpone our primary Fundraiser Black Tie Bingo. Thanks to the overwhelming support of our traditional funders and individual supporters we finished strong.

NewBridge is so grateful to everyone who supported our agency in 2021. We were able to help to so many older adults struggling through year tow of the pandemic. In 2021, NewBridge attained 102% of our budgeted goal for revenue. Our expenses were slightly over the anticipated budget. The end result is NewBridge had a net income of \$23,176 in 2021 that will go into our reserves. NewBridge remains on solid financial ground with \$997,159 in total assets and \$281,361 in liabilities.

Thank you for your continued support!

Revenue	2021 Actual	2021 Budget
Dane County Human Services	\$1,260,248	\$1,221,383
City of Madison	\$584,157	\$584,158
City of Monona	\$57,109	\$57,109
United Way of Dane County	\$33,793	\$34,000
Grants and Sponsorships	\$169,219	\$150,000
Fundraising Events	\$16,472	\$45,000
Friends of NewBridge	\$15,566	\$14,000
Individual Donations	\$36,002	\$31,500
Endowment/Interest	\$5,314	\$5,000
Program Income/ Other Revenues	\$43,505	\$24,500
Total Income	\$2,221,385	\$2,166,650
Expenses	2021 Actual	2021 Budget
Personnel Salaries and Benefits	\$1,621,088	\$1,623,499
General Operations	\$185,400	\$203,202
Nutrition Site/COVID Meals	\$120,921	\$74,302
Other Program Expenses	\$154,787	\$148,380
Building/Rent Expenses	\$116,013	\$117,267
Total Expenses	\$2,198,209	\$2,166,650
Net Income	\$23,176	

WALK-IN HOURS

A Case Manager will be available at the following times and locations:
Come with your questions.

SOUTH MADISON

Madison Senior Center
330 W. Mifflin St.
Monday, May 9
11:00 am-Noon

EAST MADISON

Monona Senior Center
1011 Nichols Rd.
Friday, May 6
11:30 am-12:30 pm

WEST MADISON

Meadowridge Commons
5734 Raymond Rd.
Thursday, May 12
11:30 am-Noon

Additional locations and dates will be added in the future.

Farmers' Market Vouchers

Starting in June, the Area Agency on Aging (AAA) of Dane County will distribute farmers' market vouchers to senior adults for use at farmers' markets and roadside farm stands in Wisconsin during the 2022 growing season (June 1–October 31).

The vouchers are distributed by mail on a first come/first serve basis to those age 60+, who live in Dane County, and have gross incomes under **\$25,142 per year (or \$2,095/month) for a one person household and \$33,874 per year (or \$2,823/month) for a two person household.** To apply to the program, or need to update your mailing address, contact AAA Dietitian Shannon Gabriel at 261-5678. Applications will be mailed during the week of May 15th.

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New Bridge, Madison, WI

J 4C 01-2049

CONGREGATE MEAL SITES

Mask Policy: Masks for congregate meal sites will be determined on a site-by-site basis.



Nutritious weekday meals and socialization for older adults at multiple Madison and Monona locations. The meal is well balanced and appealing for those who don't enjoy cooking or eating alone.

RESERVATIONS

Meal and transportation reservations and cancellations should be made on-site or by calling the number associated with the site by Noon, two business days in advance.

**starred sites do not require a meal reservation.*

Transportation is available to the sites nearest to your home through Transit Solution (608) 294-8747 which is door-to-door service. Suggested donation is \$1.00/round trip.

Transportation reservation is always required.

DONATION

If you are age 60 and older, the suggested minimum donation is \$4.00. If you're under age 60 and do not meet the program eligibility guidelines, you are required to pay the total cost **\$9.07**.

SOUTH & WEST MADISON

Hy-Vee West, 675 S. Whitney Way

Wednesday, 10:00 am-1:00 pm

**No meal reservation required*

For transportation call (608)512-0000 Ext. 4006

Lechayim at Beth Israel Center

1406 Mounds St., Monday, 11:30 am

For reservations call (608) 442-4083 by 2:00 pm the preceding Wednesday. A meatless or strictly kosher option is available. Catered by UW Hillel Adamah Catering.

- **Monday, May 2** : Indonesian Beef (Randang), (MO: Indonesian Tofu), Basmati Rice (Nasi Lemak), Cucumber & Carrot Salad (Acar), Dessert & Fruit
- **Monday, May 9** : Chicken Marsala, (MO: Tofu Marsala), Rice Pilaf, charred spring vegetables, Dessert & Fruit



NORTH & EAST MADISON/ MONONA

Hy-Vee East, 3801 E. Washington Ave.

Monday & Wednesday, 10:00 am-1:00 pm

**No meal reservation required*

For transportation call (608) 512-0000 Ext. 2001

Monona Senior Center, 1011 Nichols Rd.

Friday, Noon

Catered by Gaylords Catering

For reservations call (608) 512-0000 Ext. 2001

- **Friday, May 6** : Spaghetti with Meat Sauce, Romaine Salad
Garlic Bread, Pears, Sherbet, MO: Meatless Sauce
- **Friday, May 13** : Baked Fish, Baked Sweet Potato, Coleslaw
Bread, Pineapple Chunks, MO: Soy Patty
- **Friday, May 20**: Chicken Pasta Salad, Pickled Beets, Croissant
Tropical Fruit, MO: Egg Salad
- **Friday, May 27** : Swedish Meatballs, Wild & Brown Rice, 4 Bean Salad, Blueberry Muffin, Cantaloupe, MO: Red Beans & Rice

MAY MENU FOR THE BELOW SITES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 Fish Sandwich Yams, Peas, Pears Banana Bars MO – Black Bean Burger	03 Sloppy Joe on Bun Kidney Bean Salad Mixed Vegetable, Banana Chocolate Loaf Cake MO – Chickpea Joe	04 Honey Baked Chicken Broccoli, Yams Macaroni Salad, Pears Vanilla Ice Cream Cup MO – Veggie Honey Bake	05 Chicken Caesar Salad Grilled Chicken Copper Penny Salad Apple Sauce, Rice Pudding MO – Hummus Wrap	06 *BBQ Ribs Cheesy Potatoes Pickled Beets, Oranges Lime Sherbet Cup MO – Veggie Meatballs
09 Chicken a la King Brown Rice, Green Beans Vinegar Corn Salad Fruit Cocktail Dreamsicle Whip MO – Soy a la King	10 Enchilada Casserole Broccoli, Cauliflower Peaches, Blueberry Crisp MO – Bean Cheese Burrito	11 *Italian Sausage Coney Bun, Roasted Potatoes Stewed Tomatoes Mandarin Orange Cherry Italian Ice MO – Garden Burger	12 Chick Brocc. Rice Cass Carrot Coins, Chickpea Salad Tropical Fruit Lemon Loaf Cake MO – Veggie Brocc. Rice Casserole	13 Teriyaki Chicken Brown Rice, Veg Blend Edamame Salad Mandarin Oranges Chocolate Pudding Cup MO – Veggie Teriyaki
16 Lemon Dill Baked Fish Baked Potato, Coleslaw Marble Loaf Cake MO –Veggie Meatballs	17 Chicken Sandwich Calico Beans, Green Beans Chunky Apple Sauce Candy Cookie MO – Multigrain Burger	18 Egg Salad On Bread, Pickled Beets Cucumber Slices, Banana Orange Sherbet	19 Meat Sauce Spaghetti Noodles, Carrots Mixed Green Salad, Peaches Brownie MO – Marinara with Soy	20 *Pork Loin in Gravy Mashed Potatoes, Peas Mandarin Oranges Apple Crisp MO – Garden Wrap
23 Cheeseburger Calico Beans, Potato Salad Fruit Cocktail Lemon Italian Ice MO – BBQ Garden Burger	24 Bone-in BBQ Chicken Baked Sweet Potato, Banana Ambrosia MO – Veggie BBQ Chicken	25 *Meatballs in Marinara Over Penne, Broccoli Salad Banana Cheesecake Brownie MO – Veggie Meatballs	26 Tuna Salad on Lettuce Sicilian Pasta Salad Creamy Corn Salad Fruit Cup, Cinn. Swirl Cake MO – Egg Salad	27 Chicken and Gravy Over White Bread Carrot Coins, Green Beans Pineapple, Strawberry Jello MO – Veggie in Gravy
30 CLOSED	31 Sausage Veg Egg Bake Fruit Cup Oven Roasted Potatoes Orange Juice Cinnamon Raisin Bread MO – Veggie Egg Bake	<p>Meals provided by Dane County Consolidated Food Services Division <i>All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO: Meatless Option / *: Pork</i></p>		

WEST MADISON

**Meadowridge Commons,
5734 Raymond Rd.**

Tuesday, Thursday, Noon

For reservations call (608) 512-0000 Ext. 4006

** Live Music on the 3rd Thursday/mo at Noon*

Good Shepherd Church, 5701 Raymond Rd.

Friday, Noon

For reservations call (608) 512-0000 Ext. 4006

SOUTH MADISON

Romnes Apartments, 540 W. Olin Ave.

Monday-Friday, 11:30 am

For reservations call (608) 512-0000 Ext. 4006

Madison Senior Center, 330 W. Mifflin St.

Monday-Friday, 11:30 am

For reservations call (608) 512-0000 Ext. 4006

EAST MADISON/MONONA

Messiah Lutheran Church,

5202 Cottage Grove Rd.

Tuesday and Thursday, Noon

For reservations call (608) 512-0000 Ext. 2001

** Live Music on the 2nd Thursday/mo at 11:30 am*

NORTH MADISON

Warner Park Community Recreation

Center, 1625 Northport Dr.

Mon., Tues., Thurs., Fri., 11:30 am

For reservations call (608) 512-0000 Ext. 4006

** Live Music on the 1st Friday/mo at 11:30 am*

Goodman Community Center,

149 Waubesa St.

Monday-Friday, 11:45 am

For reservations call (608) 241-1574 Ext. 8087



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- July 18: Eddie Butts Band
- July 25: Ladies Must Swing

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